Kelly Vasel

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Experienced Registered Nurse

I am a registered nurse deeply committed to providing high-quality, compassionate patient care. Nursing background includes medical/surgical with supervisory experience, ambulatory surgery center, endoscopy lab, cancer care clinic and infusion therapy, as well as in-patient float nursing to cardiac, neuro, orthopedic, med/surg, and oncology units. I am a highly organized individual with a proven record of reliability and responsibility while achieving high levels of patient satisfaction. I am dependable with an exceptional willingness to learn.

Licensure & Certifications

* Registered Nurse, License # 2012021881
* ACLS & BLS Certified
* ONS Fundamentals of Chemotherapy & Biotherapy Certification

Education

* **Bachelor of Science** **– Nursing** – Central Methodist University – May, 2015
* **Associates of Science- Nursing** - St. Louis Community College, St. Louis, MO- May, 2012
* **Bachelor of Science - Organization Leadership** – Purdue University 1996

Professional Experience

**Staff Nurse SSM– Float Pool PRN,** 8/23/15 – Present

* *Float to the following units:*
  + **Ambulatory Procedure Center:**
* Provide accurate and concise pre-procedure documentation of adults scheduled for surgical procedures including patient assessment, health & surgical history, review of home medications, and completion of surgical consents.
* Monitor patients prior to surgery including EKG monitoring.
* Establish IV access and administer pre-procedure medications.
* Perform pre-discharge recovery assessment on patient’s coming from PACU.
* Review and educate patient and family on written discharge instructions including medications and follow-up care.
* Provide all post-op recovery& discharge care to GI patients undergoing outpatient colonoscopy and endoscopy procedures.
  + **Endoscopy GI Lab:**
    - Set up endoscopy suite for colonoscopy and EGD procedures.
    - Verify patient’s consent for procedures and compliance with pre-op instructions.
    - Safely transport, move, and position patients pre and post operatively.
    - Perform circulating duties during procedures including EMR documentation and assisting with

instrumentation during procedures as needed.

* + - Responsible for accurate labeling & handling of specimens.
    - Perform pre-procedure assessment and documentation of inpatients having GI procedures.
* **Inpatient Float Units: medical/surgical/oncology, orthopedic, cardiac, neuro, EIU**

Responsibilities include:

* Manage caseload of 4-6 patient team
* Utilize strong assessment skills to determine patient needs
* Safely prepare & administer IV, oral, IM, and subcutaneous medications
* Educate patients & families on disease process & management, medical/surgical procedures,
* potential post-op complications, precautions, medications, coping skills, and health promotion.
* Assist patients with recovery and healing after surgery.
* Evaluate lab & test results and report abnormalities to physicians
* Provide quality nursing care in accordance with mission, policies, and procedures of the facility.
* Sound, ethical, and independent decision-making ability consistent with medical protocols.
* Collaborate with multi-disciplinary team to deliver effective patient care
* Accurately document all elements of nursing assessment, treatment, medications, discharge instructions, and follow-up care.

**Oncology & Infusion Nurse SSM Cancer Care PRN,** 11/2017 to Present

* **Oncology Clinic**
* Assess VS for patients seeing physicians and nurse practitioners.
* Assist patients to exam rooms.
* Review and reconcile home medications and allergies.
* Document review of systems and detail patient current concerns
* Triage incoming patient calls
  + Evaluate and assess symptoms and consult with physicians
  + Provide with medical advice based on physician recommendations
* Refill prescriptions
* Record PHQ-2 screening information and PHQ-9 if patient qualifies.
  + Provide mental health resource handout to qualifying patients and relay findings to doctors and NPs
  + Assist with check out process when needed
  + Schedule follow up appointments, imaging, and lab work
* Complete patient FMLA and disability forms
* **Infusion RN within Cancer Care and Outpatient Infusion**
* Greet patients and prepare them for injections and/or infusion of intravenous medications including chemotherapy, biotherapy/immunotherapy, blood products, rheumatology, GI, neurological, and cardiac specialties.
* Assess vital signs and complete patient assessment & document per EMR prior to medication administration.
* Monitor and verify laboratory values are within acceptable range for medication administration.
* Establish and manage IV peripheral access or central line access including ports and PICC lines.
* Draw labs as ordered by providers.
* Verify signed consent for treatment was obtained and signed by provider and patient.
* Recalculate chemotherapy doses independently for accuracy.
* Administer appropriate pre-medication and pre-hydration orders.
* Conduct dual nurse verification and sign off prior to medication administration:
  + Compare original order to dispensed drug label at the bedside with another infusion RN and verify patient identity.
* Diligent monitoring of IV and central lines for infiltration, phlebitis, & extravasation.
* Continuous patient monitoring for acute/adverse drug effects and allergic reactions.
  + Prompt recognition and management of medication reactions.
* Safe handling & disposal of chemotherapy & hazardous materials.
* Accurately document in EMR the medications given and patient response, including any adverse events.
* Educate patients regarding medication including side effects and teach interventions for management.
* Schedule follow-up appointments.
* Initiate & set up home chemo infusion pumps.
* Ensure patient has appropriate discharge instructions and emergency contact information.
* Coordinate with multidisciplinary team including social worker, financial liaison, pastoral care, & physician to assist with patient health care needs.
* Assist with maintaining infusion room supplies and materials and ensures cleanliness of area.

**Clinical Support Nurse (Charge Nurse) SSM St. Clare,** Sept. 2014- August 22, 2015

* Daily oversight of a 24-bed Medical/Surgical unit with high patient acuity including
* Responsible for unit productivity & staffing, bed flow, service recovery, mentoring/coaching and clinically supporting staff, quality assurance & quality improvement, and core measure compliance. Occasionally worked in staff nursing role managing a caseload of six patients.

**Staff Nurse SSM St. Clare, Medical/Surgical Floor** Sept 2012- Oct. 2014

* Provide exceptional care to caseload of 6 patient team with various medical/surgical conditions

**Staff Nurse St. Anthony’s Medical Center – Float Pool PRN,** 3/2016 – 7/31/2017

* Floated in role of staff nurse to various units including surgical step down, orthopedics, and med/surg & oncology

Skill Highlight

* Establish and maintain peripheral IV's, implanted Ports, & PICC lines
* Excellent phlebotomy skills
* Administer biotherapy, chemotherapy, blood products, other drugs, and monitor patients
* Safely prepare & administer IV, oral, IM, and subcutaneous medications
* Educate patients & families on disease process & management, medical/surgical procedures, potential post-op complications, precautions, medications, coping skills, and health promotion.
* Phone triage of patient’s medical needs for Cancer Care including illness, test results, prescription refills, tests and appointment scheduling
* Ambulatory surgery nurse
* Endoscopy/GI Lab nurse
* Wound & Ostomy care
* Foley Catheter Insertion & Management
* Pain management
* NG tube placement & management, Peg tube care
* Accurately document all elements of nursing care assessment, treatment, medications, discharge instructions, and follow-up care utilizing EMR.
* Collaborate with multi-disciplinary team to deliver effective patient care
* Ability to prioritize and multi-task in fast paced healthcare environments without compromising quality of care

Honors & Volunteering

* Numerous Daisy Award Nominations
* Recipient of Great Catch Award – Stopping the Line
* Nominated for Nursing Practice and Professional Award
* Volunteered at:
  + The Harvest Table, Washington, Missouri
  + Thrive St. Louis
  + Feed My Starving Children

***References Available upon request***