

Vanessa Elizalde

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To obtain a position as a RN where I can apply the most out of my nursing education and training, in addition to my bilingual and interpersonal skills to provide exceptional care to patients served by our hospitals.

Authorized to work in the US for any employer

Work Experience

NICU RN

HCA Houston Healthcare

October 2019 to Present

Southeast October 2019-Present

NICU Level II and III

- NICU Level II and III
- Responsible for assessing, planning, and implementing patient care using the nursing process and critical thinking skills.
- Collaboration with Neonatologist and/or Neonatal Nurse Practitioner in premature birth of infant, stabilization, intubation if necessary, medication administration, and transfer to higher level of care.
- Collaboration with NICU team, Respiratory Therapist, parents, and NNP for daily care of premature infant including Glucose monitoring, parenteral nutrition, breast and formula feeding, developmental care, skin care, IV insertion and management, intensive care setting and monitoring of vital signs.
- Collaboration with healthcare team including physicians, fellow nurses, patient care assistants, physical and occupation therapists, social workers, case managers, clergy, and family regarding patient barriers, needs, and care in preparation for discharge.
- Responsible for diligent continuation of care through proper documentation of the admission process, care plan, and discharge process.

Resource Pool-RN Medical Surgical at TWOT and Per Diem in the Houston Area

Healthtrust Workforce Solutions

June 2016 to Present

PRN shift assignments including Medical-Surgical, Telemetry, ICU, and Post-Surgical. Assignments also included caring for Postpartum patients experiencing Fetal Demise ranging from 14 weeks to full term.

- Responsible for assessing, planning, and implementing patient care using the nursing process and critical thinking skills.

- Relief Charge Nurse
- Addressed staffing needs and assignments using analysis of patient needs and acuity.
- Collaboration with healthcare team including physicians, fellow nurses, patient care assistants, physical and occupation therapists, social workers, case managers, clergy, and family regarding patient barriers, needs, and care in preparation for discharge.
- Fetal Demise assignments consisted of supporting and caring for the mother after delivery. Post-mortem care for infant including collaboration with Social Worker to properly document and transition baby to pathology.
- Responsible for diligent continuation of care through proper documentation of the admission process, care plan, and discharge process.

Registered Nurse III PRN

Memorial Hermann Southeast Hospital - Houston, TX
October 2014 to Present

- Medical/Surgical Unit (Bariatric/Cardiac/General Surgery)

- Obtained position thru Nurse Residency as a Graduate Nurse in 2014.
- Transitioned to Full-Time Charge Nurse and now I work there as a relief charge PRN
- Preceptor to New Graduates entering the Residency Program.
- Addressed staffing needs and assignments using analysis of patient needs and acuity.
- Collaboration with healthcare team including physicians, fellow nurses, patient care assistants, physical and occupation therapists, social workers, case managers, clergy, and family regarding patient barriers, needs, and care in preparation for discharge.
- Responsible for diligent continuation of care through proper documentation of the admission process, care plan, and discharge process.

Registered Nurse (RN)

Onward Healthcare by AMN Staffing
July 2020 to October 2020

Medical/Surgical Telemetry Float Pool and COVID Unit Float

- Responsible for assessing, planning, and implementing patient care using the nursing process and critical thinking skills.
- Responsible for patients recovering from COVID-19 with appropriate use of PPE.
- Addressed staffing needs and assignments using analysis of patient needs and acuity.

- Collaboration with healthcare team including physicians, fellow nurses, patient care assistants, physical and occupation therapists, social workers, case managers, clergy, and family regarding patient barriers, needs, and care in preparation for discharge.
- Responsible for diligent continuation of care through proper documentation of the admission process, care plan, and discharge process.
- Monitored patients on telemetry and reported abnormal findings to physician to reduce risk of deterioration.

Infection Prevention Nurse

Favorite Staffing

May 2020 to July 2020

Collaborative with other officials in Public Health to determine, prevent and contain COVID-19 in Long Term

Care Facilities and Correctional Facilities. Responsible for screening and testing employees at facilities for COVID-19.

- Responsibilities include standard precautions (hand hygiene, PPE, injection safety, environmental cleaning, and respiratory hygiene/cough etiquette) and transmission-based precautions (contact, droplet, and airborne).
- Participated in planning of education and training for staff in LTC and correctional facilities
- Responsible for identifying, investigating, monitoring, and reporting healthcare-associated infections. The IP collaborates with teams and individuals to create infection prevention strategies, provide feedback, and sustain infection prevention strategies.
- Collaborated with the infection prevention and control team as a multidisciplinary team who work with all healthcare staff, patients, and visitors to reduce the risk of transmission of infection.
- Responsible diligent documentation and reporting to the Florida DOH and FEMA regarding findings and recommendations regarding prevention and containment of COVID-19.

Registered Nurse

Prolink Staffing

April 2020 to April 2020

Response to Covid-19 Crisis in New Jersey

Barnert Sub Acute Rehabilitation Center

- 8 Week Travel contract with agency in New Jersey.
- Responsible for assessing, planning, and implementing patient care using the nursing process and critical thinking skills.
- Responsible for patients recovering from COVID-19 with appropriate use of PPE.
- Addressed staffing needs and assignments using analysis of patient needs and acuity.

- Collaboration with healthcare team including physicians, fellow nurses, patient care assistants, physical and occupation therapists, social workers, case managers, clergy, and family regarding patient barriers, needs, and care in preparation for discharge.
- Responsible for diligent continuation of care through proper documentation of the admission process, care plan, and discharge process.

Houston Area Regional Nurse/Lead Medical Coordinator

Memorial Hermann Southeast Hospital

November 2017 to August 2018

Responsible for 7 shelters in the Houston Area serving undocumented and unaccompanied minors entering the USA detained by authorities at our borders.

- Responsible for collaborating the minor's medical needs specified by the US Office of Refugees and Texas Department of Child Protective Services.
- Responsible for monitoring accurate and safe implementation of policies established by SWK and its medical department employees.
- Responsible for hiring RNs and LVNs at each shelter and medical assistants.
- Collaboration with the City of Houston when caring for minors diagnosed with communicable diseases (HIV, TB, STDs)
- Reporting to our Director of Medical Services regularly regarding shelter status, medical needs and equipment inventory, department meetings, staffing needs, complex cases (pregnant minors, oncology, cardiology, pulmonology, and psychiatric patients)

Bilingual Teacher

Pasadena ISD

October 2008 to May 2012

- 2008-2010 (2nd Grade Bilingual)
- 2010-2012 (4th Grade Bilingual)
- Taught all subject areas in English and Spanish with a focus in Reading and Writing.
- Collaboration with other teachers and administration to effectively meet all the needs of the students.
- Responsible for lesson planning, assessment and progress of students.
- Collaboration with the administration, counselors, school nurse, interventionists to ensure student success and learning needs.
- Excellent communication with parents and guardians regarding their child's grades, conduct and needs to ensure success.

Bilingual Teacher/Writing Intervention

Rio Grande City CISD

May 2004 to October 2008

- 2004-2008 (4th Grade Bilingual)
- Lead Teacher from 2006-2008
- Writing Teacher in English and Spanish
- Collaboration with other teachers and administration to effectively meet all the needs of the students.
- Responsible for lesson planning, assessment and progress of students.
- Collaboration with the administration, counselors, school nurse, interventionists to ensure student success and learning needs.
- Excellent communication with parents and guardians regarding their child's grades, conduct and needs to ensure success.

Education

Associates Degree in Nursing

University of Texas at Arlington - Arlington, TX

May 2014

Bachelors of Education in Bilingual Educator for Grades EC-4

University of Texas Pan American - Edinburg, TX

May 2004

Nursing Licenses

RN

Expires: April 2021

State: TX

Skills

- ACLS certified until 04/2022
- BCLS certified until October 2022
- NRP and Stable certified
- Current RN license in Texas (Compact License)
- Bilingual in English and Spanish.

Computer Literate in Cerner Care4 Chart System, Meditech, EPIC and general computer software such as Word and Excel, excellent typing and grammar skills.

Nursing Skills: patient assessment and monitoring, safe medication administration, hygiene and skin care including wound care (negative pressure therapy, dressing changes, , positioning, skin assessments, prevention of skin injury, gastric care including NGT, PEG, Ostomy, Rectal Tubes, Hyperemesis, and dietary/nutritional needs, urinary catheter care, insertion, and maintenance, voiding trials, central line care and maintenance (PICC, IJ, EJ, Femoral), assessment of surgical wounds and infection prevention and education, reproductive assessments and care for pregnant patients under 20 weeks gestation, surgical preparation (CHG baths, consents, and preoperative medication), blood transfusions and monitoring, IV insertion and venous sample collections, education on all of the above and discharge care such as infection prevention, signs and symptoms to report to provider, wound care and dressing changes, and medication side effects.

Respiratory skills include: assessing and monitoring lung sounds and respiratory rate, oxygen administration and monitoring, CPAP, BIPAP, HI-FLOW, CPT, and incentive spirometry.

- EMR Systems
- Hospital Experience

Certifications and Licenses

BLS Certification