

Amy Champion

Medford, OR

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650.278.6999

- Focused and seasoned Registered Nurse with multidisciplinary experience
- Proven ability to adapt to diverse, challenging environments while maintaining quality patient care
- Mentors and equips others by sharing knowledge and technical expertise
- Successful in caring for patients and working with staff of vast cultural diversities

Core Qualifications

- Experience in ICU, ED, Medical, Surgical, Operating Theatre (eye specific), Orthopedic, Maternity, and Pre-Hospital environments
- Proven ability to liaise between Physicians, Patients, and members of the Multi-disciplinary team
- Mentoring, teaching, and equipping junior level nurses and staff
- Ability to adapt to new environments with minimal orientation
- Demonstrate compassion and attention to detail

Willing to relocate to: Lakeview, OR - Durango, CO - Cortez, CO

Authorized to work in the US for any employer

Work Experience

Staff Nurse

Intensive Care Unit - Medford, OR

July 2019 to Present

- Admit, assess, evaluate, care for, and discharge patients as prescribed by attending physicians
- Care for patients with critical issues including, but not limited to: cardiac, endocrine, gastric, neurologic, pulmonary, psychiatric, and traumatic illnesses and injuries
- Computer charting utilizing Epic
- Partner with a multidisciplinary team for the holistic care of patients in the Intensive Care setting
- Provide coverage as a relief charge nurse - responsibilities included the smooth flow of patients in and out of the unit, collaborating with the interdisciplinary team, and providing assistance and supervision to other unit staff

Ophthalmic Theater Nurse

Rotorua Eye Clinic - Rotorua, Bay of Plenty

April 2017 to May 2019

Rotorua, NZ

- Roles include lead nurse, scrub, circulation, peri-operative, and sterilisation services
- Surgeries including cataract, pterygium, oculoplastic, corneal crosslinking
- Certification in Sterilisation Services Technology
- Assisting and implementing continuous improvement strategies

Maternity Leave April 2015-April 2017

New Zealand offers a one year maternity leave. I intended to return to work when my daughter turned one in April 2016, however, my husband was offered a new job in Rotorua before I was to return to my previous role. I chose to settle in our new location before seeking new employment.

Research Coordinator, Endoscopy and Medical Day Stay Staff Nurse

Hutt Valley District Health Board - Lower Hutt, Wellington

March 2014 to April 2015

NZ

Research role:

- Develop and implement procedures for research studies alongside research physician
- Liaise with team leaders from various drug companies regarding specific studies
- Submission of ethics proposals and respond to ethics committee
- Coordinate patient care and recruitment in various studies

Medical Day Stay role:

- Prepare and administer IV and IM medications for a wide range of conditions, including cancer, immunological, blood, and other disorders
- Unit leader; helping to develop and implement policies and procedures, improve quality of care and patient flow within the department
- Liaise with patients, their physicians, junior physicians, and pharmacists for optimizing treatment, including medications still in trial phase

Inflammatory bowel role:

- Provide vacation cover for dedicated inflammatory bowel disease nurse
- Discuss with and respond to IBD patient questions, track blood work and other test results, and liaise between patient and physician as necessary
- Review patient status, case studies and treatment planning with Gastroenterologists

Critical Care Outreach Nurse

Hutt Valley District Health Board - Lower Hutt, Wellington

August 2012 to March 2014

NZ

- Assess patients recently discharged from the ICU/HDU to other areas of the hospital to ensure proper plans of care in place, and that patient is recovering as expected
- Provide and implement first-line assessment of a deteriorating patient (any patient with a EWS >3) when notified by nursing staff or junior medical staff
- Contact duty physicians for patients with acute needs requiring reassessment
- Assist nursing staff and medical staff in the plan of care for acutely ill patients
- Perform procedures such as insertion of IVCs and IDCs, phlebotomy, and ECGs
- Assist physicians with more complex patient needs such as chest tubes, intubations, cardioversions
- Provide education to nursing staff on complex patients
- Maintain awareness of culturally sensitive issues and utilize standards from the Treaty of Waitangi
- Provide smoking cessation advice

Staff Nurse

Intensive Care Unit - Lower Hutt, Wellington

June 2011 to March 2014

NZ

- Admit, assess, evaluate, care for, and discharge patients as prescribed by attending physicians, including pediatric patients
- Care for patients with critical issues including, but not limited to: cardiac, endocrine, gastric, neurologic, pulmonary, burns, psychiatric, and traumatic illnesses and injuries
- Monitor and adjust all settings on ventilators/CPAP/BIPAP for patients requiring respiratory support
- Partner with a multidisciplinary team for the holistic care of patients in the Intensive Care setting
- Mentor/Preceptor for students and new nurses
- Maintain awareness of culturally sensitive issues and utilize standards from the Treaty of Tangier
- Provide smoking cessation advice

Staff Nurse

Intensive Care Unit - Roseburg, OR
November 2005 to May 2011

- Admit, assess, evaluate, care for, and discharge patients as prescribed by attending physicians
- Care for patients with critical issues including, but not limited to: cardiac, endocrine, gastric, neurologic, pulmonary, psychiatric, and traumatic illnesses and injuries
- Care for patients with devices such as central line catheters, arterial lines, dialysis, IABP, Swan-ganz catheters, ICP monitoring, ECMO
- Demonstrate compassion and attention to detail
- Partner with a multidisciplinary team for the holistic care of patients in the Intensive Care setting
- Provide coverage as a relief charge nurse - responsibilities included the smooth flow of patients in and out of the unit, collaborating with the interdisciplinary team, and providing assistance and supervision to other unit staff
- Mentor/Preceptor for students and new nurses
- Advanced Cardiac Life Support Instructor

Staff Nurse, Flex Team

Mercy Medical Center - Roseburg, OR
October 2002 to November 2005

- Admit, assess, evaluate, care for, and discharge patients as prescribed by attending physicians
- Provide nursing coverage in Intensive Care, Emergency, Medical, Surgical, Obstetric, Pediatric, and Post-Operative department

P/Firefighter

EMT - Roseburg, OR
March 1999 to October 2002

- Assess and treat patients in the pre-hospital setting at the Advanced Life Support level while working under a set of physician approved protocols
- Experience dealing with patients in acute medical crises and those with traumatic injuries
- Intubation and primary airway management for patients in acute respiratory distress
- Vehicle extrications, water and steep angle rescues, wildland and structural firefighting

Emergency Room Technician

Mercy Medical Center - Roseburg, OR
September 1998 to February 1999

Implemented patient care at the direction of the Emergency Department physicians and nurses

This experience helped me in my current practice to continually treat each person in the interdisciplinary team, from housekeeping to physicians, as a valuable and integral member of the team.

Education

ASN in Nursing

State Board

2002

Nursing Licenses

RN

Expires: September 2021

State: OR

Skills

- Critical Care Experience
- EMR Systems
- Hospital Experience
- Nursing
- Epic
- ICU Experience
- Ophthalmology Experience
- EMT Experience
- Supervising Experience
- Medication Administration
- Experience Administering Injections
- Behavioral Health