

# LaRen Cox

Norfolk, VA

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(850) 776-8316

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

DePaul Medical Center

September 2019 to Present

- Emergency Department RN (Staff Nurse and Charge Nurse)
- Triage patients to properly determine needs and level of care required
- Work to quickly assess the needs of each patient, prioritize care based on its critical nature, and work to stabilize the patient, treat the problem discharge the patient after the emergency is over or make arrangements for a longer hospital stay.
- Coordinate daily patient assignments according to nurse's strengths/weaknesses and needs of the department of the day.

### **Registered Nurse (Contract)**

Memorial Regional Medical Center

June 2019 to September 2019

- PCU/ICU RN
- Pt care included but not limited to: IV therapy, critical drips, cardiac monitoring, maintaining ventilators/trachs/vent weaning, ADLs, PO feeding, G-tube feeding(continuous and bolus), wound care/dressing changes, medicating, etc
- Recovering pt's post cardiac surgery including implantation of pacemakers and open heart surgery

### **Registered Nurse (Contract)**

DePaul Medical Center

February 2019 to May 2019

- Cardiac/TELE/ICU RN
- Pt care included but not limited to: IV therapy, critical drips, cardiac monitoring, ADLs, PO feeding, G-tube feeding(continuous and bolus), wound care/dressing changes, medicating, etc

### **Registered Nurse (Contract)**

Williamson Medical Center

November 2018 to February 2019

- Cardiac/TELE/ICU RN
- Pt care included but not limited to: IV therapy, critical drips, cardiac monitoring, ADLs, PO feeding, G-tube feeding(continuous and bolus), wound care/dressing changes, medicating, etc

### **Registered Nurse (Contract)**

Select Specialty Hospital

July 2018 to October 2018

- LTAC(ICU) RN
- Pt care included but not limited to: IV therapy, critical drips, cardiac monitoring, maintaining ventilators/trachs/vent weaning, ADLs, PO feeding, G-tube feeding(continuous and bolus), wound care/dressing changes, medicating, etc

### **Registered Nurse**

Best and Dependable Home Health Care  
September 2017 to July 2018

- Case Manager/Field Nurse
- Plan, organize, and direct home care services to meet the pt/client's needs within their home setting. Write treatment plans and coordinate with healthcare team to ensure all needs and goals are being met. Supervise LPNs, CNAs, and personal care givers to ensure effective quality care is being given.

### **Registered Nurse**

Sentara Princess Anne  
July 2017 to September 2017

- PCU/ICU RN
- Pt care included but not limited to: IV therapy, critical drips, cardiac monitoring, ADLs, PO feeding, G-tube feeding(continuous and bolus), wound care/dressing changes, medicating, etc

### **Registered Nurse**

Orange Park Medical Center - Jacksonville, FL  
July 2016 to July 2017

- Trauma/Trauma Step-down
- Rotate through the trauma Bay in a Trauma Level 2 ED: Work to quickly assess the needs of each patient, prioritize care based on its critical nature, and work to stabilize the patient, treat the problem discharge the patient after the emergency is over or make arrangements for a longer hospital stay.
- Provided care for patients ranging from falls to traumatic brain injuries. Care included but not limited to: IV therapy, critical drips, cardiac monitoring, ADLs, PO feeding, G-tube feeding(continuous and bolus), traction application and maintenance, splinting, wound care/dressing changes, medicating, etc

### **Certified Nursing Assistant**

West Florida Hospital - Pensacola, FL  
March 2009 to July 2009

Medical Surgical unit

### **Certified Nursing Assistant & Health Unit Coordinator**

Sacred Heart Hospital - Pensacola, FL  
2007 to 2009

School Age/Adolescent unit

### **Certified Nursing Assistant**

Maxim Staffing - Pensacola, FL  
2006 to 2008

Detox Facility, Emergency Department, Home Health, Medical-Surgical, Psychiatric

## Education

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## **Associate of Nursing Degree in Nursing**

Keiser University - Jacksonville, FL

April 2016

## **BS in Criminal Justice**

Troy University - Troy, AL

December 2012

## Nursing Licenses

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### **RN**

## Skills

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- Critical Care Experience
- EMR Systems
- ICU Experience
- Medication Administration
- Laboratory Experience
- Case Management
- Nursing
- Tube Feeding
- Travel Nursing
- Triage
- ER nurse
- Vital Signs
- Epic
- Cerner
- Hospice Care

## Certifications and Licenses

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### **BLS Certification**