

# **Tesha Claude, RN**

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Slidell, La 70461

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## **Career Objective**

I am an innovative, ethical and professional Registered Nurse known for the ability to quickly discern needs, solve problems and strengthen relationships with diverse population of patients and families in a high-volume unit. My goal is to provide quality care to those in need while adhering to the policies and procedures set forth by the facility

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## **CORE COMPETENCIES**

**LEADERSHIP • TRAINING • TECHNICAL SKILLS • OPERATIONS • MANAGEMENT**

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## **Summary of Qualifications**

- CPR, Caring, competent nursing skills
  - Organization and multitasking abilities
  - Goal oriented team player with the ability to multi-task and meet deadlines
  - Exceptional understanding of advanced practical nursing techniques and methods
  - Nursing Care-Vital Signs- Specimen Collection-Medicine-Administration Record-Wound
  - Dressing-Catheter Care-Immunization
  - Competent and reliable professional, committed to top quality work
  - Enthusiastic, dependable, self-motivated
  - Demonstrated ability to adapt to new equipment & technology
  - Documentation is legible, timely and in accordance with policy
  - Documentation reflects objective/subjective data, nursing interventions and patient's response to treatment
  - Medical Billing and Coding, Medical Records Management, Inventory Management
  - HIPPA & JCAHO Knowledge, Census/Master Patient Index, Patient Scheduling and Education
  - HMO, Medicare, Tricare, and Medicaid
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## **Professional Experience**

**SnapNurse Travel Agency- Our Lady of The Lake Hospital**

**Baton Rouge, La**

**Baton Rouge, La**

**Start and Ending Date: Aug-2021-Oct-2021**

**Job Title Registered Nurse: Med Surg/Tele COVID Nurse**

**Hours Worked 72 Hrs/wk**

**Responsibilities:**

- Performed as a first responder to Code Blues and Rapid Responses throughout the hospital
- Educated patients and families in areas of medication, safety, prevention, and symptom management
- Responsible for continuous monitoring and assessment of assigned patients, maintained and recorded accurate and detailed flowsheets of patient's condition, reported any symptoms and changes in patient's condition.
- Readied patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures and the operation room.
- Administered blood and blood product transfusions and monitored patients for adverse reactions
- Monitored chest tubes, JP drains, PD catheters, nephrostomy tubes and pacer wires.
- Prepared and administered oral, rectal, NG/PEG tubes, SUBQ, IM, IV, and recorded prescribed medications.
- Special watch over the care of patients with cardiac conditions such as chest pains, arrhythmias, CVA, MI, post-infarct, etc.
- Performed tasks of monitoring, analyzing and interpreting data on blood pressure, heartbeat and physical distress.

- Developed, implemented, and updated individualized nursing care plans and reported pertinent observations and patient reactions to appropriate personnel (physician, head nurse, charge nurse and/or nursing supervisor) and records observations accurately, legibly, and concisely.
- Consulted and coordinated with health care team members to assess, plan, implement and evaluate patient care plans in a dynamic critical care environment, ordered, interpreted, and evaluated diagnostic tests to identify and assess patient's condition
- Performed comprehensive clinical assessments and implement treatment plans per physician's orders.
- Initiated general pre-operative health practices following physician's orders.
- Provided direct care and monitoring of post-cardiac surgical patients in cardiac unit.
- Provided hands on therapeutic interventions to patients in order to achieve prompt recovery and discharge
- Performed full assessments and provided total patient care for 1-2 patients in the Intensive Care Unit
- Collaborated with physicians and other medical staff to develop an integrated and holistic patient Plan of Care in alignment with patient and family needs
- Administered medications via various routes and monitored patient for adverse effects

**Supervisor: (Brandon Bridges)**

**P :( 225) 803-0933 May contact Yes**

**SnapNurse- DPH MegaPod**

**Start and Ending Date: 01-2021- 4-2021**

**Los Angeles, CA**

**Job Title Registered Nurse: COVID Vaccine Lead Nurse**

**Hours Worked 60 Hrs**

**Responsibilities:**

- Administering the vaccination, and observing the client afterwards for possible reactions
- Registration, providing education, and discharge teaching

**Supervisor: (Melaine Chiong)**

**P :( 213) 716-1614 May contact Yes**

**Gifted Healthcare (Per-diem)**

**New Orleans, La**

**Start and Ending Dates: 08-2018 – 3-2021**

**Job Title: Registered Nurse in NICU, Med-Surg, ICU, and Stepdown**

**Hours Work 36 Hrs.**

**Responsibilities:**

- Responsible for the direct patient care of complex patients in the NICU Gifted Healthcare environment, maintain equipment, monitors closely for infections or any status change, provide support and education to parents and family members.
- Provided care for the highest acuity of babies including surgical patients, managed babies with numerous
- Perform the diagnosis, treatment, and intensive care of infants in the first few months of life.
- Administrative and referral experience including admission, assessment, treatment, referral and education for newborns and infants.
- Establish goals for each patient and provide developmentally appropriate care to reach those goals.
- Discuss and plan with the MD/NNP and other staff to meet the needs of each patient
- Collaborate with all members of the Gifted Healthcare team to ensure effective and efficient patient care.
- Provided assistance to physicians in treatment administration and in performing diagnostic tests medical examinations and surgical operations.
- Assist physicians in administering treatments and in performing medical examinations, diagnostic tests and surgical operations.
- Counsel and advised patients, families regarding special medical problems and proper health care methods.
- Prepare and maintained concise and complete records and reports, providing orientation and training to new staff, residents, medical students, ROP and nursing students.
- Electronically documented patient's response to nursing and non-nursing interventions
- Perform complete head-to-toe assessments, focusing on physiologic and psychosocial changes, on each patient every 12-hour
- Provide preoperative and postoperative education to patients and their families
- Participate in education and instructions preceding patient's discharge
- Manage patient's pain using pharmacological and non-pharmacological pain management interventions

**Supervisor: (Catherine Lee)**

**P :( 504) 831-2123 May contact Yes**

**Marin General Hospital**

**Greenbrae, CA**

**Start and Ending Dates: 04-2019 – 06-2020**

**Job Title: Registered Nurse in NICU, Cardiac Step-down, ICU and Med-Surg**

**Hours Work 36 Hrs.**

**Responsibilities:**

- Responsible for attending deliveries and providing appropriate medical care to full term and premature newborn infants in Touro Infirmary Hospital level II medical center
- Operated and set up machines to help monitor neonatal patient vital signs, such as ventilators, cardiac monitors, pressure lines, and specialized feeding, intravenous etc.
- Assessed patient's oxygen levels over a period to determine breathing and lung maturation.
- Cared for critically ill, newborn infants by monitoring vital signs, keeping them warm and delivering medication when necessary.
- Recorded testing data and lab results on the patient's chart along with other information based on observations during hospital care.
- Partnered with other healthcare providers to develop appropriate treatment plans for newborn infants who were born prematurely, resulting in a 99 percent positive outcome rate
- Provided care and coordinates participation that fosters the goals of the hospital's mission and vision statement
- Medication administration utilizing the latest clinical documentation technology designed to ensure the safest delivery of medications to our patients

**Supervisor: (Ann Lupus)**

**P: (415) (925-0171) May contact Yes**

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**United Healthcare**

**New Orleans, La**

**Start and Ending Dates: 07-2018 -03-2019**

**Job Title: Care Coordinator Manger- New Orleans Market**

**Hours Work 40 Hrs.**

**Responsibilities:**

- Communicated with providers to coordinate appointments and home care support.
- Receive telephone calls, faxes, Internet messages regarding the initiation of a referral or the scheduling patient because of an existing referral.
- Secure all necessary information about the procedure being order, validating the insurance company authorizing the procedure, and the patient. Enter directly into intrepid software all information obtained at the time of the call.
- Performed light touch interviews with patients to identify those that qualify for care management programs.
- Provide support for both the Accountable Care Organization's (ACO) and Managed Programs.
- Telephonic interactions with patients within the ACO to advocate for their medical care as well as provide support to maintain their independence at home after a hospital or nursing home stay.

**Supervisor: (Brandon Tredaway)**

**P: (504) 836-1204 May contact Yes**

**Lofton Staffing Service (People's Health Temp)**

**New Orleans, LA**

**Start and Ending Dates: 02-2018 - 07-2018**

**Job Title: Care Coordinator Manger- New Orleans Market**

**Hours Work 40/Hrs.**

**Responsibilities:**

- Responsibilities included Follow-up calls to SNP members to review their progress toward annual goals.
- Improved health care quality and increase likelihood of desired health outcomes
- Prevented hospital readmission, implemented activities to improve patient safety and reduce medical errors
- Supervised a team of People's Health Temp/home health aides, formally trained each aid to meet patients' specific and evolving needs

- Assisted managers in designing and executing specialty programs such as Telehealth, medication setup/refill programs in order to create exceptional customer experiences
- Set up new patients' profiles in the system, analyzed specific needs and assigned suitable home health aides and medical providers
- Mediated between patients, home health aides and medical providers, and documented necessary situations
- Maintained detailed patient medical records, including patients' health status and diet and provided updated reports to medical provider in compliance with HIPAA requirements
- Reviewed the performance of home health aides to improve the utilization service

**Supervisor: (Michelle McKinnon)**

**P: (504) 210-0500 May contact Yes**

**Touro Infirmiry Hospital**

**New Orleans, LA**

**Start and Ending Dates: 12-2015 – 05-2018**

**Job Title: Neonatal Intensive Care, Well-Baby Nursery, and Med Surg**

**Hours Work 36 Hrs.**

**Responsibilities:**

- Responsible for attending deliveries and providing appropriate medical care to full term and premature newborn infants in Touro Infirmiry Hospital level II medical center
- Operated and set up machines to help monitor neonatal patient vital signs, such as ventilators, cardiac monitors, pressure lines, and specialized feeding, intravenous etc.
- Assessed patient's oxygen levels over a period to determine breathing and lung maturation.
- Cared for critically ill, newborn infants by monitoring vital signs, keeping them warm and delivering medication when necessary.
- Recorded testing data and lab results on the patient's chart along with other information based on observations during hospital care.
- Partnered with other healthcare providers to develop appropriate treatment plans for newborn infants who were born prematurely, resulting in a 99 percent positive outcome rate
- Provided care and coordinates participation that fosters the goals of the hospital's mission and vision statement
- Medication administration utilizing the latest clinical documentation technology designed to ensure the safest delivery of medications to our patients

**Supervisor: (Tanya Robinson)**

**P: (504) (897-7011) May contact Yes**

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**Faststaff Nursing Agency (Santa Rosa Memorial Hospital)**

**Lafayette,**

**Louisiana**

**Start and Ending Dates: 11-2014 – 03-2015**

**Job Title: ICU/SDU/Telemetry/Med Surg**

**Hours Work 36 Hrs.**

**Responsibilities:**

- Provided critical care nursing in the Santa Rosa Memorial Hospital Surgical Intensive Care Units, patients included both acutely and chronically ill patients who were s/p (Status Post) general surgery and had undergone complex surgical procedures, caring for neurosurgery, medical and trauma patients.
- Performed as a first responder to Code Blues and Rapid Responses throughout the hospital
- Educated patients and families in areas of medication, safety, prevention, and symptom management
- Responsible for continuous monitoring and assessment of assigned patients, maintained and recorded accurate and detailed flowsheets of patient's condition, reported any symptoms and changes in patient's condition.
- Readied patients for stress testing, echocardiograms, peripheral diagnostic studies, cardiac catheterization procedures and the operation room.
- Administered blood and blood product transfusions and monitored patients for adverse reactions
- Monitored chest tubes, JP drains, PD catheters, nephrostomy tubes and pacer wires.
- Prepared and administered oral, rectal, NG/PEG tubes, SUBQ, IM, IV, and recorded prescribed medications.
- Special watch over the care of patients with cardiac conditions such as chest pains, arrhythmias, CVA, MI, post-infarct, etc.

- Performed tasks of monitoring, analyzing and interpreting data on blood pressure, heartbeat and physical distress.
- Developed, implemented, and updated individualized nursing care plans and reported pertinent observations and patient reactions to appropriate personnel (physician, head nurse, charge nurse and/or nursing supervisor) and records observations accurately, legibly, and concisely.
- Consulted and coordinated with health care team members to assess, plan, implement and evaluate patient care plans in a dynamic critical care environment, ordered, interpreted, and evaluated diagnostic tests to identify and assess patient's condition
- Performed comprehensive clinical assessments and implement treatment plans per physician's orders.
- Initiated general pre-operative health practices following physician's orders.
- Provided direct care and monitoring of post-cardiac surgical patients in cardiac unit.
- Provided hands on therapeutic interventions to patients in order to achieve prompt recovery and discharge
- Performed full assessments and provided total patient care for 1-2 patients in the Intensive Care Unit
- Collaborated with physicians and other medical staff to develop an integrated and holistic patient Plan of Care in alignment with patient and family needs
- Administered medications via various routes and monitored patient for adverse effects

Supervisor: (Suzanne Tastje)

P: (800)736-8773 May contact Yes

### **Touro Infirmiry Hospital**

**New Orleans, LA**

**Start and Ending Dates: 06-2012 – 11-2014**

**Job Title: Neonatal Intensive Care, Well-Baby Nursery/Med Surg**

**Hours Work 36 Hrs.**

#### **Responsibilities:**

- Responsible for attending deliveries and proving appropriate medical care to full term and premature newborn infants in level II Touro Infirmiry Hospital medical center
- Cared for infants endangered through premature birth, defects; neurologic, renal and cardiac concerns; infants requiring advanced ventilation and extracorporeal membrane oxygenation.
- Monitored NICU patients provide progress reports and administer physician ordered medications orally, intravenously, intramuscularly and subcutaneously.
- Provided emotional support, encouragement, education and status reports to family of NICU infants
- Provided transitional and continuing care for the normal newborn, monitoring for symptoms of potential problems in the newborn period
- Cared for the level II infants needing additional nursing services including phototherapy, IV therapy, oxygen therapy, drug withdrawal monitoring and treatment, etc.
- Performed detailed physical exams, established medical diagnoses, ordered appropriate medical diagnostic exams and wrote daily progress notes/ critical incident notes for critically ill patient population.
- Diagnostic evaluation and interpretation of lab results, radiology studies, and other medical tests.
- Provided information and education to parents regarding current treatment plans and alternative options.
- Encouraged parents to express emotions and concerns regarding their critically ill infant.
- Excellent ability in stabilizing premature infants and term infants in respiratory distress and needing resuscitative care
- Prepared infant and family for tertiary care transport, assisted mothers with breastfeeding providing them with the tools needed for success

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- Prepared equipment and assisted physicians during patient examinations and treatments, attended high-risk deliveries.
- Performed special care like supplemental oxygen, specialized feeding, intravenous etc.

**Supervisor: (Tanya Robinson)**

**P: (504) (897-7011) May contact Yes**

### **University Hospital**

**New Orleans, LA**

**Start and Ending Dates: 10- 2011 – 12-2012**

**Job Title: Staff Nurse**

**Hours Work 36 Hrs.**

#### **Responsibilities:**

### **Medical Intensive Care Unit/Med Surg**

- Cared for patients with triple lumen, CVP, AV fistulas, peg tubes, arterial lines, drug overdose, femoral sheaths, titrateable drips and multi system organ failure
- Palliative care, liaison between doctors and patients, managed nurse's aides to assure that patients got bathed, clean linens, meals, vital signs, etc.
- Assisted Registered Nurses with admissions and monitoring blood infusions, initiated IV therapy treatments, medication administration, and wound care.
- Performed patient assessments, reporting any changes to the charge nurse.
- Received, screened, and directed family and visitors as required, answered and made telephone calls, transferred calls, answered questions as necessary, including patient related calls and appointments.
- Documented any changes related to patient care.
- Processed any orders from the physicians, including medication changes, treatments, and discharge orders.

### **Charge Nurse**

- Coordinated and performed nursing care including assessments, care planning, admissions, transfers and discharges.
- Performed nursing care for the following patient populations: gastrointestinal, urology, bariatric, gynecology, orthopedics, neurology and cardiac telemetry, assumed charge nurse duties and serve as charge nurse as assigned.
- Analyzed, evaluated, organized and updated patient charts to ensure satisfaction in patient care.
- Collaborated with interdisciplinary team including: physicians, physicians' assistants, nurse practitioners, physical therapists, dietitians, occupational therapists, pharmacists, pastoral care and social workers to provide patient care.

**Supervisor: (Fredia Ortega)**

**P: (504 702-3000) May contact Yes**

**Southeast Louisiana Hospital**

**New Orleans, LA**

**Start and Ending Dates: 06-2008 – 10-2011**

**Job Title: Staff Nurse**

**Hours Work 40 Hrs.**

**Responsibilities:**

#### **Mental Health**

- Developed and Implemented behavior groups, medication admin/vital signs, staffing, admitting/discharging/placement
- Monitored and assessed critically ill patients ranging from respiratory failure, sepsis, stroke, diabetic acidosis, multi-system failure, and drug overdoses
- Developed and maintained computerized record management systems to store and process data, such as personnel activities and information, and to produce reports
- Administered/titrated multiple IV drips such as sedation drugs, vasopressors, antibiotics, and anti-arrhythmic.
- Proficient at interpreting EKG strips.
- Assisted physicians in bedside procedures like vascular line insertions, bronchoscopies, and endotracheal intubation.
- Managed patients on ventilators and coordinated with respiratory therapists and doctors when necessary.
- Provided support to patient families by communicating frequently keeping them updated on status of loved one.
- Assumed charge nurse duties and serve as charge nurse as assigned.
- Analyzed, evaluated, organized and updated patient charts to ensure satisfaction in patient care.

#### **Practical Nurse/Mental Health**

- Collaborated with Southeast Louisiana Hospital interdisciplinary team including: physicians, physicians' assistants, nurse practitioners, physical therapists, dietitians, occupational therapists, pharmacists, pastoral care and social workers to provide patient care
- Performed an independent assessment of individuals by evaluating their physical, mental, social and environmental health status and provide nursing interventions based on assessment of need
- Distinguished between physiologically and psychologically based disorders and diagnose appropriately.
- Participated in weekly inter-disciplinary treatment team meetings to discuss individual client treatment plans and discharge planning
- Participated in milieu management, ensured safety for all staff and clients, and performed physical restraints as necessary

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- Executed diagnostic psychiatric and substance abuse evaluations for the adult
  - Provided comprehensive 1:1 individualized patient care and group therapy to emotionally disturbed clients on both long term and short-term units.
  - Collaborated with a multidisciplinary treatment team to revise goals, objectives and interventions appropriate to the changes in the patient status
  - Implemented nursing plan of care for Southeast Louisiana Hospital assigned patients and conducted and/or co-lead group therapy sessions for patients.
  - Evaluated patient's responses to interventions and revised nursing plan of care as needed.
  - Evaluated the needs of the patients, and administered treatments and therapies that restored the patients to baseline functioning.
  - Maintained productivity statistics, outcome measures, chart reviews, documentation standards, program reports and performance evaluations.

**Supervisor: Kevin Beck**

**P: (985-626-6555) May contact Yes**

### **PHILOSOPHY**

Experienced career RN with a personal commitment to enhancing and improving quality patient care, emphasizing comprehensive patient and family education, appropriate team based medical care planning, accurate and efficient management of patient charts and files, equipment-assisted care, and an uncompromising duty to care for the overall mental, physical, spiritual, and psychological requirements of those in need

### **SUMMARY**

Skilled in various aspects of nursing services within mental health, geriatric, clinical, and behavioral health environments, patient teaching with an emphasis on patient assessment, and overseeing operations including assisting physicians with procedures, administration and documentation of medications, and providing nursing care for adult, pediatric, and geriatric patients.

### **TEAMBUILDING**

Strong interpersonal and human relations skills as member of treatment teams demonstrated through coordinating with physicians, RNs, hospital staff, and care providers. Capable of working as a reliable team player with flexibility and accountability, serving as patient advocate, participating in treatment planning, observing JCAHO, HIPAA, and governmental regulations, and assisting medical staff.

### **COMMUNICATION**

Well-developed communication skills demonstrated through interaction with patients, families and physicians, production of detailed written treatment plans and reports, charting patient progress, serving as part of a multi-disciplinary team, and the ability to establish and maintain professional relationships. Knowledgeable in medical computer software systems, hospital based software, and computerized data entry.

### **EDUCATIONAL BACKGROUND**

**Charity School of Nursing**

**Registered Nurse:**

**New Orleans, LA**

**May 2011**

**Sidney Collier Technical College**

**License Practical Nurse**

**New Orleans, LA**

**Dec 1996**

**Warren Easton Senior High School**

**High School Diploma**

**New Orleans, LA 70119**

**May 1995 Year Graduated**

### **Certifications**

- Registered Nurse (RN) – Licensed in Louisiana & California

- ACLS – Advanced Cardiac Life Support
- NRP – Neonatal Resuscitation Program
- BLS – Basic Life Support

### **References**

- Rochelle Humphery's Charge Nurse
- (Nicu) Touro Infirmary, New Orleans, La 70115
- Phone 504-430-0964
  
- Lynn Curran Nurse Manager
- (ICU) Santa Rosa Memorial, Santa Rosa, CA 95405
- Phone 321-720-2247
  
- Karen Moline Charge Nurse(Med Surg)
- Touro Infirmary Hospital, New Orleans, LA 70115
- Phone 504-813-4594