

Tammy Exferd

De Pere, WI 54115

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920-737-6219

Dedicated [PCA] committed to providing optimal patient care and support while assisting medical staff with meeting critical needs. Skilled in collecting specimens, cleaning rooms and managing dietary needs. Excellent communication and organizational skills combined with dependable, forward-thinking approach. Worked with people with dementia in private settings and public. Love taking care of other people. I am a people person. I went to NWTC to get my CNA. All together i have been taking care of people for about 6 years. I am a team player.

Authorized to work in the US for any employer

Work Experience

PCA Personal Care Assistant

Woodside Senior Community

November 2018 to Present

Green Bay, Assisted patients with shaving, bathing and oral hygiene to promote WI healthy habits and overall wellness.

PCA Administered medications and did wound care.

11/2018 - Current Fed the people that needed to be fed.

Assisted with showers, oral care.

Assisted with helping residents get dressed.

Ambulated patients with appropriate assistive devices and in line with proper body mechanics.

Documented information in patient charts and communicated status updates to interdisciplinary care team.

Communicated changes in patient conditions and other unit concerns to multidisciplinary team.

Caregiver

Home instead senior care - Green Bay, WI

November 2017 to February 2019

Helped clients with personal needs from exercise to bathing and personal

11/2017 - 02/2019 grooming.

Engaged client in physical and mental activities to sustain quality of life.

Transported patients to and from medical, dental and personal care appointments.

Performed light housekeeping duties such as, making beds, sweeping floors and sanitizing surfaces.

Education

High school diploma

Skills

- CNA certification
- Feeding
- Monitoring fluids
- Charting in computer
- Helping with medication
- Management skills
- Know how to use mechanical lifts
- Dementia Care
- Caregiving
- Medication Administration
- Senior Care

Certifications and Licenses

CPR Certification

CNA

CPR Certification