

Mia Pauline

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I love nursing! I am a critical thinker and possess great time management skills. My patients' health and well being depend on it. I provide safe and compassionate care. I pride myself in being a leader as well as a team player. My goal is to serve as an advocate for my patients and fulfill the mission of my professional establishment.

Authorized to work in the US for any employer

Work Experience

Travel RN

St. Tammany Parish Hospital - Covington, LA
August 2021 to Present

- Using the nursing process to effectively care for patients. 1:6 nurse-patient ratio.
- Providing teaching to patients regarding medication, diet, and preventative and post-op care.
- Communicating with interdisciplinary team members
- Accurate charting on Meditech computer program
- Providing culturally competent care for patients and family members
- very flexible. Provide safe and efficient care for up to 6 patients.
- Float Nurse to tele, PCU, step down, bone marrow, and med surge units shift to shift and maintain safety, efficiency, professionalism.

Assistant Director of Nursing

Maison Orleans Healthcare of New Orleans - New Orleans, LA
June 2020 to Present

- Assist with managing a 200 bed unit.
- Coordinate in-service and staff meetings with LPN, CNA, and administrative nurses.
- Staffing
- Provide a resource to floor staff.
- Assist with maintaining facility compliance with facility policy and state regulations.
- Organization of COVID-19 staff and resident testing.
- Served as Interim DON.

Registered Nurse (RN)

Select Medical/Go Med - New Orleans, LA
January 2021 to August 2021

Ochsner Inpatient Rehab

1. Nurse patient ratio 1:7
2. Using the nursing process to effectively care for patients.
3. Providing teaching to patients regarding medication, diet, and preventative and post-op care.
4. Communicating with interdisciplinary team members
5. Accurate charting on Epic computer program

6. Providing culturally competent care for patients and family members
7. very flexible. Provide safe and efficient care for up to 7 patients.

Charge Nurse, RN

Community Care Hospital - New Orleans, LA
April 2020 to December 2020

- Admit adult patients to 12 bed unit with various mental/behavioral health illnesses.
- Assess and monitor patients' condition.
- Administer medications. And provide teaching regarding side effects.
- Attend weekly treatment team with patients and collaborate with medical professionals.
- Manage and provide support to MHT and LPN

Registered Nurse (RN)

HealthTrust Workforce Solutions - New Orleans, LA
May 2019 to May 2020

- Using the nursing process to effectively care for patients. 1:6 nurse-patient ratio.
- Providing teaching to patients regarding medication, diet, and preventative and post-op care.
- Communicating with interdisciplinary team members
- Accurate charting on Meditech computer program
- Providing culturally competent care for patients and family members
- very flexible. Provide safe and efficient care for up to 6 patients.
- Float Nurse to tele, PCU, step down, bone marrow, and med surge units shift to shift and maintain safety, efficiency, professionalism.

Registered Nurse

Ochsner Home Health - New Orleans, LA
January 2019 to April 2019

- Make house visits for patients who are home bound. 6:1 nurse patient ratio.
- Perform Admits, ROCS, Re certs
- Communicate with family, friends, caregivers and providers regarding patient care and well being.
- Administer injections, perform wound care, IV and PICC line care and dressing changes, change suprapubic catheter, Foley catheter care. Drain pleurx drain from lungs or abdomen.
- Provide patient/caregiver teaching.
- Coordinate plan of care for patient and family.

Registered Nurse (RN)

Touro Infirmary - New Orleans, LA
January 2018 to January 2019

- Registered nurse on Cardiac Stepdown unit. 1:6 nurse patient ratio.
- Charge nurse duties- supervising fellow nurses and managing unit
- Using the nursing process to effectively care for patients
- Providing teaching to patients regarding medication, diet, and preventative and post-op care of Thoracic and cardiac surgeries.
- Communicating with interdisciplinary team members
- Accurate charting on Epic computer program
- Providing culturally competent care for patients and family members
- Recognized by patients and peers and awarded several "Touro bucks" for displaying integrity, stewardship, and compassionate care.

Education

ADN in Registered Nursing

Charity School of Nursing - New Orleans, LA

January 2015 to December 2017

Nursing Licenses

RN

Skills

- Epic
- Caregiving
- Tutoring
- Caregiving
- Phlebotomy
- Nursing
- Communication skills
- Leadership
- Charge experience
- Catheter care
- EMR systems
- Medication administration
- Foley catheter
- Catheterization
- Vital signs
- Time management
- Meditech
- Behavioral health
- Event planning
- Laboratory experience
- Home care
- Hospital experience
- Crisis intervention
- Organizational skills
- Patient care
- Experience administering injections

Awards

Charity School of Nursing

December 2017

- Graduated with Honors from Charity School of Nursing
- Member of Sigma Alpha Chi Honor's Society
- Events coordinator for Sigma Alpha Chi
- Secretary for Spectrum Multicultural Society
- Volunteered tutoring hours for Registered Nursing students

Certifications and Licenses

BLS, ACLS

Assessments

Clinical Judgment — Highly Proficient

October 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.