

Zandra Harrold

Registered Nurse - SSM Rehabilitation Hospital

Florissant, MO 63033

zharrold07@gmail.com

+1 314 475 4976

Compassionate, loyal and courteous nurse with 8 years' experience in healthcare, skilled in providing exceptional care to diverse patient population with a passion for acute care. Seeking a job where I can deliver quality patient care while continuing to learn and grow as a healthcare provider

Work Experience

Registered Nurse-Rehab/MS

SSM Rehabilitation Hospital - St. Louis, MO

January 2018 to Present

Assist individuals with disabilities and chronic illness in the restoration, maintenance, and promotion of optimal health

- Work with CVA, TBI, Cancer, Spinal cord injury and patient s/p total knee and hip surgery
- Coordinated with medical staff to develop customized rehab plans for each patient
- Medication administration via IV, oral and per tube
- Assess patient and communication change in patient status to MD and implement doctor orders.

Registered Nurse-MS/Tele

Go Medical Staffing- Kindred Hospital - St. Louis, MO

March 2017 to January 2019

- Work with patient who in need of extensive acute care after leaving ICU in acute care hospital
- Provides planning and delivery of direct and indirect patient care through the nursing process of assessment, planning, intervention, and evaluation
- Develop nursing care plan in coordination with patient, family, and interdisciplinary staff as necessary.
- Communicates changes in patient's clinical condition with physicians and family

Registered Nurse Case Manager

Delmar Garden Home Care - Chesterfield, MO

June 2017 to January 2018

- Manage care of 20-30 patients in the comfort of their home
- Provide education on medications, wound care and safety to individuals in the comfort of their home to hospital readmits
- Communicate with PCP about change in patient condition for immediate interventions to prevent hospitalization
- Develop nursing care plan in coordinate with patient, family and interdisciplinary staff as necessary

Registered Nurse-MS/Tele

Trident Medical- Kindred Hospital - St. Louis, MO

May 2016 to March 2017

- Provides planning and delivery of direct and indirect

- Develop nursing care plan in coordination with patient, family, and interdisciplinary staff as necessary.
- Communicates changes in patient's clinical condition with physicians and family

License Practical Nurse

Phoenix Home Care - St. Louis, MO
2015 to 2016

- Follow physician orders safe and efficient in the comfort of the child home
- Utilize sterile technique to provide trach care
- Administer medication and feeding via GB
- Vent experience with IVP and cough assist

License Practical Nurse

West County Care Center - Ballwin, MO
October 2013 to September 2015

- Administer medication prescribed by the physician
- Assess patients on a day to day basis to evaluate the effectiveness of medication regimen
- Carry out physician orders safe and efficient an in timely manner
- Monitor post op cervical spine patents, document and report any significant findings
- Communicate with different member of the healthcare team relating to patient condition

Education

Associate Degree in Nursing

St. Louis Community College at Forest Park - St. Louis, MO
December 2015

Nursing Licenses

RN

Skills

- EXCEL
- INTERNET EXPLORER
- POWERPOINT
- MICROSOFT WORD
- WORD
- RN
- Home Health
- Med Surg
- Nursing
- Critical Care Experience

Certifications and Licenses

BLS Certification

ACLS Certification

Additional Information

OTHER SKILLS

- Internet Explorer, Microsoft Word, Excel and PowerPoint