# Thomasina Anderson

## **Charge Nurse**

Dallas, TX

tdeshea004@gmail.com

Attentive Registered Nurse who is excited to bring expertise in patient care to your growing facility. Highly accomplished in quickly building rapport with patients, performing assessments and using clinical knowledge and skills to treat patients. I am committed to working as part of a large team to deliver high-quality care to diverse patient populations.

Authorized to work in the US for any employer

## Work Experience

### **Registered Nurse Case Manager**

Homecare Network - DeSoto, TX July 2019 to Present

- Assess and chart observations of the patient's condition at each visit
- Complete evaluation tasks, including reviewing medication and vital signs
- Administer Physician-prescribed medication
- Dress or redress wounds and assess the healing progress
- Provide education to patients and families on proper home health care procedures and strategies
- Coordinate with physicians, physical therapists, occupational therapists and other individuals in the patient's care plan

#### **Charge Nurse**

Red Oak Health and Rehabilitation - Red Oak, TX February 2019 to Present

To provide nursing care to residents as prescribed by the physician and in accordance with standards of nursing practices, regulations and directed by the director of nursing. To lead or direct licensed and non professional staff in the delivery of direct resident care and support functions.

#### **Preceptorship Nurse**

Texas Health Resources - Dallas, TX August 2016 to November 2017

Dallas, Texas

- Monitored five assigned patients, updating information on vital signs and progress of treatment.
- Documented data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.
- Assessed condition of patients, ordering and evaluating diagnostic tests as needed.
- Collaborated with other healthcare professionals to plan, manage, and assess patient treatments in the acute care unit with a bed capacity of 32 patients.
- Administered blood product transfusions or intravenous infusions, monitoring patients for adverse reactions.

- Performed emergency medical procedures, such as basic cardiac life support (BLS) and other condition stabilizing interventions.
- Discussed illnesses and treatments with patients and family members in a supportive manner.

### Education

## **Associate of Science**

Nursing El Centro College - Dallas, TX

## **Nursing Licenses**

#### RN

### Skills

- TIME MANAGEMENT (10+ years)
- RN
- Home Health
- Med Surg
- Emergency Room
- Medical Surgical
- ER
- Vital Signs
- Medication Administration
- Nursing
- Case Management
- EMR Systems
- Hospital Experience
- Home Care

### Certifications and Licenses

### **BLS Certification**

### Additional Information

#### **SKILLS**

- Time management skills
- Quick learner
- Excellent communication
- Patient-focused Care

- Sound decision-making
- Personal and professional integrity
- Team leader