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# Katrina S. Shepard

2711 Lois Ct.  
Waldorf, MD 20603  
(240) 441-8564  
[Katrina.shep@gmail.com](mailto:Katrina.shep@gmail.com)

## OBJECTIVE

Highly motivated new graduate Nurse seeking a position in a progressive healthcare facility where I can apply and expand my clinical knowledge while also providing evidence-based nursing care to patients.

## EDUCATION/CERTIFICATIONS

### **Bachelor's of Science in Nursing**

American Public University- Estimated graduation December 2020

### **Associate of Science in Nursing**

College of Southern Maryland- La Plata, MD  
May 2019; Estimated Licensure July 2019

### **Certified Nursing Assistant/Geriatric Nursing Assistant**

College of Southern Maryland  
March 2012

## CLINICAL EXPERIENCE

**Medical/Surgical Nursing:** MedStar Southern Maryland Hospital Center  
Fall 2017, Medstar St. Mary's Hospital- Spring 2018 and Calvert Health-  
Spring 2019

**Pediatric Nursing:** Children's National Medical Center- Spring 2019  
Managed individualized nursing care, assisting children with care tailored to developmental stage, completed assessments, administered medications, assisted with treatments, all while maintaining family-centered care

**Labor and Delivery Nursing:** MedStar Southern Maryland Hospital  
Spring 2019

Monitored for change in condition in pregnant and postpartum patients, performed assessment according to protocol, provided compassionate care for higher acuity infants requiring close monitoring

**Emergency Department/ICU Rotation:** Medstar St. Mary's Hospital  
Spring 2018

**Behavioral Health Nursing:** Calvert Health- Spring 2018

## WORK EXPERIENCE

### **Patient First, 9000 Woodyard Rd. Clinton, MD 20735**

Medical Assistant  
March 2012 - Present

- Provided corresponding care to patients ranging from infant to geriatric in a complex working environment.
- Monitored health and safety compliance and infection control within the complex.
- Prepared patients for x-rays, physical examinations and surgery.
- Managed patient crisis and prioritized critical activities in addition to lab management.
- Extremely proficient at performing patient intake, evaluating medical histories, checking vital signs, performing venipunctures, and various

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diagnostic procedures to include EKG's, chemistry analysis, hematology and urinalysis.

- Responsible for observing and reporting changes in patients' conditions and responding to other matters of concern.
- Verified new and existing patient charts and demonstrated knowledge of computer charting.

**Medstar Southern Maryland Hospital, 7503 Surratts Rd. Clinton, MD 20735**

Emergency Room Technician

December 2015 - March 2017

- Responsible for reporting and documenting on the condition of patient/client to the appropriate supervisor and other staff members.
- Coordinate and assist with care as directed.
- Cleans and stocks carts, rooms, and changes linen, as required.
- Assists with transport of patients to other departments.
- Assist with resuscitation / CPR and emergency airway procedures.
- Assist with obtaining and documentation of vital signs and placement of oxygen saturation, cardiac monitoring, and non-invasive blood pressure monitoring systems.
- Assist with other technical functions such as: obtaining 12-lead EKGs, discontinuation of peripheral IV, maintenance and care of specimens for laboratory analysis, and Point of Care Testing.
- Assist with wound care, insertion of Foley catheters, and nasogastric tubes.
- Decontaminates all equipment, instruments, and supplies.
- Assists with positioning patients, application of orthopedic splints and dressings.
- Measure and fit crutches and canes; instruct patients on proper crutch and cane walking.
- Maintains use of appropriate medical equipment and supplies.

**Dr. E. Ross Meyer, D.D.S 6130 Oxon Hill Rd. Oxon Hill, MD 20745**

Oral Surgeon Assistant

November 2009- June 2012

- Assist surgeon with general anesthesia and IV sedation procedures.
- Inform patients on pre-op and post-op instructions.
- Provide diagnostic information through x-rays and dental impressions.
- Maintain patient's vital signs and intravenous fluids during surgery.
- Document treatments by charting in patient records and prepare prescriptions.
- Sterilize instruments
- Maintain inventories of supplies.
- Verify insurances, file claims and billing.
- Make and confirm appointments.