

Rachael Young  
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## Education

ECPI University College of Nursing  
Bachelor of Science in Nursing  
Graduated Top 10%, Dean's List  
Lake Mary, FL  
July 2017

University of Wisconsin-Madison  
Bachelor of Science in Kinesiology – Exercise Science  
Dean's List: Fall 2011, Fall 2012  
Madison, WI  
December 2012

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## Health Care Work Experience

**Nashville Plastic Surgery Institute @ Maxwell Aesthetics**  
Operating Room Director  
Nashville, TN  
*August 2021-present*

- Order/organize inventory of surgical supplies
- Hire and schedule perioperative staff
  - keep employee files current/active with certifications/licenses
- Stay up to date on state regulations including fire safety, surgical logs, OSHA requirements

Registered Nurse - Perioperative (PRN)  
*January 2021-July 2021*

- Follow patients throughout the perioperative process
  - Interview patients preoperatively, circulate case, recover patient until discharge

**Ascension Columbia St. Mary's Milwaukee**  
Travel Contract: Registered Nurse - Operating Room  
Milwaukee, WI  
*April 2021-July 2021*

- Specialties included: Plastics, Gynecology, Robotics, General, Colorectal, Burns

**Vanderbilt University Medical Center**  
Travel Contract: Registered Nurse - Operating Room  
Nashville, TN  
*January 2021-April 2021*

- Specialties included: Plastics, Bariatrics, General, Oncology, ENT, Colorectal

**Saint Thomas Surgicare (United Surgical Partners International)**  
Registered Nurse - Preop (PRN)  
Nashville, TN  
*January 2020-December 2020*

- Responsible for interviewing patient preoperatively and establishing baseline vitals and assessment
- Verify surgical procedure with patient and obtain signature for surgical and anesthesia consent

**Ascension Saint Thomas Midtown Hospital**  
Registered Nurse - Operating Room  
Nashville, TN  
*March 2018-December 2020*

- Managed patient flow from pre-surgery interview to post-surgery report
- Part of a surgical team that ensured smooth operation throughout each procedure
- Project manager for overhaul of Doctor Preference Cards: editing picklists, charts, and preferences
- Involved in developing processes for more efficient work flow, department productivity, and patient safety

**Freedom Physical Therapy Services**  
Physical Therapy Aide  
Grafton, WI  
*August 2013-July 2015*

- Aided the therapist with different modalities as well as directed patient exercise sets
- Scheduled patients, collected co-payments, insurance information, and answered phones

## Professional Experience

**Walt Disney World**  
Server – Olivia's Café  
Lake Buena Vista, FL  
*July 2017-December 2017*

- Monitor tables to handle requests, deliver items, and fill drinks

Seater – Tusker House  
*March 2016-July 2017*

- Check guests in for reservations, register walk-ins when available, and lead guests to their tables

**University of Wisconsin-Madison Women's Basketball**

Madison, WI

Manager

*September 2009-December 2012*

- Assisted coaches, team members and athletic staff in preparation for competition
- Served as team resource during practice – clock management, statistical recording, and rebounding
- Coordinated all necessary team equipment for road trips both before and during team travel
- Completed office/clerical duties as assigned by the Operations Director

**Volunteer Experience**

**The Great Escape Midwest (Youth Conference Ministries)**

Green Lake, WI

Multiple Positions Held

*June 2006 - July 2017*

- Work Crew, Recreation Team Field Leader, Recreation Director, Work Crew Boss
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**Certifications**

- American Heart Association: Basic Life Support
- American Heart Association: Advanced Cardiovascular Life Support

*Expires 12/2022*

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