

Kayla Jefferson

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Seeking a position that will expand and enhance my knowledge in the healthcare field. Experienced with excellent patient care and leadership skills. Keen observation, communication, and intervention skills. Dedicated and well-qualified healthcare professional with hospital, nursing home, home healthcare, and doctor's office experience,

Work Experience

Travel Registered Nurse (Float Pool Nurse)

Phoebe Putney Health System - Albany, GA

January 2022 to Present

- Educated patients and families on treatment strategies and at-home care.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Administered medications, tracked dosages and documented patient conditions.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Delivered high-quality and compassionate treatment to all patients.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Updated physicians on patient test results and assisted in developing care plans.
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Registered Nurse, Float Nurse

Ascension Sacred Heart Bay - Panama City, FL

February 2021 to October 2021

- Educated patients and families on treatment strategies and at-home care.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Administered medications, tracked dosages and documented patient conditions.

- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Delivered high-quality and compassionate treatment to all patients.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Updated physicians on patient test results and assisted in developing care plans.
- Work with COVID positive patients and the doctors closely on the best treatment possible for them.

Registered Nurse

Gulf Coast Regional Medical Center (Med/Surg) - Panama City, FL

February 2020 to May 2021

- Educated patients and families on treatment strategies and at-home care.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Administered medications, tracked dosages and documented patient conditions.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Delivered high-quality and compassionate treatment to all patients.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Updated physicians on patient test results and assisted in developing care plans.

LPN

Crossshores Senior Care - Port Saint Joe, FL

May 2019 to January 2020

- Provided basic treatment for patients, including dressing wounds, treating ulcers, applying ointments, and catheter care.
- Administer medication via IM, IV (when needed), SQ, and PO.
- Collected specimens from patients.
- Performed CPR on patients with cardiac arrest.
- Responsible for 30 geriatric patients through the direct supervision of CNAs.
- Ensure open lines of communication and accurate charting procedures: update computerized patient data.
- Transcribe orders for physicians and ARNPs and carry them out.
- Train and supervise personnel in all areas of patient care and daily procedures.
- Educate CNAs on the prevention of transmitting infectious bacteria.

- Assist staff nurses with initial assessment of patients upon admission.

LPN

St. Andrews Bay Rehabilitation Nursing Facility - Panama City, FL
October 2017 to May 2019

- Provided basic treatment for patients, including dressing wounds, treating ulcers, applying ointments, and catheter care.
- Administer medication via IM, IV (when needed), SQ, and PO.
- Collected specimens from patients.
- Performed CPR on patients with cardiac arrest.
- Responsible for 120 geriatric patients through the direct supervision of CNAs.
- Ensure open lines of communication and accurate charting procedures: update computerized patient data.
- Transcribe orders for physicians and ARNPs and carry the out.
- Train and supervise personnel in all areas of patient care and daily procedures.
- Educate CNAs on the prevention of transmitting infectious bacteria.
- Assist staff nurses with initial assessment of patients upon admission.

LPN

Crossshores Senior Care - Port Saint Joe, FL
May 2017 to October 2017

- Provided basic treatment for patients, including dressing wounds, treating ulcers, applying ointments, and catheter care.
- Administer medication via IM, IV (when needed), SQ, and PO.
- Collected specimens from patients.
- Performed CPR on patients with cardiac arrest.
- Responsible for 30 geriatric patients through the direct supervision of CNAs.
- Ensure open lines of communication and accurate charting procedures: update computerized patient data.
- Educate CNAs on the prevention of transmitted infectious bacteria.
- Assist staff nurses with initial assessment of patients upon admission.

LPN

St. Andrews Bay Rehabilitation Nursing Facility - Panama City, FL
October 2014 to February 2015

- Provided basic treatment for patients, including dressing wounds, treating ulcers, applying ointments, and catheter care.
- Administer medication via IM, IV (when needed), SQ, and PO.
- Collected specimens from patients.
- Performed CPR on patients with cardiac arrest.
- Responsible for 30 geriatric patients through the direct supervision of CNAs.
- Ensure open lines of communication and accurate charting procedures: update computerized patient data.

LPN

The Bridges Assisted Living - Brandon, FL
August 2013 to June 2014

pharmacist and various medical personnel as needed.

- Worked with healthcare team, including social workers, physical therapists, and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene.
- Answered patient and family questions to educate on optimal treatment procedures.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Collected and documented vital signs to track current patient conditions.
- Followed rehabilitation and treatment care plans to accelerate patient recovery, minimize pain and optimize patient outcomes.
- Documented patient intake and dietary requirements and assisted with feeding.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.

LPN

Hawthorne Village of Brandon - Brandon, FL

July 2013 to June 2014

- Observation and documentation of residents and reporting to appropriate medical profession.
- Providing patient care to residents, wound care, administering medications as prescribed by MD, collecting specimens as ordered and supervising CNAs.
- Ensure that all nursing staff provides outstanding customer service as well as nursing care to residents at all times.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Delivered high-quality direct and indirect nursing care to up to 30 patients per day.
- Answered patient and family questions to educate on optimal treatment procedures.
- Administered patient care to patients by initiating preventative and rehabilitative interventions, assisting patients with activities of daily living (ADL), positioning, mobilization and personal hygiene support.
- Collected and documented vital signs to track current patient conditions.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Documented patient intake and dietary requirements and assisted with feeding.

LPN

Bond Community Health Center Inc - Tallahassee, FL

January 2013 to July 2013

- Assisted physicians with conducting examinations and patient scans during diagnostic processes.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.

- Documented patient intake information, including medical histories, current symptoms and vitals such as height and weight.
- Observed, charted and reported developments in patient health condition in electronic charting.
- Answered patient and family questions to educate on optimal treatment procedures.
- Cleaned and sanitized rooms and equipment using aseptic technique to prevent infection and cross-contamination.
- Collected biological specimens and packaged for laboratory transport to complete important diagnostic tests.
- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Cleaned and sterilized instruments and equipment to protect staff and patients from infection risk.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Collected and documented vital signs to track current patient conditions.

LPN

The Bridge Of Bay St. Joseph Center - Port Saint Joe, FL
June 2011 to May 2013

- Assessing residents under my direct care.
- Observation and documentation of residents and reporting to appropriate medical profession.
- Provided personal care and dressing wounds, collected specimens as ordered.
- Administer medications as prescribed by physician.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Documented patient intake and dietary requirements and assisted with feeding.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Collected and documented vital signs to track current patient conditions.

LPN

Bond Community Health Center Inc - Tallahassee, FL
September 2010 to June 2011

Tallahassee, FL

- Working under direct care with doctors.
- Administered medications as prescribed by physicians.
- Venipuncture's as ordered by MD,.
- Performing EKG's.
- Calling in prescriptions as ordered by doctors for pharmacies.
- Collected biological specimens and packaged for laboratory transport to complete important diagnostic tests.
- Managed wound care, gave respiratory treatments and helped with non-invasive procedures.
- Cleaned and sanitized rooms and equipment using aseptic technique to prevent infection and cross-contamination.
- Triage patients by phone and provided general assistance for basic and advanced needs.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention.
- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers.

- Cleaned and sterilized instruments and equipment to protect staff and patients from infection risk.
- Collected and documented vital signs to track current patient conditions.

LPN

Miracle Hills Nursing Home
March 2010 to September 2010

- Assessing of residents under my direct care.
- Observation and documentation of residents, reporting to appropriate medical profession.
- Provided personal care and dressing wounds, collected specimens as ordered.
- Administer medications as prescribed by physician.

Education

Associate of Science

Chipola College — Marianna - Marianna, FL
2019

Associate of Arts in Liberal Arts And General Studies

Florida A&M University — Tallahassee - Tallahassee, FL
2017

Nursing Licenses

RN

Expires: April 2021

Skills

- Excellent communication and interpersonal skills
- Reports any changes in condition to nursing supervisor, nurse practitioner and/or physician as appropriate
- Completes all daily documentation, monthly summaries and admission assessments, as indicated per schedule
- Administers and documents medication in accordance with established standards, making certain that the MAR is complete.
- Documents in the resident record as appropriate including nursing interventions, nursing notes and all other pertinent problems resident resident may be experiencing
- IV certification
- Aseptic technique, Toileting
- Blood pressure, Vital signs
- Excellent communication, Wound care
- Interpersonal skills, Wounds
- CPR
- Clients
- Customer service

- Documentation
- EKG's
- Invasive procedures
- Notes
- Administering medication
- Administer medication
- Nursing
- Nursing Home
- Assisting patients
- Bathing
- Clinical care
- Patient care
- Personnel
- Positioning
- Processes
- Quality
- Rehabilitation
- Reporting
- Safety
- Collecting specimens
- Speech
- Staffing
- Supervisor
- Supervising
- Supervision
- Phone
- Basic
- Venipuncture
- Catheter Care
- Transcription
- Travel nursing
- Acute care

Certifications and Licenses

BLS Certification

ACLS Certification