

# Alla Zilbervarg

Boca Raton, FL

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## ALLA ZILBERVARG

Registered Nurse (RN)

Compassionate, dedicated and reliable Board-Certified Registered Nurse with strong work ethic and the ability to handle multiple tasks and take initiative in challenging and dynamic work environments. Energetic Self-Starter, specializing in emergency, medical-surgical, OBGYN and fertility nursing, committed to excellence in providing best care to patients by utilizing vast experience, education and training.

Authorized to work in the US for any employer

## Work Experience

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### **ER Registered Nurse**

Coney Island Hospital - Brooklyn, NY

June 2020 to Present

Providing direct care to patients; assessing and monitoring patient's condition; initiating appropriate nursing intervention.

- Utilizing standardized procedures and processes, plan, evaluate and prioritize the delivery of nursing care, based on identified patient's needs.
- Formulate and implement patient's healthcare plan, including effectively collaborating with other health professionals, to ensure all requirements are met.
- Assessing patients utilizing ESI.
- Assisting with diagnostic tests/procedures and administering appropriate medications.
- Revising healthcare plans, based on patients' response evaluations.
- Recognizing emergency situations and taking appropriate actions in a timely manner.
- Utilizing standardized procedures and protocols, maintaining proper hygiene and sanitation to insure healthy and safe environment for patients and personnel.

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### **Registered Nurse, Call Center**

Maxim Healthcare Services Inc

April 2020 to May 2020

Managed incoming phone calls from local hospitals: evaluated patients' medical condition criteria to confirm transfer eligibility to NY Javits Medical Station during COVID-19.

- Directed incoming phone calls from family members of patients hospitalized in Javits Medical Station to appropriate healthcare providers.

### **Recovery Room Charge Registered Nurse**

RMA of New York - New York, NY

May 2014 to April 2020

Initiated patientcare assessment by evaluating vitals, alertness, breathing difficulty and pain levels; implemented interventions: administered IV fluids/medications, airway management, catheter insertion and oral medications; notified assigned physicians of observed complications; consulted with healthcare team regarding implementing patientcare plan; obtained and reviewed procedure specific consents; followed personal and health data procedures in compliance with HIPAA laws, to effectively prevent information breaches; updated medical records.

- Monitored post anesthesia patients, following surgical procedures as Transvaginal Oocyte Retrieval, Dilation and Curettage, Micro-TESE, Vasectomy, Vasectomy Reversal, etc.
- Prepared patients for discharge: conducted complete health assessment; provided post-operative care instructions/course of care, infection complications and preventative measures, medication administration and side effects and discharge/follow-up orders.
- Utilizing standardized safety procedures, promptly responded to situations impacting safety and security to unit, exercised crisis prevention practices to control the situation.
- Supervised patients' admissions/discharges; managed/delegated nursing assignments; prepared schedules and monthly crash-cart inventory checks, monitored medications and medical supplies for Recovery Room.

### **Registered Nurse, Workload Response Team VGH**

Vancouver Coastal Health Authority - Vancouver, BC

April 2012 to February 2014

Efficiently managed heavy workloads and handled multiple tasks during increased patient acuity and overcapacity; promptly responded and provided immediate assistance in emergency situations, including "Code Blue"; effectively utilized on-demand system.

- Assessed patient's condition and provided direct nursing care, including stabilizing critically ill patients and determining next course of action; administered oral medication, IV, IM injections, catheter insertion and pain/airway management; provided advanced wound care, including vacuum assisted closure dressing and updated medical records.
- Prioritized tasks, resolving potential priority and efficiency conflicts, to ensure safest and highest quality patient care

### **Registered Nurse, Medical-Surgical Unit**

Vancouver Coastal Health Authority - Richmond, BC

June 2009 to April 2012

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- Provided direct patient care for post-operative patients: reviewed post-OP orders and administered medications accordingly; monitored vitals and patient's response/reaction to drugs; setup PCA pump and connected fluid infusion line; updated medical records, including gathered information regarding symptoms and prior treatment, and coordinated with healthcare teams to adjust care plan if necessary.
- Pain/sedation management, by utilizing non-pharmacological and pharmacological treatments; administered medication via IV, IM, Sub-Q injections and oral routes; provided wound care, including ostomy care, pressure ulcer prevention.
- Supplied patients and caregivers with discharge instructions, plan of care, and other information, essential for speedy recovery.
- Advocate for patients: communicated treatment preferences to practitioners, verified insurance coverage and limitations, ensured the treatment goals are met, etc.
- Secured and managed controlled substances to prevent misuse opportunities.

**Registered Nurse, Post-Cardio Thoracic Surgery Unit**

Tel Ha Shomer (Shiba) Hospital

May 2008 to May 2009

Stabilized, assessed patient's condition and managed post-operative recovery process: monitored vital signs and pain management; facilitated wound/ostomy care, accurately documented assessment in medical records.

- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions by interpreting and tracking EKG readings, identifying irregular telemetry readings and conferring with physicians regarding diagnoses and well-coordinated treatment approach.
- Supervised patient admissions and triaging, based on acuity and implemented interventions, such as administration of oral medications, IV therapy, catheter insertion and airway management.
- Provided patients and families with discharge and follow-up instructions, care plan, and other information necessary for speedy recovery.
- Advocated for patients: communicated care preferences to physicians and practitioners, identified insurance coverage and limitations and verified treatment plans.

**Registered Nurse, IVF**

Hertzelya Medical Center

June 2007 to May 2008

- Performed pre-assessment by confirming patient's identity and reviewing medication and treatment history prior to appointment; initiated physical assessment.
- Established rapport with patient by providing easy-to-understand explanation regarding the upcoming IVF procedure; provided emotional support to patient's family.
- Assisted with the coordination and clinical care treatment in conjunction with established protocol: provided procedure room support for IVF patients undergoing egg retrieval and embryo transfer; surgical scrub and PACU for surgeries; supported patients through the reproductive treatment (ART) process.
- Analyzed lab test results under physician's supervision; telephonic follow-up with patient to address questions and concerns.
- Managed incoming patients phone calls, followed by discussion with physicians and communicating it back to patient; scheduled follow-up visits.

**Registered Nurse, OBGYN Clinic**

Kupat Holim Meuhedet - Jerusalem, IL

October 1998 to June 2007

Coached expecting mothers regarding health condition and prognosis, provided an explanation about medical treatments and complex procedures and assisted patients with care through childbirth and post-natal recovery.

- Assisted physician during gynecological exams, Hysteroscopy and Colposcopy; performed infertility diagnostic tests and developed treatment plans; administered routine testing; monitored lab tests, performed examining ultrasounds; analyzed lab test results under physician supervision.

**Registered Nurse, Urology Department**

Hadassah Eyn Kerem Hospital - Jerusalem, IL

September 1996 to October 1998

Provided pre/post-operative care to patients in urology center, including administering medications, IV therapy, performing catheter insertion, bladder irrigation fluid in-/output, wound care, pain and airway management, etc.; collected lab specimens, ordered testing and analyzed test results and updated medical records. Educated patients regarding the importance of healthy lifestyle, provided information of effective treatment options and at-home care strategies necessary for a speedy recovery. Continued education to improve nursing skills by attending medical seminars conferences, participating in nursing simulation activities and implementing evidence-based practices.

## Education

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### **B.S.N. in Registered Nurse**

Hebrew University - Jerusalem, IL  
1996

## Skills

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- - Supervisory skills: natural ability to lead, mentor and train staff to take initiative and appropriate action in emergency situations

## Certifications and Licenses

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**Florida State Nursing License, #RN9545657; valid**

**07/31/2022 New York State Nursing License, #598517; valid**

**03/31/ 2022 Certifications: CPR BLS for Health Care Provider American Heart Association; valid**

**04/2022 ACLS American Heart Association; valid**

**04/30/2022 PALS American Heart Association; valid**

**06/30/2022 NIH Stroke Scale (NIHSS); issued by AACME Education: B.S.N., 1996, Registered Nurse Henrietta Szold Hadassah-Hebrew University, Jerusalem, Israel**