

# Crystal White

Green Bay, WI 54303

[cherleneleon@gmail.com](mailto:cherleneleon@gmail.com)

920-515-5168

## Work Experience

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### **Personal Care Worker**

Almost Family - Green Bay, WI

September 2017 to Present

- Assisted residents with toileting, feeding, taking meds, cleaning
- Acted as companion
- Helped get in and out of bed and chairs
- Documented daily activities and health
- Helped with dressing, laundry
- Worked independently with little supervision

### **Personal Care Worker**

Clarity Care - Green Bay, WI

August 2017 to Present

- Assisted residents with toileting, feeding, taking meds, cleaning
- Acted as companion
- Helped get in and out of bed and chairs
- Documented daily activities and health
- Helped with dressing, laundry
- Worked independently with little supervision

## Education

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### **Diploma**

Madison Area Technical College - Milwaukee, WI

## Skills

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- Cpr
- Cpr/aed (Less than 1 year)
- Cna (10+ years)
- Personal Care
- HHA
- Home Health
- Certified Nursing Assistant
- CNA/Nursing

- Accuracy
- Computer Literate
- CPR/AED Certified
- Daily living skills
- Compassionate
- Record Keeping
- Elder Care
- Communicator Disabled Care
- Childcare
- Caregiving
- Laundry
- Nursing