

Lydia Saina

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Registered Nurse Position

Authorized to work in the US for any employer

Work Experience

Registered Nurse (RN)

Tennova HealthCare-Cardiovascular/Covid Unit - Clarksville, TN

December 2018 to Present

Clarksville, TN

(December 2018-Present)

- Providing patient care
- Precepting new RNs and nursing students
- Utilize assessment, diagnosis, planning, intervention, and evaluation technique to provide individualized patient care
- Reporting changes in patients' conditions to assigned doctors
- Utilizing the five rights when administering medications
- Working as charge nurse to ensure the unit runs smoothly

Nurse Intern

Tennova Healthcare - Clarksville, TN

June 2017 to December 2018

Provide patient care for assigned patients under supervision of an RN in Stepdown, Emergency room and Cardiovascular unit

- Maintain HIPPA
- Perform nursing assessments
- Monitor vital signs

Maxim Health Care - Clarksville, TN

August 2017 to 2018

- Provided care to pediatrics, adult, and geriatric patients in their homes.
- Assisted patients with their ADLS and took them to appointments.

Western State Nursing facility - Hopkinsville, KY

April 2016 to August 2017

Provided ADLS to geriatric patients with mental illness.

Summer Nurse Internship Program

North Crest Medical Center Externship - Springfield, TN

May 2017 to July 2017

- 10 weeks rotations through the Emergency Department, Women's Service's Medical-Surgical, Surgery/ Same Day Surgery, and the Critical Care Unit
- Performed assessments on different patients.
- Observed surgeries
- Monitored patient's vital signs
- Assisted with monitoring multiple IV drips

Palmyra Health Care - Clarksville, TN
July 2015 to April 2016

- Assisting patients with ADLs.
- Taking vital signs and reporting and abnormal
- Ensure the patients were safe

Education

Bachelor of Science in Nursing

Austin Peay State University - Clarksville, TN
December 2018

Nursing Licenses

RN

Skills

- Computer Skills
- Proficient in electronic care plans
- Completed course in nursing informatics
- Medication Administration
- Nursing
- Vital Signs
- EMR Systems
- Laboratory Experience
- Hospital Experience
- Experience Administering Injections
- Nursing
- Nursing
- Customer service
- Phone etiquette
- Medical Records
- Caregiving
- Triage

- Phlebotomy

Certifications and Licenses

BLS Certification

BLS Certification

ACLS Certification

Assessments

Home health aide skills — Highly Proficient

March 2020

Providing care to patients in a home setting.

Full results: [Highly Proficient](#)

Clinical judgment — Highly Proficient

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Medical terminology — Proficient

March 2020

Understanding and using medical terminology

Full results: [Proficient](#)

First aid — Proficient

March 2020

Treating common medical emergencies

Full results: [Proficient](#)

Case management & social work — Proficient

October 2020

Prioritizing case tasks, gathering information, and providing services without judgment

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.