

# Jessica Cormalis Espinosa

Monrovia, CA

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(626) 802-7083

I am passionate about putting evidence-based clinical practice standards into action and improving clinical outcomes. I greet every day with a smile on my face. Excellent communication, troubleshooting, and problem-solving skills. Self-directed team player who remains calm under pressure. Able to focus, develop strategies and exceed expectations with a safety-first approach and positive attitude. Strong rapport with personnel, patients, and associates based on compassion, knowledge, and integrity.

Authorized to work in the US for any employer

## Work Experience

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### **Pediatric Intensive Care Unit Registered Nurse**

Millers Women's and Children's hospital - Long Beach, CA

October 2020 to Present

- Identify critically ill children with multi-system dysfunction in a high acuity medical-surgical PICU, as well as rapid assessment and interventions of traumatic injuries in a Level 1 pediatric trauma center.
- Act as a functioning member of the pediatric Code White team and respond accordingly to hospital-wide emergencies.
- Maintain patients on life supportive measures including conventional mechanical ventilators and high frequency oscillating ventilators.
- Effectively titrate vasopressors, chronometers, and inotropes to maintain hemodynamic stability.
- Manage advanced intensive care equipment, including arterial lines, intra-abdominal pressure monitors, external ventricular drains, ventricular bolt pressure monitors, and central venous pressure monitors.
- Uphold appropriate pharmacological understanding of opioids, benzodiazepines, barbiturates, etc. used to maintain appropriate sedation throughout bedside procedures as well as the duration of intubation.
- Collaborate with physicians, nurses, respiratory therapists, and entire multidisciplinary team to initiate treatment plans that provide physical, spiritual, and emotional support consistent with evidence based practice.
- Managed and operated CRRT and Peritoneal dialysis

### **Oncology Outpatient Clinician**

Pediatric Hematology

October 2019 to October 2020

- Manage and coordinate plan of care for patients.
- Chemotherapy roadmap maintenance, updating and management.
- Conduct nursing assessments during routine, sick and CCS clinic visits.
- Knowledge of CPT and ICD codes.
- Knowledgeable in the 5 domains of HEDIS.
- Assist with procedures such as lumbar punctures and bone marrow aspirates

- Acts as liaison for patient care between family, staff and physician
- Direct contact for families, insurances, physicians and all other members of the care team
- Responsible for communication between physician, staff and patient and family.

### **Pediatric Intensive Care Unit Registered Nurse**

Loma Linda University Children's Hospital

March 2015 to October 2019

- Charge Nurse which facilitates all patient and non patient related issues on the 25 bed level 1 trauma unit
- Participated in Unit Based Council from 2017-2019 and was appointed as Chair for the 2018-2019 Professional Governance Committee. This allocated group was designed to empower nurses to take on leadership roles and aided in regulatory audits, quality improvement audits.
- Knowledgeable in the 5 domains of HEDIS.
- Identify critically ill children with multi-system dysfunction in a high acuity medical-surgical PICU, as well as rapid assessment and interventions of traumatic injuries in a Level 1 pediatric trauma center.
- Act as a functioning member of the pediatric Code White team and respond accordingly to hospital-wide emergencies.
- Maintain patients on life supportive measures including conventional mechanical ventilators and high frequency oscillating ventilators.
- Effectively titrate vasopressors, chronotropes, and inotropes to maintain hemodynamic stability.
- Manage advanced intensive care equipment, including arterial lines, intra-abdominal pressure monitors, external ventricular drains, ventricular bolt pressure monitors, and central venous pressure monitors.
- Uphold appropriate pharmacological understanding of opioids, benzodiazepines, barbiturates, etc. used to maintain appropriate sedation throughout bedside procedures as well as the duration of intubation.
- Collaborate with physicians, nurses, respiratory therapists, and entire multidisciplinary team to initiate treatment plans that provide physical, spiritual, and emotional support consistent with evidence based practice.
- Serve as a preceptor to new hires in the PICU as well as nursing students, orienting preceptee to unit protocol as well as assisting preceptee to establish critical thinking, time management, and prioritization skills in the critical care setting.
- Managed and operated CRRT and Peritoneal dialysis

### **Study Group Leader**

West Coast University School of Nursing

January 2012 to March 2014

Facilitated group study sessions for Basic Nursing Skills, Medical Surgical Nursing I and II, and Pharmacology courses that incorporated content with study skills, created lesson plans and activities to review and reinforce lecture and clinical material.

### **Restaurant Manager**

Jersey Mike's

June 2010 to September 2012

- Recruited, trained and supervised staff
- Managed budgets
- Ensured compliance with licensing, hygiene and health and safety legislation/guidelines
- Promoted and marketing the business

- Monitored stock levels and ordered supplies
- Handled customer enquiries and complaints
- Greeted and advised customers
- Problem solving

## **Restaurant Manager**

Joe's Place

May 2008 to May 2011

- Recruited, trained and supervised staff
- Managed budgets
- Ensured compliance with licensing, hygiene and health and safety legislation/guidelines
- Promoted and marketing the business
- Monitored stock levels and ordered supplies
- Handled customer enquiries and complaints
- Greeted and advised customers
- Problem solving
- Prepared and presenting staffing/sales reports
- Kept statistical and financial records
- Assessed and improved profitability
- Handled administration and paperwork
- I would liaise with customers, employees, suppliers, licensing authorities and sales representatives

## **Police Dispatcher**

City Of Arcadia

August 2006 to May 2008

- Operated a multi-line telephone console system, alerting system, and TDD system for the deaf and hearing-impaired
- Translated information to the appropriate codes
- Determined and assigned the level of priority of the call and entered the data into a computer-aided dispatch system for radio dispatch purposes
- Performed emergency medical dispatch and crisis intervention services
- Asked vital questions and provided pre-arrival instructions for emergency medical calls
- Monitored and operated a radio console and computer equipment
- Received and responded to a variety of emergency and non-emergency services and complaints
- Asked questions to interpret, analyzed and anticipated the caller's situation as to resolve problems, provided information, dispatched emergency services, or referred callers to other agencies
- Dispatched and coordinated the responses of public safety agencies
- Identified appropriate number and type of equipment or apparatus to dispatch
- Entered and modified information into local, state and national computer databases
- Monitored and responded to a variety of technical systems and alarms

## **Environmental Educator/ Forest Ranger**

U. S. D. A

October 2004 to August 2006

- Provided environmental education to children ranging from ages 5-18, such as water quality, Native American studies, geology, botany and native animals in the San Gabriel River Ranger District.
- Operated and maintained emergency medical equipment and provided medical aid/ emergency medical response

- Ensured visitors understood and abided by the safety protocol of the Education facility and were educated and took precaution in the surrounding wilderness
- Provided general information to visitors
- Community outreach programs and activities
- Interpretive programs
- Junior Ranger Programs
- Summer camp and Summer education programs
- Trail and facilities maintenance

## Education

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### **BSN**

West Coast University

August 2014

### **Associate Degree of Science**

Citrus College

2006

### **Associate Degree of Math in Math**

Citrus College

2006

## Skills

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- Crisis Intervention
- Dialysis Experience
- ICD Coding
- ICU Experience
- Critical Care Experience
- HEDIS
- ICD-9
- Software Troubleshooting
- Medical Records
- Anatomy Knowledge
- ICD-10
- Epic
- Hospital Experience
- CPT Coding
- EMR Systems