

Karla Peña

Garland, TX 75044
karlamdp@msn.com
214.437.6465

Registered Nurse with three years of experience with strong clinical background in emergency care setting, providing attentive care to patients with a variety of systemic health challenges.

Work Experience

ER Registered Nurse

Methodist Hospital
June 2019 to Present

- Provides nursing care within Level 1 Trauma Center.
- Provides Stroke, STEMI and Chest Pain assessment.
- Triage patients and determine priority of care case on physical and psychological needs.
- Performs intake procedures for patients arriving for emergency treatment. Assesses medical symptoms and provides preliminary diagnoses for on-site medical team.
- Provides emergency medical care to an average of 30 critically ill patients in a 12-hour shift
- Serves as a mentor and preceptor for new employees, float pool nurses and nurse residents
- Fulfills the role of trauma nurse with responsibility to care on average 4 acute care patients under a variety of services such as trauma, Covid-19 complications, surgery, orthopedics, medicine, vascular, pulmonary, and palliative per shift.
- Acts as patient advocate and implemented all phases of the nursing process while caring for patients in an efficient manner.
- Participated in discharge planning and consultations.
- Experience with monitoring and interpreting cardiac telemetry.

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3210 Collins Blvd. Garland, Texas 75044

HealthTrust Workforce Solution, North Texas region

ER Registered Nurse

Methodist Hospital
June 2019 to Present

- Collaborates with various ER professionals to ensure effective patient care.
- Applies expertise in prompt patient condition assessment on patient arrival at the ER during initial phases of acute illness or trauma.
- Monitors ER patients, including alerting physicians or charge nurses to changes in patient status, communicating with patients and their family members in a variety of traumatic situations.
- Performed medical procedures, such as EKG, venipuncture, cardiac monitoring, taking vital signs, urinalysis, UCG testing and administering medications.
- Successfully complete stroke activation within critical time-frame

Registered Nurse - OB/GYN Emergency Services

Parkland Memorial Hospital - Dallas, TX
July 2014 to August 2017

- Skilled provider in different areas including urgent women services
- Responded and stabilization to emergency situations
- Conscious of time management and financial responsibly
- Provide care to assigned patients in accordance with established protocols and multidisciplinary plan of care utilizing independent, dependent, and interdependent interventions to restore stability, prevent complications, and achieve and maintain optimal patient responses for all patients through patient centered/patient valued care.
- Provided a calming atmosphere to patient and family in crisis situations

Personal Assistant

Glazier Residence - Dallas, TX
May 2005 to May 2017

- Managed Household's schedules and calendars
- Arranged appointments for personal and professional needs
- Schedule home maintenance and supervised projects
- Home cleaning duties
- Supervision of other household staff

Education

Bachelor of Science in Nursing

Texas Tech University Health Sciences Center - Tech, Texas, US
August 2018

Associate Degree in Nursing

El Centro College - Dallas, TX
December 2016

Skills

- Critical Care Experience
- Hospital Experience
- Nursing
- Triage
- Venipuncture