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OBJECTIVE:

Over 25 years' experience in nursing with effective interpersonal skills and ability to work with team members in a fa st-paced environment, with occasional periods of above average pressure. Excellent customer service. Responsible for the delivery of excellence in patient care through assessing, formulating nursing diagnoses and establishing goals , planning and implementing intervention and evaluating patient care outcomes. With the staff nurse's professional pr actice he/she Responsible for participating in and maintaining quality, cost effectiveness and guest relations. Provid e patient care in compliance with hospital policies and procedures and the standards of professional nursing practice as defined by the Board of Nurse Examiners for the State of Texas.

EDUCATION:

Bachelor of Science in Nursing, Air Force University, Tehran (1991-1994)

SUMMARY OF QUALIFICATIONS:

- Utilizes the nursing process to ensure appropriate patient care is provided in a cost effective, quality driven, and pat ient focused manner. Collects pertinent social, psychological, developmental and spiritual data from the patient, sign ificant others and other health care team members.
- Performs as ongoing assessment, formulates nursing diagnosis and goals, plans appropriate interventions, and eval uates the outcome of the interventions.
- Consistently documents in the patient and unit records according to written health system standards of care in order to meet legal and quality patient care requirements.
- Provides appropriate teaching and information to patients and families including information on Pain Management, Nutrition, Skin Integrity, Fall Prevention, Diabetes, Disease Process, Smoking Cessation, and Discharge instruction s.
- Demonstrates commitment to the goals and values of the patient, Hospital, community and nursing profession thro ugh cost containment measures, maintaining confidentiality, appropriate ethical decision –making, and ensuring patient safety.
- Uses interventions substantiated by research as appropriate in the patient population, participates in research activit ies, identifies opportunities for research, and collaborates with the Outcomes managers and department.
- Participates in quality of care activities, evaluates the quality and the effectiveness of nursing practice. Assists in co llecting quality data, analyzes the data, and formulates action plans to improve quality care.

WORK HISTORY: PACU and preop Nurse at Mission surgery center from 10/10/2021

Texas Women's Hospital, 2017; General main PACUand out patient OB/GYN surgery

Preop and Postop Outpatient Clinics (more than 8 years) and over 200 clinics in California and Texas Includes – Plas tic Surgery, ENT, General Surgery, Orthopedics, Cosmetic, OB/GYN, Pain Management, Interventional Cardiolog y, Pediatrics, EYE, Endoscopy and colonoscopy

St. Luke's Hospital at the Vintage (November 2014-2020

Registered Nurse - Maternal Child Services, LDRP Unit. Newborn transition, newborn nursery, mother/baby, antep artum.

Memorial-Hermann Hospital, Memorial City (June 2012-November 2014) – Houston, Texas - Registered Nurse – P ACU. C-section recovery, mother/baby, antepartum.

Christus St. Catherine, Women's Services (2008-2012), Katy, Texas Registered Nurse (LDRP). Mother/baby.

Airforce Hospital, Iran (1994-2001)

Med/Surg Nurse - Women's Services

PROFESSIONAL ORGANIZATIONS/MEMBERSHIPS/HONORS:

Active Compact Certified Registered Nurse in Texas; CPR, ACLS, NRP, Basic Fetal Monitoring, electronic charting (Epic), Q.S., Meditech, Care 4, Central Prenatal.

Active California certification Register Nurse BSN

LANGUAGES SPOKEN:

English, Persian, some Arabic