Thuy Nguyen

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PROFESSIONAL SUMMARY

Compassionate and highly competent Registered Nurse with 5 years of clinical nursing experience in cardiology, neurology, med-surge, surgical care center unit and dialysis. Dedicated to providing high-quality patient care with focus on safety and using evidence-based practices to improve treatment outcomes. Skilled in quickly building connections with patients to build trust and rapport in stressful situations

Detail-oriented with extensive understanding of sanitation and infection control techniques. Self-sufficient and enthusiastic individual working quickly and effectively with little to no supervision. Dedicated nursing professional with clinical practicum experience and passion for delivering quality healthcare. Skilled at establishing care plans and educating patients and families. Offering caring bedside manner, patient-centric focus and expertise in discharge management.

Skills

* Lean SIX Sigma certificate nurse
* Bilingual English and Vietnamese
* Good verbal and communication skills
* Quick learner
* Time management and prioritization
* HIPPA regulations and confidentiality
* NIHSS Stroke Certified
* PCCN Certified
* Accurate charting and documentation
* Telemetry, dialysis
* Medication and IV administration
* Ventilator care
* Diabetes management
* Aww Wound cleaning and care
* Covid-19 managements

EDUCATION

Bachelor of Science in Nursing – May 2017

Youngstown State University, Youngstown, Ohio 44555

Bachelor’s in biology - May 2014

Youngstown State University, Youngstown, Ohio 44555

PROFESSIONAL EXPERIENCE

VA North Texas Health Care System – Dallas, Tx

8/29/21-Present

Emergency RN

* Responsibilities of Charge RN
* Responsibilities that demonstrate leadership, experience, and creative approaches to management of complex patient care and team leadership in the inpatient setting.
* Responsible for titrations of drips such as antihypertensive agents, heparin, anti-arrhythmias, vasopressors, diuretics, and PCA
* Collaboration and evaluation of patients for placement into various civil services and program
* Utilizes several avenues of resources available to provide safe, efficient, timely coordination of inpatient services provided
* identifying barriers and having the knowledge to overcome those barriers, locating resources, coordinating services, providing education and develop structured means for patients to report; refer patients to integrative therapies and support groups
* Played key role as part of both the RRT and code blue team
* Advocate for patients who can not speak for themselves in situations that require immediate action and act as liaison between patients, patients’ family and other healthcare profession
* Direct Patient care for the patients under emergency medical need
* Documents patient care assessments, medication administration, and care plan
* Part of the collaboration team for emergency care, and will concur with treatment plan
* Uses knowledge of the applied principles of evidence-based practice.
* Provides support at the until level, the service level, and the organizational level.
* Assesses, plans, implements, and evaluates care based on age and cultural-specific components.
* Responsible for documented outcomes at the program or service level that must be broad and complex and can be demonstrated at any organizational level within the facility, VISN, or VACO.
* Considers all characteristics of the individual, including age and life stages, state of health, race and culture, values, and previous experiences.
* Actively participate in unit/program quality improvement processes and initiatives and customer service programs
* Demonstrates leadership in delivering and improving holistic care through collaborative strategies with others.
* Demonstrates leadership in the application of the nursing process to patient care and organizational processes.
* Responsible and accountable for operations of the unit, ensuring that nursing personnel provide timely nursing care which complies with accepted standards of clinical practice.
* Assumes appropriate responsibility regarding administrative and clinical issues, such as staffing coverage, and patient and/or staff issues.
* Uses word processing software to execute several office automations functions such as storing and retrieving electronic documents and files; inserting and deleting text, formatting letters, reports, and memoranda; and transmitting and receiving email.
* Uses the Veterans Health Information and Technology Architecture (VistA) to access information in the Medical Center Computer System.

Texas Health Presbyterian Hospital – Dallas, Tx

9/20/21- 11/1/2022

Hamon 4 North – Neurology stepdown/ intermediate

* Closely monitor hemodynamic variances to identify signs of life-threatening complications associated with fluid and electrolyte imbalances
* Collaborates with the multidisciplinary team to coordinate patient care using defined protocols
* Educates patient and their care givers on stroke diagnosis, treatment, what will occur in the hospital, and what occurs after discharge
* Provides emotional support related to clinical condition
* Advocates for patient and care givers for appropriate utilization of resources
* Implements and measures quality improvement initiatives
* Promotes empowerment of stroke patients in treatment of disease
* Communicates consistently with providers ensuring seamless plan of care and follow up care
* Creates and maintains open lines of communication with treating physicians, primary care provider, and their support staff; establish referral pathways thereby decreasing treatment delays: working collaboratively with the Neurologists to maintain a network of specialists and support of best practices in care delivery; participate in stroke conferences
* Identifying barriers and having the knowledge to overcome those barriers, locating resources, coordinating services, providing education on stroke and develop structured means for patients to report; refer patients to integrative therapies and support groups
* Maintains/utilizes a comprehensive database of resources, both locally, regionally, and nationally, for patients and families including financial, psychosocial, education, emotional, transportation, and cultural.
* Creates and maintains open lines of communication with treating physicians, primary care provider, and their support staff; establish referral pathways thereby decreasing treatment delays: working collaboratively with the Neurologists to maintain a network of specialists and support of best practices in care delivery; serve as active member of Stroke Advisory and Endovascular Advisory Committees; participate in stroke conferences
* Maintains accurate and complete documentation; ongoing assessments of role in decreasing disparities in care and reduction in outmigration of patients; submits data to stroke coordinators for quality monitoring

Edward Hines Jr. VA Medical Center – Hines, IL

6/6/2021 – 8/26/2021

Med-surge / surgical / Observational unit

* Charge RN duties
* Monitoring, evaluation and assessment in 48 observational unit
* Implement short term therapies for patient with
  + CHF, COPD, dehydration, UTI, seizures, hypertensive urgency, post-invasive procedure management, stable pneumonia.
* Ongoing physical and psychosocial assessments which includes continuous EKG monitoring, pulse oximetry and vital signs per protocols.
* Provide patient education for discharge readiness.
* Adheres and enforces infection prevention standards.
* Provide safe environment for all patients with altered sensorium due to medication or illness.
* Communicate timely and effectively with all members of the patient care team, as well as courteously and appropriately.
* Maintain in a collaborative, team-oriented environment working as a patient advocate and build strong teams within multiple levels of interdisciplinary staff.

Captain James A. Lovell Federal Health Care Center – North Chicago, IL April 2020-6/4/2021

Med-surge / Float nurse

* Participated in a multidisciplinary team of medical professionals to assess, evaluate, and diagnose patients and develop effective treatment plans under direction of the physician.
* Prioritized patient care assignments based on patient condition and delegation care to achieve optimal outcome
* Administered blood and blood product transfusions and monitored patients for adverse reactions.
* Administered medications, tracked dosages and documented patient conditions
* Prepared and administered oral, rectal, NG/PEG tubes, SUB, IM, IV, and titration of medications.
* Draw blood and place IVs.
* Taken care of long-term care patients.
* Covid procedures and policy.
* Monitored JP drains, PD catheters, nephrostomy tubes and fistula.
* Coordinated care up to 5 patient per 12 hours shift setting
* Educated patients and families on disease process and management, medications, pre / post surgeries. Knowledgeable regarding administration/dosage of antibiotics and heparin drips.
* Adheres to hospital policy, protocols and guidelines regarding documentation in the electronic chart.

Fox Valley Dialysis 2020 Ogden ave #140, Aurora, IL 60504 08/24/20 -12/24/2020

* Acute dialysis RN and Charge nurse
* Conduct hemodialysis, plasmapheresis, continuous renal replacement for acute and chronic patient in a hospital setting
* Dialysis patients based of MD order.
* Contributed care alongside with doctor to provide a specialize HD treatment to patient
* Look of labs, orders and history
* Set up HD machine and reverse osmosis machine
* Cannulated the patient site for Dialysis
* Travel within several hospital to give patient dialysis
* Obtain order and communicate during treatment to and from MD when appropriate

Northwestern Medicine Central of DuPage - Winfield, IL 60190 July 2019-August 2020

Surgical Care Center (Orthopedics, General Surgery)

* Collaborated with interdisciplinary healthcare professionals to implement and adapt individualized plan of care assess, treat and evaluate patients
* Coordinated care up to 6 patient per 12 hours shift setting
* Prepare patients for stress testing, echocardiograms, peripheral diagnostic testing and the operation room.
* Administered blood and blood product transfusions and monitored patients for adverse reactions.
* Responsible for titrations of drips such as antihypertensive agents, heparin, anti-arrhythmias, vasopressors, diuretics, and PCA
* Prepared and administered oral, rectal, NG/PEG tubes, SUBQ, IV.
* Monitored JP drains, PD catheters, nephrostomy tubes and fistula.
* Educated patients and families on disease process and management, medications, pre / post surgeries.
* Gained experience with IV Antibiotics post surgeries and procedures. Knowledgeable regarding administration/dosage of antibiotics and heparin drips
* Adheres to hospital policy, protocols and guidelines regarding documentation in the electronic chart (Epic) and other approved documents.
* Promoted healthy lifestyle choices to reduce re-emergences of painful or dangerous symptoms
* Educated patient and families on treatment strategies for homecare

Amita Health St. Joseph - Elgin Hospital, Elgin, IL 60123 May 2018 to April 2020

Progressive Care Unit - Step down med-surge. Cardiology and Neurology Floor

* Participated in a multidisciplinary team of medical professionals to assess, evaluate, and diagnose patients and develop effective treatment plans under direction of the physician.
* Creates and maintains open lines of communication with treating physicians, primary care provider, and their support staff; establish referral pathways thereby decreasing treatment delays: working collaboratively with the Neurologists to maintain a network of specialists and support of best practices in care delivery; serve as active member of Stroke Advisory and Endovascular Advisory Committees; participate in stroke conferences
* Prepare patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures and the operation room.
* Administered blood and blood product transfusions and monitored patients for adverse reactions.
* Prepared and administered oral, rectal, NG/PEG tubes, SUBQ, IM, IV, and titration of medications.
* Titration of drips including antihypertensive agents, heparin, vasopressors, PCA etc.
* Monitored chest tubes, JP drains, PD catheters, nephrostomy tubes and pacer wires.
* Acquired comprehensive experience with focus on open heart, cardiac-catheterization, arrhythmias, CVA, MI, and chest pain patients while assuring the best possible outcome.
* Educated patients and families on disease process and management, medications, pre / post cardiac interventions including open heart surgery, and discharges.
* Gained experience with IV cardiac drips, central lines and more.
* Knowledgeable regarding administration/dosage of cardiac drugs and vasopressor agents.
* Adheres to hospital policy, Protocols and Guidelines regarding documentation in the electronic chart (MEDITECH) and other approved documents.

Mercy Health – St. Elizabeth Youngstown Hospital, Youngstown, Ohio 44501

November 2017 to May 2018

8SX Neurological IMCU, 8S Clinical Decision Unit, Emergency room

* Ethical and independent decision-making ability consistent with medical guidelines.
* Performed all tasks with a patient-centered focus while seeking opportunities for improvement in physical and psychological well-being including daily assessments, charting, medication administration and supervision of care of 5 to 7 patients per 12 hours shift
* Improve team dynamics by communicating with other healthcare providers in the management of patient care, monitored and interprets telemetry strips of all patients issued a telemetry monitor.
* Document all patient care during shifts, maintained and update patient records and prepared patients for hand off report oncoming staff. Also maintained documentation of discharge patients with follow up plans.

CERTIFICATIONS

* Illinois Nursing License 041.454027
* Texas Nursing License 1040493
* RQI BLS and ACLS 3/31/2023
* RQI PALS 03/31/2023
* NIHSS Certified
* PCCN 3/2024
* TNCC 10/2026

References:

Janet

708-714-7805

Adrian CNO

773-817-5290

John Grecia

847-287-3329

Celmar Jubac

708-860-8512

Reina Crawford

808-386-7518

Keith Robinson

224-628-6555