

Aima Cespedes

Register Nurse - critical care nurse/surgery

Miami Gardens, FL 33056

aima.cespedes@yahoo.com

786-554-9509

Patient-focused, competent and results-oriented Registered Nurse with over three years' experience Critical Care. Superior knowledge of invasive treatments, techniques and diagnostic procedures. Proficient at providing emergency triage individualized care. Experienced at delegating tasks based on patients' need and staff skills. Committed to delivering the highest quality of care individually and as a member of multidisciplinary care teams.

Core Competencies & Skills

- Excellent assessment skills, ability to detect very subtle changes in a patient's condition
- Outstanding Knowledge of hospital operations and protocol
- Excellent Multi-tasking abilities
- Communication skills and patient and family education skills

- Strong organizational skills, ability to prioritize
- Trustworthy, reliable and excellent work ethics
- Leadership aptitudes, excellent with interpersonal relationships and teamwork
- Strong knowledge of anatomy and physiology, medications and their actions, interactions, side effects, and calculations

- Maturity and ability to handle end-of-life issues such as when to cease life-prolonging interventions or organ donation decisions
- Trilingual (English-French-Spanish)

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Register Nurse

Kendall Regional Medical Center - Miami, FL

January 2018 to Present

Evaluate patient care needs, prioritize treatment, and maintain patient flow. Assess patients' needs, order, obtain and interpret appropriate lab tests. Review documentation for compliance with requirements and accuracy of information. Communicate goals, plans and progress to parents or guardians. Assist doctors with surgeries and non-invasive procedures. Manage care of post-operative patients through discharge.

Register Nurse

Jackson Health System - North Miami Beach, FL

February 2017 to Present

Perform patient treatment according to urgency of condition while multitasking and delegating treatment needs to qualified staff to ensure effective and safe care to promote better outcomes. Guide and educate patients and caregivers on diagnoses, disease management, preventative measures, medication use and self-care to foster consistency in care administration. Review and revise patient care plans. Train and coach new employees on protocols and best practices to promote ideal patient outcomes. Assess and manage various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress. Continually improve knowledge, skills and performance based on feedback and self-identified professional developmental needs. Perform lab tests and communicate results.

Register Nurse

Home Health - Miami, FL

November 2016 to February 2017

Provided patient education, treatment, and emotional support to help these individuals recover from injuries and illnesses. Impart excellent rapport, understanding, and communication with the patients and their family

Responsible for coordinating with doctors and other healthcare professionals with regards to r home patient's needs. Coordinate patient medications between the pharmacists and doctor to ensure that patients properly manage precise dosages. Assess the patient's needs and keep proper documentation of patient care.

Employment Gap 02/2007 - 11/2016

Registered Nurse

Arts of Nursing

May 2013 to July 2016

Immigrated from Europe to the United States. Obtained my Associates in Arts of Nursing (03/2007 - 03/2013) Emigrated from my birth country Cuba to Europe, worked in retail.

Laboratory Research Coordinator/Supervisor

Hospital General Clinico Quirurgico, Santiago de Cuba

January 2004 to January 2007

Cuba

Administratively and clinically managed an average of six to eight clinical trials. Adhered to Research SOP's. Adhered to Good Clinical Practices and the study protocols. Ensured scientific integrity of data and protect the rights, safety, and well-being of patients enrolled in clinical trials. Discussed study protocols with patients and verify the informed consent documentation. Meet with patient for each visit and maintain accessibility to discuss any questions/concerns regarding the study. Dispensed study medication in a professional and accountable manner following protocol requirements. Collected, processed, and shipped blood/urine specimens. Completed and maintained case report forms. Ensured that non-serious and serious adverse events are properly documented and reported. Screened all laboratory results when received and follow protocol procedure regarding abnormal results. Ensured all laboratory results are given to appropriate doctors for review of clinical significance, then file results in the patient study binder.

Clinical Laboratory Technician

Hospital General Clinico Quirurgico, Santiago de Cuba
January 2002 to January 2004

Cuba

Organized work by matching orders with specimen labeling; sorting specimens; checking labeling; logging specimens; arranging reports for delivery; keeping work surfaces clean and orderly. Maintained quality results by running standards and controls, verifying equipment function through routine equipment maintenance and advanced trouble shooting; calibrated equipment utilizing approved testing procedures; monitoring quality control measures and protocols. Identified and communicated abnormal patient conditions to supervisory personnel. Other duties as assigned.

Education

Associates in Nursing

Miami Regional University - Miami, FL
August 2016

Bachelor's in Nursing

Miami Regional University - Miami, FL

Skills

- EXCEL (10+ years)
- WORD (10+ years)
- Critical Care (4 years)
- Home Health (4 years)
- Hospital (4 years)
- RN (4 years)
- registered nurse (4 years)
- Med Surg (4 years)
- ICU Experience
- Clinical Trials
- Physiology Knowledge
- Medication Administration
- Anatomy Knowledge
- French
- Triage
- Nursing
- Medical Terminology

Assessments

Nursing Skills: Clinical Judgment – Highly Proficient

February 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Highly Proficient](#)

Clinical Judgment — Highly Proficient

May 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

- Computer proficiency: MS Word, Excel, & Power Point