

Siobhvan Dixon

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PROFESSIONAL SUMMARY

Hardworking Registered Nurse with 3 years of experience in providing individualized patient care. Committed to delivering best-in-class patient care through effective education and counseling. Proven leadership focused on increasing and enhancing patient care and satisfaction. Streamline safety protocols for comprehensive patient care. As a nurse who supports entheogenic plant medicine, I am very passionate about providing positive patient outcomes, harm reduction, and in returning autonomy to the patient.

SKILLS

- Preventative Health
- HIPAA education
- Compassion
- Cultural awareness
- Microsoft Office
- Computer skills
- Detail-oriented

- Critical thinking
- Medical Records Management
- Responding to emergencies
- Responsible
- Excellent work ethic
- Learning Management Systems

WORK HISTORY

REGISTERED NURSE, PROGRESSIVE CARE UNIT

02/2019 to CURRENT

Ascension Sacred Heart | Pensacola, FL

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.
- Liaised with patients following cardiothoracic surgical procedures, providing support and education on post-surgical care.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to four patients daily.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Maintained respectful treatment environment that honored patients' and families' cultural and religious traditions and preferences.

- Oversaw various aspects of telemetry by administering PA catheters and arterials, vasoactive drugs, titration, thrombolytic therapy, dysrhythmia interpretation and chest tubes.
- Produced care plans in alignment with physical, psychosocial and learning needs of patients, achieving commendations for compassionate treatment.
- Assisted in diagnosis and treatment of conditions such as unstable angina, cardiomyopathy, coronary artery disease, and cardiac dysrhythmia.
- Administered nursing care to cardiac patients undergoing diagnostic, therapeutic or emergency services.
- Administered medication, pain management and analysis of patient responses to interventions to improve individual performance.

ORTHOPEDIC REGISTERED NURSE

02/2018 to 02/2021

Baptist Health Care | Pensacola, FL

- Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.
- Explained course of care and medications, including side effects to patients and caregivers in easy-to-understand terms.
- Reported patients' status and delegated nurse assignments to achieve optimal outcomes.
- Educated family members and caregivers on patient care instructions.
- Implemented interventions, including medication and IV administration, catheter insertion and airway management.
- Evaluated patients' pain levels, implementing correct dosage of medication to alleviate discomfort.
- Communicated with physicians to provide updates on patient care.
- Followed all HIPAA rules and regulations regarding patient confidentiality.
- Maintained energy and enthusiasm in fast-paced environment.

PATIENT CARE TECHNICIAN

03/2016 to 10/2017

Ascension Sacred Heart | Pensacola, FL

- Obtained patient vital signs and reported results to staff nurse or physician, noting changes from prior measurements.
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
- Interacted effectively with patients, families, staff and other hospital department staff to deliver high level of customer service and teamwork.
- Helped patients maintain healthy skin by checking wounds, assessing integrity and bathing bedbound individuals.
- Responded to patient emergencies with immediate care and notified clinicians to provide comprehensive assistance.
- Supported patient admissions, discharges and transfers to promote team efficiency.

- Attended to patient and family's immediate needs and concerns by acknowledging and providing required attention.
- Assisted in providing patients with nutritional needs by transporting food trays and aiding with feeding.
- Obtained biological specimens for ordered tests and prepared for laboratory transport.

TEAM LEADER

04/2014 to 05/2015

Chick-fil-A | Pensacola, FL

- Built strong relationships with customers through positive attitude and attentive response.
- Conducted training and mentored team members to promote productivity, accuracy and commitment to friendly service.
- Prepared cooking supplies, ingredients and workstations during opening and closing procedures to maximize efficiency.
- Sanitized kitchen surfaces and equipment by cleaning grills, griddles, ovens and fryers
- Distributed food to wait staff quickly during busy peak periods to drive customer satisfaction.
- Operated dishwasher and manually washed dishes to clean all chinaware, silverware and cooking utensils.
- Trained and assisted new kitchen staff members.
- Practiced proper safety and sanitation standards.
- Cooked all menu items according to specified instructions.

MAID 04/2013 to 11/2013

Student Maid | Pensacola, FL

- Disposed of trash and recyclables each day to avoid waste buildup.
- Disinfected bathrooms and removed mold from shower stalls and bathtubs.
- Restocked room supplies such as facial tissues for personal touch with every job.
- Engaged positively with residents while cleaning apartments and common areas.
- Completed laundry services with special attention to care instructions, including hand-washing and dry cleaning.
- Assisted homeowner with laundry duties, including folding, ironing and pressing.
- Cleaned elevators, glass and planters in public areas such as lobby, pool and public restrooms.
- Stripped and refinished hard surface floors to maintain quality condition and appearance.
- Hand-dusted and wiped down office furniture, fixtures and window sills to keep areas clean and comfortable.

 Accepted accountability for all assigned building keys, master keys and access cards.

EDUCATION \bigcirc

Associate of Science | Nursing

08/2017

Pensacola State College, Pensacola, FL

- Member of Phi Theta Kappa
- Graduated with 3.86 GPA
- Continuing education in Medical Cannabis Consulting by Cansoom May 2021
- Active member of American Cannabis Nurses Association (ACNA) and Cannabis Nurses Network (CNN).