Heather Rhodes

RN BSN

Yakima, WA 98908 hrrhodes@hotmail.com 408 515-4794

Fifteen years as an Registered Nurse in Primary Care, Women's Health Care, Neonatal Intensive Care, and Private Practice.

Skilled in medical histories, physical exams, microscopy, laboratory testing, and medical terminology. Expertise evaluating and managing wide scope of acute, chronic, and complex problems, and preventive and routine medical care.

Strong interpersonal/communication skills with patients and colleagues.

Skilled with elderly, adults, teens, pediatric populations, and neonatal intensive care.

Provide counseling for child protective services and other health issues related to

Abilities to develop health education materials; teach in-service lessons: and act as preceptor.

Experienced in committee leadership and participation. Experienced in managing staff, patient populations, and physicians.

Work Experience

Emergency Triage Nurse

Comprehensive Health Services - Yakima, WA February 2015 to May 2015

Responsibilities

I provided emergency telephone triage for mentally ill patients and provided a link between patient and providers. I collaborated with the other facilities on patient care, crisis intervention and medication management. I provided services on call and on a walk in basis.

Accomplishments

Developed a telephone triage book for on site use.

Skills Used

Critical thinking, typing, bilingual, problem solving, Microsoft excel, power point.

Emergency Department RN

Yakima Valley Memorial Hospital - Yakima, WA September 2014 to December 2014

Responsibilities

ER training duties, assessments, urgent and emergent care with all members of the community. IV, lab draws, head to toe assessment. Critical thinking skills.

Skills Used

Every skill set from the basic hand hygiene to the complicated of treating a code.

Had to leave my position in December 2014 due to Thyroid Storm making it dangerous for me to work prior to surgery.

Mother Infant RN III Staff Nurse

Good Samaritan Hospital - San Jose, CA January 2013 to July 2014

Good Samaritan Hospital / Medical Express

• Staff Nurse in the Mother and Baby Unit. Primary and team centered care.

Create care plans and pathways to wellness for every patient.

Charge nurse as well as floor unit nurse.

IV starts, blood draws, medication administration, would care, and assist with paperwork as it pertained to admissions and discharges.

Mother Infant, NICU, Pediatric Staff Nurse II/ Pediatric Clinic Manager

Natividad Hospital - Salinas, CA May 2011 to July 2012

Team and Primary Nursing for the Women's and Children's center. Provided one on one care to NICU patients, Mother baby couplets, Antepartum patients, and GYN surgical patients as necessary. This is a Staff/Floor Nurse position. I worked for the first year as the pediatric clinic manager/charge nurse of a team of 6 doctors, 12 medical assistants and 15 reception staff. My duties included scheduling, budgeting, health records, annual reviews, and implementing action plans.

Mother Infant RN Staff Nurse III

Good Samaritian Hospital - San Jose, CA October 2006 to December 2010

Responsibilities

Performed Staff Nursing duties in Pediatrics, NICU Transitional Unit, NICU level 2, Mother Baby, Labor and Delivery Transition, and Women's Surgical Unit. Translation services in English and Spanish for the entire hospital. Provided level 2 care in a newborn nursery level 2. Assisted with ventilation and prevention of blood clots. Served as staff nurse and charge nurse as needed. Charge nurse duties included staffing, census, problem solving, and assisting physicians.

Accomplishments

Effectively assisted in implementing the all hands policy. hand sanitizers placed outside and inside of every patient room.

Skills Used

Management, critical thinking, documentation.

Women's and Children's Float Pool Staff Nurse

New Hanover Regional Medical Center - Wilmington, NC October 2005 to October 2006

Performed Staff Nursing duties in Pediatrics, NICU Transitional Unit, NICU level 2, Mother Baby, Labor and Delivery Transition, and Women's Surgical Unit. Translation services in English and Spanish for the entire hospital. Provided level 2 care in a newborn nursery level 2. Assisted with ventilation and prevention of blood clots. Served as staff nurse and charge nurse as needed. Charge nurse duties included staffing, census, problem solving, and assisting physicians.

Per Diem RN

InteliStaf - Yakima, WA

August 2001 to September 2005

Traveled to Local Hospitals, Clinics, and Nursing Homes and provided Staff and Management Level Nursing Care on a Per Diem/ Staffing Basis.

• Provided Nursing Services to Pediatric departments, Medical/Surgical Departments, and Mother Baby Units.

Served as charge nurse on call as needed to different facilities with minimal training. Able to delegate and assist on medical surgical, clinical, and long term care facilities.

Public Health Nurse/Pediatric Manager/Triage Nurse

Yakima Valley Farm Workers Clinic - Yakima, WA January 2000 to January 2005

Provided in home Public Health Nursing to Migrant Families and Special needs Children. Main focus on Maternal Child Health.

- Worked as Charge Nurse of a Pediatrics Department.
- Worked in Emergency Triage.

Assisted in set up and take down of surgical procedures.

Managed budgets and scheduling for a group of 30+ staff members and 14 doctors.

Assisted in keeping the flow moving and keeping physicians on time for appointments by assisting the medical assistants with vital signs, weights, temp or resp check.

Triage Nurse

Comprehensive mental health - Yakima, WA February 2015

Responsibilities

Triage all calls and walk in patients. Assist clients in. Crisis. Assess urgent needs and staff with physician. Assist in medication refills.

Accomplishments

I created a triage book for the inpatient units I how to handle various medical situations.

Skills Used

Spanish speaking. Rn delegation and management. Precise assessment skills. Acute emergency nursing.

Education

Masters (still in progress) in Nursing Education and Administration

University of Phoenix

2008 to 2014

Bachelors in Science of Nursing

Washington State University - Pullman, WA January 1998 to December 1999

Intercollegiate Center for Nursing Education graduate

Skills

• Computer charting systems, Revenue Integrity, and HCCAPS.

Additional Information

Bilingual English/Spanish

- Competent in various levels of inpatient and outpatient care.
- ACLS/TNCC/PALS BLS, Certified.