

Maria Martino

North Caldwell, NJ 07006

MariaFrances13@gmail.com

(973) 477-7132

Energetic and enthusiastic Registered Nurse with nearly five years' experience in acute care telemetry, medical-surgical nursing, ambulatory urgent care, same-day surgery centers, and rehabilitation centers who is looking for a position to challenge and enhance my knowledge and skills

Work Experience

Registered Nurse, Intensive Care Unit

St. Mary's General Hospital - Passaic, NJ

June 2020 to Present

Safely manage up to 3 critically ill patients in accordance with all applicable state and federal laws, and the ANA Code of Ethics perform care of patients on mechanical ventilation titrate critical, life sustaining medications and sedation perform wound care on difficult to heal pressure ulcers monitor and interpret EKG strips update the intensivist on the condition of the patients participate in interdisciplinary rounds insert IVs and perform phlebotomy assist with the insertion of central lines insert nasogastric tubes and urinary catheters provide care to patients with PEG tubes, coordinate spontaneous breathing trials for ventilated patients change central line dressings provide updates to family members in accordance with HIPPA maintain patient dignity at all times monitor chest tube output provide care to post-op open heart surgery patients manage wound vacs include evidence-based practices in patient care review results of diagnostic testing and inform the intensivist as necessary administer medications in a timely fashion monitor lab values provide education to patients on relevant topics assist coworkers with patient care and act as part of the healthcare team

Registered Nurse, Various Locations

Favorite Healthcare Staffing - Cherry Hill, NJ

April 2017 to June 2020

Perform the duties of a registered nurse at various locations including surgery centers, hospitals, and day camps; monitor vital signs, start IVs, ensure completion of documentation, complete pre-admission phone interviews, administer medications as ordered, ensure patient compliance with pre-procedure instructions, assist physicians with procedures as needed, and other duties within the scope of the registered nurse

Registered Nurse, Medical-Surgical Unit

Englewood Hospital - Englewood, NJ

May 2019 to May 2020

Provide nursing care to up to 6 medical-surgical (including coronavirus patients) monitor patients' vital signs, laboratory, and radiology results while reporting clinically relevant deviations to the health care provider enter complete and comprehensive documentation into the Epic EMR review patient orders and request amendments as needed from the physician administer medications in a timely fashion establish intravenous access for patients receiving IV medications administer TPN and PEG feedings (bolus and continuous) to maintain adequate patient nutrition insert Foley catheters and perform

straight catheterizations as needed perform wound care on complex wounds and troubleshoot/change dressings for wound vacs provide assistance to patients for completion of ADLs recognize emergency patient situations and activate appropriate resources when needed delegate tasks to assistant personal as appropriate educate patients on their medical conditions, medications, prevention of illness and other relevant topics as part of the patient care team, assist other staff members in creating a safe environment with competent and compassionate patient care

Urgent Care Registered Nurse

MedExpress - Cedar Knolls, NJ

January 2019 to September 2019

Triage, assess and assist in the treatment of up to 50 walk-in patients daily ranging in age from infants to geriatrics; perform various patient care duties as ordered including wound washing and dressings, ear lavages, crutch fitting and splinting; perform rapid strep, pregnancy, and flu testing; in-house urinalysis processing; blood glucose checks; vision testing; collection of send-out laboratory samples including blood draws, urine, wound drainage, and throat swabs; perform EKGs; administer medications via IM injection, nebulizer, and oral routes; measure peak flow for respiratory symptoms; perform emergent assessment of patients presenting as medically unstable and participate in transfer to higher levels of care as necessary; administration and reading of PPD tests; other duties as assigned by supervisors

Registered Nurse, Medical-Surgical/Remote Telemetry Unit

JFK Medical Center - Edison, NJ

September 2017 to January 2019

Provide nursing care to between six to eight hospital inpatients develop and execute the plans of care for medical-surgical patients, including colorectal, gastrointestinal, bariatric, and general surgical patients as well as patients hospitalized with numerous medical conditions maintain open communication with the healthcare team to ensure optimum patient outcomes perform thorough daily physical assessments monitor patients' vital signs, laboratory, and radiology results review patient orders and request amendments as needed from the physician insert urinary catheters and nasogastric tubes as ordered insert and maintain nasogastric tubes perform wound care obtain intravenous access as needed administer medications including intravenous infusions ensure the safety of patients in all aspects of care initiate blood transfusions assist patients with activities of daily living as needed provide teaching to patients and families regarding their plans of care and medications maintain timely and accurate documentation attend monthly staff meetings

Registered Nurse, Sub-Acute Rehabilitation

Alaris - West Orange, NJ

July 2017 to December 2017

Manage the care of between 15-20 patients; administer and re-order medications; check blood glucose levels and vital signs; perform daily nursing assessments; complete admissions; monitor patients for changes in conditions; initiate and maintain PEG-tube feedings; perform wound care and dressing changes; insert urinary catheters when necessary; maintain patient tubes and drains; follow-up on any outstanding laboratory or radiology results; communicate any issues and/or diagnostic results to the physician in a prompt manner; transfer any unstable patients to the area hospitals; assist patients with activities of daily living

Registered Nurse, Telemetry Unit

Easton Hospital - Easton, PA

December 2015 to December 2016

Provide nursing care to hospital inpatients basic with a daily patient assignment of five telemetry patients; regularly review telemetry monitoring for assigned patients; perform regular nursing assessments to monitor for changes in patient conditions; assist patients with ADLs as needed; review and monitor laboratory values and promptly report abnormal values to the physician; perform routine nursing care such as wound care, IV insertion, urinary catheter insertion, and management of tube feedings; administer medications to patients in a safe and timely manner; provide education to patients on their medications, management of illness and disease, follow-up care, and any other relevant topics; admit patients to the floor and discharge them as per physician orders; as a team, assist other staff members in creating a safe environment with competent and compassionate patient care

Education

Bachelor's in Nursing

Rutgers University - Newark, NJ
September 2015 to Present

Associate in Nursing

Trinitas School of Nursing - Elizabeth, NJ
January 2013 to May 2015

Nursing Licenses

RN

Expires: May 2021

Skills

- Highly proficient in Epic, Sorian EMR, Cerner EMR, Sunrise Clinical Manager, Allscripts Patient Flow, Optimum Registration Software, and Microsoft Office Suite