

# Sarah Hop

Zeeland, MI 49464

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(616) 745-5511

Highly motivated and organized family nurse practitioner seeking a position in an environment where evidence-based and holistic practice will be effectively utilized in treating patients and promoting overall health and wellbeing

## Work Experience

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### **Registered Nurse- Helen DeVos Children's Hospital Neonatal Intensive Care Unit**

Spectrum Health - Grand Rapids, MI

December 2013 to Present

- Collaborates with the interdisciplinary team of physicians, nurses, and therapists to provide holistic and evidence-based nursing care to critically ill neonates in a 110-bed Level 4 NICU
- Attends deliveries and used neonatal resuscitation to stabilize babies
- Builds reliable and trusting relationships with parents by providing excellent care, comfort, and education for their infants
- Provides leadership as a preceptor to students, new graduate nurses, and onboarding nurses

### **Registered Nurse**

Heritage Nursing & Rehabilitation - Zeeland, MI

July 2012 to June 2016

- Medication pass at appropriate times and complete treatments as scheduled
- Assessed residents including behavioral, physical, and emotional aspects and reported changes in status to overseeing provider
- Supervised support staff to ensure the safety and wellbeing of residents

### **Registered Nurse, Medical/Surgical**

Spectrum Health - Grand Rapids, MI

April 2013 to December 2013

- Assessed and monitored the care of medical-surgical patients and acted as an advocate as needed
- Developed, implemented, and followed the plan of care which involves evidence-based practice and education which has the patients' best interest in mind
- Communicated with multidisciplinary teams including overseeing support staff
- Promotes independence through providing patient specific education to the family concerning condition, procedures, medication, and self-care through thorough discharge planning
- Kept thorough, timely, and precise patient records utilizing the electronic medical record

### **Registered Nurse - Telemetry/Medical**

Heritage Nursing & Rehabilitation - Muskegon, MI

July 2012 to July 2013

- Cared for patients requiring telemetry monitoring with a variety of diagnoses

- Member of the multidisciplinary team which developed a plan of care using evidence-based practice to promote the best outcomes for patients
- Displayed competence with telemetry reading and cardiac arrhythmias

## Education

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### **Master of Science in Nursing**

Indiana Wesleyan University - Marion, IN  
August 2020

### **Bachelor of Science in Nursing**

Indiana Wesleyan University - Marion, IN  
April 2012

## Nursing Licenses

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### **RN**

Expires: June 2021

State: MI

## Skills

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- Epic
- EMR Systems
- Nursing
- Pediatrics Experience
- Hospital Experience
- Critical Care Experience
- Vital Signs
- Cerner

## Certifications and Licenses

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### **BLS for Healthcare Providers**

### **NRP**

### **FNP-C**

October 2020 to October 2025