

# Sharmia Hopkins

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6094567956

To obtain a position as a nurse with an advanced medical facility that will promote wellness and prevent disease by giving clients the tools needed to function at an optimal level of health and wellness.

## Work Experience

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### **Cardiac Intensive Care RN**

Atrium Health - Charlotte, NC  
October 2011 to Present

- Skillfully coordinate with doctors for efficient patient management and delivery of treatment plans, education and preventive care
- Comprehensive Care includes: Code STEMI, Code Sepsis, Intra-Aortic Balloon Pumps, Arterial/Venous stent removal, Swan-Ganz catheters, temp and permanent pacemakers, respiratory ventilation Extracorporeal Membrane Oxygenation (ECMO), Heart failure, Ultrasound guided thrombolytic introducer (EKOS), Ventricular Assist Devices (VAD), Code Cool (induced hypothermia)
- Assists with bedside procedures including; Swan-Ganz catheter insertion, arterial lines, central lines, chest tubes, bronchoscopies and intubations
- Code Blue/Rapid Response Team: resuscitating and stabilizing patients, starting IVs, laboratory draws, manages vasoactive IV drips and sedation
- Serves as charge nurse, mentors, trains and orients new staff members and nursing students on departmental rules, policies and procedures

### **Cardiac Intensive Care, Clinical Supervisor**

Atrium Health - Charlotte, NC  
April 2015 to April 2017

- Provide flow and oversight for patient care and nursing services for a fast-paced 20 bed cardiac ICU unit.
- Promotes effective communication and mediates conflict resolutions among staff as well as patients and family.
- Evaluates the quality and safety of nursing practice using evidence-based practice, analyzes appropriate internal and external policies and protocols to identify opportunities for improving services and patient outcomes.
- Supervise staff, balance schedule and counsel nursing staff.

### **Nurse Supervisor**

Caring Hands Home Care - Charlotte, NC  
November 2010 to August 2013

- Conducts home visits providing nursing services to individuals and family
- Assesses client needs, design and implement comprehensive care plans
- Assesses patients' vital signs to detect deviations from normal and assesses condition of patient

- Educates and counsels patients regarding health and wellness

### **Cardiac Tele/Orthopedic RN**

Carolinas Medical Center - Charlotte, NC

July 2010 to October 2011

- Responsible for pre and post-op management care of telemetry patients with bone and muscular-skeletal conditions and injuries
- Educate patients on health improvement, disease state management, preventive care, medication, and overall health management
- Perform total patient assessments including IV site/line, PICC lines, surgical/trauma wounds, urinary catheters, ostomies, Orthopats, wound vacs and CPM machines

## Education

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### **Bachelor of Science in Nursing in Nursing**

Winston-Salem State University

June 2012

### **Associates in Nursing in Nursing**

Carolinas College of Health Sciences

June 2010

## Nursing Licenses

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### **RN**

Expires: July 2021

State: NC

## Skills

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- Critical Care
- RN
- Hospital Experience
- Nursing
- ICU Experience
- Vital Signs
- Cerner
- Medication Administration
- EMR Systems