

# Misty Proulx

Portland, OR

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512.653.1045

Authorized to work in the US for any employer

## Work Experience

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### **ER Nurse**

Providence St. Vincent Medical Center - Portland, OR

2015 to Present

- \* Facilitated superior care, attending to the medical needs and requests of patients in an acute care environment at an urban hospital with 523 beds including a 53 bed adult unit and 3 fast tract beds.
- \* Administered triage and sedation procedures as well as IV starts and drip regulations based on patient condition.
- \* Collaborated with physicians and medical professionals, coordinating workflow and ensuring quality patient care.
- \* Educated patients and family members on medical diagnosis and treatments, answering questions and providing additional information.
- \* Served as the code leader, ensuring compliance with the Nurse Practice Act, the American Nurses Association (ANA) Code of Ethics, and the ANA scope and standards of practice.

### **ER Staff Nurse**

Providence Portland Medical Center - Portland, OR

2013 to 2015

- \* Provided comprehensive care to patients in an acute care environment at an urban hospital with 483 beds including a 46 ED bed unit.
- \* Developing individualized care plans based on assessment data and patient-specific needs.
- \* Partnered with physicians and medical professionals, evaluating care plans and facilitating positive patient outcomes.
- \* Counseled and educated patients and caregivers on medical conditions and treatment options.

### **ER Travel Nurse**

Multiple Cities in MD

2010 to 2013

- \* Served in several contract positions at Anne Arundel Medical Center, Peace Health Southwest Medical Center, Valley Medical Center, Highline Medical Center, Covington Emergency Room, and Providence Portland Medical Center with up to 4:1 nurse/patient ratio.
- \* Assisted in the transition of Anne Arundel hospital to a newer and larger facility including separation of adult and pediatric ERS.
- \* Provided care to an extensive psychiatric population with separate locked down unit within the ER.
- \* Completed triage procedures and cared for patients in fast track and trauma units.
- \* Contributed to establishing a new ER unit at Covington, providing training to staff members during the transitional period.

- \* Administered respiratory therapy and pharmacy functions including nebulizer treatments, ventilator operation, mixing drips, and other medications.
- \* Played an integral role in converting paper medical records to an electronic charting system.

### **ER Nurse**

Medical Center of Plano - Plano, TX

2009 to 2011

- \* Participated in trauma cases and provided nursing care for 2+ critically-ill patients with multiple drip regulations, maintenance of intubated, and sedated patients at a 430 bed hospital and 4:1 nurse/patient ratio.
- \* Coordinated care in critical situations and assisted with central line insertions and chest tube insertions.
- \* Maintained quickest door-to-balloon times in the region for STEMI patients arriving through the trauma center.

## Education

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### **Bachelor of Science in Nursing**

Western Governors University

2019

### **Associates Degree in Nursing**

Austin Community College

## Nursing Licenses

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### **RN**

## Skills

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- Critical Care Experience
- Epic
- ICU Experience
- Triage
- EMR Systems
- Hospital Experience
- Nursing
- Cerner
- Medication Administration
- Vital Signs
- Supervising Experience
- Nurse Management
- Patient Care
- Phlebotomy

- Experience Administering Injections

## Certifications and Licenses

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### **CEN**

October 2020 to October 2024

Certified Emergency Nurse

### **ACLS Certification**

### **BLS Certification**

### **PALS Certification**