

Rachael Sanders

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PROFESSIONAL SUMMARY

Hardworking Registered Nurse with 4 years of experience in providing individualized patient care. Committed to delivering best-in-class patient care through effective education and counseling. Proven leadership focused on increasing and enhancing patient care and satisfaction. Streamline safety protocols for comprehensive patient care.

WORK HISTORY

AGENCY REGISTERED NURSE | 05/2020 to Current

Favorite Healthcare - Hannibal, MO

- Demonstrated ability to advocate for and strive to protect health, safety, and rights of patient.
- Educated patients and answered questions about health condition, prognosis and treatment.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Performed ongoing assessments to evaluate mental health needs, working with multidisciplinary team to develop, initiate, manage and modify individualized plans of care.

RN | 11/2018 to 04/2020

Willow Care Center - Hannibal, MO

- Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies and methods to improve health and meet recovery goals.
- Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.

ADON | 01/2018 to 11/2018

Levering Regional Health Care - Hannibal, MO

- Supervised staff members CALM technique during behavioral codes
- Collected all statements and documentation after behavioral code
- Performed rounds to observe care and interview staff, residents and families.
- Collaborated with staff, management and external groups to coordinate patient care.
- Prepared and reviewed infection control surveillance reports to identify trends and develop effective actions to control and prevent infections.
- Established and monitored infection control programs to provide safe, sanitary environment to prevent transmission of disease and infection.

RN FLOOR NURSE | 06/2017 to 12/2018

Blessing Healthcare System - Quincy, IL

- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.
- Developed strategy to target nursing and patient satisfaction issues, improve response and patient care quality and suggest actionable improvements to promote hospital-wide quality and safety initiatives .
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.

EDUCATION

Hannibal-LaGrange University - Hannibal, MO | Associate of Science

Nursing, 05/2017