

Melissa Mitchell

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Work Experience

RN-Labor and Delivery

St. Joseph's Hospital - Stockton, CA
June 2020 to Present

- Administered prescribed medications and monitored the patient's vital signs.
- Monitored fetal heart rate for abnormalities and communicated them to the physician on duty.
- Modified the patient's treatment plan as required by the patient's responses and condition.
- Provided pre-, intra-, and post-operative care to patients undergoing C-section.
- Administered medication, IV therapy, blood transfusion and others.
- Assessed, planned, implemented, and evaluated patient care falling back on professional knowledge, critical thinking, and problem-solving skills.
- Assisted doctors with surgical procedures.
- Monitored, recorded, and communicated patients' condition as appropriate using computerized documentation systems.
- Educated patients and/or their families on health care needs, conditions, etc.
- Cross-trained to Post partum side.
- Assess Newborn and give newborn baths.
- Assisted the physician during delivery, treatment, examination, and surgical procedures.

RN

L&D/ER/Urgent Care/OBGYN - Sacramento, CA
August 2015 to Present

- Prepares treatment rooms and patients for examination, and assists patients to/from bathroom & general ambulation as needed.
- Assists clinician with care of the patient. Help MD collect lab samples and pend orders.
- Handles inventories and orders and replenishes medical supplies and materials, and assists health care team in emergency situations including resuscitation, assist with conscious sedations/reductions, and cardioversions.
- Assists w/discharge process under direction of physician or nurse, and conducts pharmacy, lab, nutrition & imaging pick-ups & deliveries, including specimen transport, as needed.
- Applies monitoring devices, preps patient for suturing, wound cleaning, and application of dressings, orthopedic devices, & crutch fitting. Assist with traumas, strokes, and other emergencies that arrive at the ER.
- Iv therapy, blood draws, bladder scans, splinting, wound care, ear lavages, wound care, suture removal, neb treatments, give shots and PO meds per MD's orders, catheter insertions, help triage patients, and set up sterile trays/procedures for doctors.
- Obtains, records & reports vital signs, EKG's, heights, weights & inputs/outputs of patients as directed & per dept. policy. Helped out with flu clinic.

- Schedules appointments, performs clinical tasks and completes appropriate forms as required by, assist with EMB procedures, Colposcopies, biopsies, D&C, Assures, Leep procedures, assist with IUD inserts/ removals, Explanation inserts/removal.
- Assist with pap exams, prenatal visits, assist with other birth control treatments, and other treatments as needed.
- Checks labor rooms and delivery rooms for adequate well functioning equipment supplies. Sets up emergency equipment.

LVN

Sutter Medical Group - Sacramento, CA

February 2013 to June 2015

- Room pts, vital signs, give injections; make appointments, surgery prior auth for meds, referrals, and chart prepping.
- Assist doctor with vasectomy's, t-pellet insertions, cystoscopy, bladder biopsies, prostate biopsies, calypso and gold seed placements, and set up sterile trays/ procedures for doctors.
- PTNS treatments on pts, bladder scans, BCG treatments, insert catheters and remove catheters, teach pts how to self-cath, & voiding trials.
- Sterilize instruments, making sure lab samples are sent to the lab, call pts with results of tests per MD orders, stocking supplies & ordering supplies.
- Help out front desk with checking in pts, scheduling follow up appts, and forwarding pts emails, and medication refills to the doctor.
- Pediatric injection nurse give TB injections and check TB results, monitor children after certain injections and assist with any reactions.
- Discuss with VIS information with parents and answer question pertaining to the injections, assist RN with putting in orders for injections
- Experience with Epic Electronic Records, and cross-trained in Dermatology, Allergy, and ENT departments.

Education

Certificate and AA degree in Nursing & RN Program

Carrington College California - Sacramento, CA

Certificate

Carrington College California - Sacramento, CA

Nursing Licenses

RN

RN

Skills

- Proficient with Microsoft Office
- Strong Organizational Skills

- Proficient with Cerner Records
- Proficient with Epic Records
- Effective Leadership Skills
- Ability to Work Under Pressure
- Professional Customer Service
- Self Motivated / Task Oriented
- Nursing

Certifications and Licenses

BLS Certification

ACLS Certification

NRP Certification

BLS Certification

ACLS Certification