

Patrick Resta

San Francisco, CA
patrickresta@aol.com
(215) 869 5324

#readytowork

Willing to relocate: Anywhere

Work Experience

ER Staff Nurse

Marin Health - Greenbrae, CA
January 2020 to Present

- Decisively and confidently made judgments on patient conditions based on vital signs, patient presentation, and initial assessment; triaged appropriately based on those judgments
- Applied expertise in data analysis by monitoring laboratory results, blood work, urinalysis, and performed sterile procedures including catheterization, IV starts and dressing changes.
- Leveraged compassion in facilitating pain management and completing prescribed treatments and reassessing effectiveness of therapy.
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained.
- Effectively assimilated, interpreted and reported changing patient data to ensure optimum care.
- Demonstrate exemplary documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff.
- Administered IV fluids and medications including antibiotics, packed RBC's, benzodiazepines, and narcotics, while carefully monitoring for side effects or any adverse reactions.
- Ensured follow through of interdisciplinary referrals

ICU Staff Nurse

Richard L Roudebush Veterans Affairs Medical Center - Indianapolis, IN
May 2019 to December 2019

- Evaluate and monitor the patient's progress
- Identify sudden or subtle changes in a patient's medical condition
- Deliver regular updates to doctors, allied health professionals, patients, and their family members
- Begin treatment and titrate medication doses safely and appropriately
- If necessary, respond to a medical emergency and alert the appropriate doctors
- Care for patient needs throughout their recovery in the ICU unit
- Complete all necessary paperwork before transferring a patient
- Maintain patient records
- Create and implement effective care plans

Critical Care Transport Nurse

American Medical Response - Tukwila, WA
April 2017 to April 2019

- Perform detailed assessments to determine if patient is stable for travel

- Anticipate and plan for events during extended travel with critical patients
- Responsible for managing ventilated patients independently
- Perform interventions using extensive standing orders and protocols
- Communicate with receiving facilities to update them on changes in a patient's condition
- Receive and give extensive report to bedside RNs and RTs at facilities
- Respond to emergency calls and stabilize patients for transport to emergency departments
- Monitor and interpret various forms of invasive monitoring

ER Staff Nurse

Stanford University Medical Center - Palo Alto, CA

February 2017 to March 2017

- Triage patients arriving by ambulance
- Treat patients appropriately according to hospital policies and procedures
- Manage ancillary staff involvement in patient care
- Identify gaps in care and suggest appropriate consults
- Initiate IV access and titrate medication infusions as appropriate

Intermediate ICU Staff Nurse / Code Nurse

Palo Alto Veterans Affairs Medical Center - Palo Alto, CA

June 2015 to November 2016

- Provide continuous hemodynamic monitoring through invasive and non-invasive means
- Promptly report any change in condition to the provider
- Serve as preceptor for new staff
- Assess patient's condition and administer medications
- Educate patient and family about conditions
- Respond as part of rapid response and code blue teams for the hospital building and grounds

ER Staff Nurse

Baltimore Veterans Affairs Medical Center - Baltimore, MD

November 2013 to June 2015

- Serve as unit educator for procedural sedations
- Conduct unit education to prepare for Joint Commission inspection
- Serve as a preceptor for nursing students
- Triage patients appropriately utilizing the five tier ESI
- Prioritize care for a patient assignment with disparate needs and levels of acuity
- Communicate effectively with physicians and nurses to improve patient outcomes

ER Staff Nurse / Trauma Nurse

University of Pittsburgh Medical Center - Pittsburgh, PA

August 2012 to October 2013

Pittsburgh, PA

Department of Emergency Medicine Aug. 2012 - Oct. 2013

Staff Nurse / Trauma Nurse

- Responsible for setting the standards for the level and quality of care provided
- Accountable and responsible for the direct provision of nursing care
- Manage and provide patient care activities for a group of patients and their families
- Collaborate with other healthcare providers and staff to improve patient outcomes

- Delegating and supervising care of patients by nursing assistants where appropriate
- Perform moderate sedation for procedures in accordance with hospital policy
- Manage the care of CVA patients in accordance with AHA Certified Stroke Center policy
- Provide care for a mixed acuity patient assignment to include ESI Level I & II patients
- Prioritize care for a patient assignment with disparate needs and levels of acuity
- Coordinate the safe inter-facility and intra-facility transfer of patients
- Triage patients according to the Emergency Severity Index
- Assist patients with identifying needs for outpatient care and involve social workers
- Participate in peer reviews of charting and care given to identify areas for improvement
- Serve as a preceptor for paramedic and nursing students

Combat Medic

US Army National Guard - Fayetteville, NC

February 1999 to February 2007

- Served as the only medically trained person on combat patrols and in mass casualty events
- Initiated IV therapy and any ordered IV medications
- Supervised other medical personnel
- Taught CPR and first aid to non-medical personnel
- Filled prescriptions as physician ordered
- Assessed patients and coordinated needed care with physicians
- Documented procedures, referrals, and care given to patients
- Responsible for inventory of battalion aid station and ordering supplies
- Performed medical assessments of remote villages and clinics in Iraq
- Treated local nationals and US troops with traumatic injuries and medical emergencies

Education

Bachelor of Science in Nursing

Drexel University

April 2012

Bachelor of Arts in Political Science

Temple University

June 2009

Nursing Licenses

RN

State: CA

RN

State: PA

RN

State: WA

Skills

- Critical Care Experience
- Nursing
- ICU Experience

Certifications and Licenses

CTRN, TCRN, CEN, CCRN

Assessments

Nursing Skills: Clinical Judgment — Expert

May 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.