

Jessica Brown

Deer Park, TX 77536
jlbrown07@yahoo.com
(832) 665-7372

Knowledgeable Family Nurse Practitioner seeking a position focused on the maintenance and restoration of patient health using evidence-based practice, health care team collaboration, and an ongoing desire for improved outcomes.

Authorized to work in the US for any employer

Work Experience

Registered Nurse, ICU

Memorial Hermann Greater Heights - Houston, TX
June 2020 to Present

- Provide total and direct care to for up to three critically ill patients.
- Ongoing experience with COVID patients, proning, and titration of poly sedatives, vasopressors, and paralytics. Safe transportation of critically ill individuals to CT/MRI/IR.
- Management of arterial, central, and peripheral IV access. Care and weaning of the ventilator patient, 12 lead EKGs and labs draws.
- Safe Administration of blood and blood products. Care of chest tubes and new tracheostomies.
- Care, maintenance, and discontinuation Cordis, pulmonary artery catheters, and femoral sheaths.
- Assist with bedside Quinton catheter placement, PEG tube insertion, intubation, and ACLS protocols during a rapid response or code blue situations.
- Use of therapeutic hypothermia and care of ostomies and enterocutaneous fistulas.

FNP-C Contract Provider at Long-Term Acute Care Hospital

Pineywood Physicians - Lufkin, TX
March 2020 to June 2020

- Rounded on LTACH patients, performed physical exams, and completed dictations daily.
- Adjusted the patient's plan of care based on diagnostic testing and patient's response to current therapy.
- Ordered and interpreted diagnostic testing.
- Adjusted patient medication regimen as needed.
- Provided patient specific education and completed discharge summaries.
- Collaborated with other specialties involved in the patient's care.

Registered Nurse, Cardiovascular Thoracic Surgeon Office

Lyle L. Brown, MD - Nacogdoches, TX
January 2018 to March 2020

- Addressed patient/family questions & concerns via telephone, follow-up phone calls to patients on day 1 following discharge and their initial postoperative visit.
- Confirmed receipt of ordered diagnostic testing, roomed patients, vital signs, wound assessment, ABIs.
- Documentation of in office procedures and assisted physicians as needed.

Assisted physician during hospital rounds (Fresh CABG, Fem-Pop, carotid endarterectomy, lobectomy, pneumonectomy, chest tube removal, AAA, wound assessment, dressing changes, review of vital signs/I &O/labs and hemodynamics

Registered Nurse, Intensive Care Unit

CHI St Lukes Health Memorial - Lufkin, TX

February 2016 to December 2017

- Identified subtle or rapid changes in patient condition, heart rhythm, hemodynamic stability, and ventilatory status with prompt intervention. Performed 12 lead EKGs, chest tube and drain management. Insertion/removal of Foley catheter with strict I/O monitoring. Assisted physician with central line insertion, intubation, and spinal tap at bedside. Management of PCA and epidural analgesia per protocol. Peripheral IV insertion, carried out ambulatory protocols, decubitus ulcer wound care, and care of new AICD/PPM. Femoral sheath and arterial line removal and maintenance. Pulmonary artery catheter and Cordis maintenance and removal. Management of TURP patients with continuous bladder irrigation. Care and maintenance of ileostomies, colostomies, rectal tubes, and enterocutaneous fistulas.
- Provided direct, complex, total care to 2 patients requiring life-sustaining intervention such as ventilator management including: weaning, suctioning, sedation vacations with neurological status evaluation, and use of medically indicated restraint use. Managed IV vasopressors, inotropes, and antiarrhythmic medication initiation, titration, and discontinuation. Maintained therapeutic hypothermia protocols, administered blood, platelets, FFP, and cryoprecipitate. Managed IV insulin drips, heparin drips, TPN, PPN, and NG/PEG tube feedings.
- Provided timely, level-headed emergency response to stabilize critically-ill or code blue patients including initiation of CPR, administration of ACLS medications, and ordering of pertinent labs, CXR to confirm ET tube placement, and MD notification. Temporary external pacing of patients.

Home Health Registered Nurse Case Manager

Bethany Home Health Services - Nacogdoches, TX

March 2011 to August 2012

- Provided homecare, education, and support to individuals recovering from acute and chronic conditions.
- Provided comprehensive care to over 6 patients daily. Case management from admission to discharge, including patient assessments, IV therapy, care planning, health education, and patient/family preparedness at discharge.

Cardiac Cath Lab Registered Nurse

East Texas Cardiovascular Labs - Nacogdoches, TX

September 2009 to March 2011

- Performed daily medication audits for the pharmacy and maintained optimal supply levels for procedures.
- Phlebotomy with lab processing prior to procedure.
- Monitored patient's hemodynamic status both intra and post-catheterization.
- Accurately documented all elements of nursing care and procedures.
- Managed care for all cardiac catheterization patients from admission to discharge, including patient prep, scrubbed all cases maintaining sterile technique, patient recovery, discharge or transfer, and home care education. Pulled all femoral sheaths.

- Conscious sedation and elective cardioversion under direct physician supervision.

Registered Nurse, Endoscopy

Nacogdoches Surgical Center, Nacogdoches, TX

- Administered IV conscious sedation under physician supervision.
- Monitored patient condition including vital signs, telemetry, and respiratory status during procedure.
- Assisted with biopsies and specimen processing for pathology.
- Managed all patients recovering from endoscopic procedures, including esophagogastroduodenoscopy and colonoscopy.
- Documentation of procedure and all elements of nursing care provided.

Registered Nurse, Postoperative

Nacogdoches Memorial Hospital - Nacogdoches, TX

June 2009 to March 2011

- Provided nursing care for up to 7 patients daily.
- Administered oral and IV medications as well as blood and blood products.
- Floated to Med-Surg, Postop, Pediatric, and Post-Partum units.

Education

Master of Science in Nursing

University of Texas At Tyler - Tyler, TX

August 2017 to December 2019

Bachelor of Science in Nursing

University of Texas At Tyler - Tyler, TX

August 2014 to December 2015

Associate of Applied Science in Nursing

Angelina College - Lufkin, TX

August 2007 to May 2009

Nursing Licenses

CNP

Expires: August 2022

State: TX

RN

Expires: August 2022

State: TX

Skills

- Cardiac Catheterization
- Critical Care Experience

- Hospital Experience
- Nursing
- EMR Systems
- ICU Experience
- Tube Feeding
- Medication Administration
- Vital Signs
- Medical Records
- Epic
- Phlebotomy
- Spinal tap

Awards

Sigma Theta Tau Honor Society Member

Phi Kappa Phi Honor Society Member

Alpha Chi Honor Society Member

Certifications and Licenses

Basic Life Support (BLS)

January 2020 to January 2022

Advanced Cardiovascular Life Support (ACLS)

January 2020 to January 2022

AANP

January 2020 to January 2025

DEA

February 2020 to July 2022

Groups

AANP Member

Present

Texas Nurse Practitioners

Present

East Texas Nurse Practitioners

Present

Nacogdoches/San Augustine County Medical Alliance

Present