

# Stella Turkson

## **Registered Nurse**

Lakewood, CA

[stellaturkson08@gmail.com](mailto:stellaturkson08@gmail.com)

(951)-807-9764

I am dedicated, compassionate, detail oriented, and have great communication skills. I have been an emotionally supportive Labor and Delivery Nurse energized through patient interaction and education of expectant parents regarding options for labor, delivery and postpartum care. Relationship building nursing provider experienced in unit development through compassionate provision of services and family-centered care. Engaging collaborator well liked and respected by peers, physicians, subordinates and other staff members.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

East Los Angeles Doctors Hospital - Los Angeles, CA

March 2017 to Present

Labor and delivery Nurse

- Monitored fetal heart rate throughout labor process.
- Managed maternal pain and educated patient regarding pain alleviation options toward positive and individualized decision making.
- Assisted physician in vaginal deliveries.
- Educated patients and their support person regarding subsequent activities and expectations toward optimal readiness in progression to delivery.
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### **Clinical Instructor- Obstetrics**

American University of Health Sciences - Los Angeles, CA

March 2018 to December 2019

- Provided competent related clinical instruction for the Entry Level Masters in Nursing Program in the area of Maternal Health Nursing for 8 to 10 students at the clinical site.
- Supported and encouraged students in learning while providing nursing care using evidence based practice.
- Created patient assignments each week for each student.
- Evaluated skills, clinical performance, and written care plans of students.
- Led post conference huddles

### **Registered Nurse**

DOCTORS CHOICE HOME HEALTH - Los Angeles, CA

January 2017 to March 2018

Responsible for managing the care of a group of clients within the home health setting.

- Traveled to client's home throughout the week to evaluate and ensure wellness.
- Involved in providing education to client's based off of their individualized care plan.
- Evaluated effectiveness of teaching from all clients after providing education.
- Performed comprehensive assessments and compared findings to baseline data.
- Electronically documented all findings in the system and sent reports to the case managers.
- Ensured all medications were present and assisted in refilling medications.
- Contacted doctor's with abnormal findings and carried out any new orders.

## Education

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### **Masters in Nursing**

Mervyn M Dymally School of Nursing  
June 2016

### **Bachelors of Science in Public Health**

August Hawkins Mental Health Center  
September 2008 to June 2013

### **Nursing Fundamentals**

Hollywood Presbyterian Medical Center  
  
California State University

## Nursing Licenses

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### **RN**

Expires: September 2020  
State: CA

## Skills

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- Detail oriented, organizational skills, critical thinking, dedicated, patient, compassionate, great communication, team player, (4 years)
- Nursing
- Hospital Experience
- EMR Systems
- Medication Administration
- Triage

## Certifications and Licenses

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### **BLS for Healthcare Providers**

November 2018

### **NRP**

February 2019

**Registered Nurse (RN)**

September 2018

**BLS, ACLS**

**Drivers License**