

Tamara Hall

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515.689.8747

Education

Mercy School of Nursing, Des Moines, IA

Associate of Nursing – GPA 3.0

Experienced RN and BLS certified. I strong assessment skills. I have worked in a medication clinic providing education and assistance with medications. I have strong people skills. I'm flexible and eager to learn.

Skills

- Evidence Based Nursing
- Care Planning
- Urgent Care
- Patient Advocacy
- Medication Administration
- Infection Control
- Triage
- Patient Safety
- Psychiatry
- Psychosocial Assessments
- Patient Health Questionnaires
- Nursing Assessment
- Basic Cardiac Life Support
- Medical Surgical Nursing
- Emergency Departments
- Nursing Process
- Nursing Care
- Basic Life Support
- Nursing
- Case Management
- Cardiopulmonary Resuscitation (CPR)

Education

Mercy School of Nursing, Des Moines, IA

Associate of Nursing – GPA 3.0

Work History

Accessible Health Care

Des Moines, IA

November 2019 – present

- Worked various hours in long term care facilities
- Checking out and passing medication as ordered/prescribed
- Patient assessments and care plans
- Communicate with physicians and hospitals as needed
- Management of staff

TNN – Registered Nurse

West Des Moines, IA

March 2019 – November 2019

- Consult with institutions or associations regarding issues or concerns relevant to the practice and profession of nursing
- Prepare rooms, sterile instruments, equipment, or supplies and ensure that stock of supplies is maintained
- Assess the needs of individuals, families, communities, including evaluate of individuals' home or work environments, to identify potential health or safety problems.
- Instruct individuals, families, or other groups on topics such as health educations, disease prevention, or childbirth improvement programs
- Prepare patients for and assist with examinations or treatments
- Direct or supervise less-skilled nursing or health care personnel or supervise a particular unit
- Monitor all aspects of patient care, including diet and physical activity
- Consult and coordinate with health care team members to assess, plan, implement, or evaluate patient care plans
- Modify patient treatment plans as indicated by patients' responses and conditions
- Record patients' medical information and vital signs
- Monitor, record, and report symptoms or changes in patients' conditions
- Administer medications to patients and monitor patients for reactions or side effects

Des Moines Veterans - Registered Nurse

Des Moines, IA

March 2008 – January 2019

- Administer medications to patients and monitor patients for reactions or side effects • Consult and coordinate with health care team members to assess, plan, implement, or evaluate patient care plans

Reference upon request