

# Krystal Schmidt

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(970) 430-8884

## Work Experience

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### **Intensive Care Unit Staff Nurse**

North Colorado Medical Center - Greeley, CO  
December 2018 to March 2020

- Provide nursing care for Critically Ill or injured patients in a level 2 trauma hospital with 378 beds
- Admit patients coming from E.R. Flight, EMT's, Surgery and other units where cardiac or respiratory arrest has taken place.
- Monitor critical patients, provide treatments to stabilize patients
- Perform diagnostic tests, assess and begin treatment
- Assist Doctor in Central line placements, Bronchoscopy, intubations, and other procedures needed
- Work with sedation, BP and Cardiac drips
- Obtain Past medical history and record care during stay
- Maintain and ensure proper function of all Lines tubes and drains including Ventilators
- Respond to medical emergencies, provide recovery from them and scheduled procedure,
- Work closely with doctor and supporting staff, and participate in daily rounds
- Educator at skills fair for Patient Ports
- Educated Practicum students and precept new hires

### **Cardiovascular Care Unit Staff Nurse**

North Colorado Medical Center - Greeley, CO  
May 2015 to 2018

- Cared for Patients suffering from heart conditions
- Cared for patients on day 2 through discharge who had open heart surgery
- Prepared patients for cath lab procedures
- Assist and support post cath lab recovery
- Managed radial TR bands, groin sheath pull and monitoring sites for complications.
- Administered medications including Cardiac drips
- Responsible for educating patients on New cardiac medication, preventative measures for minimizing heart risks and discharge instructions for care after cath lab
- Worked with doctor and support team
- Record all past medical history, assessments and treatments
- Preceptor to new Hires
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### **Oncology & Medical Unit Staff Nurse**

North Colorado Medical Center - Greeley, CO  
July 2013 to 2015

- Specialized care and treatment for patients diagnosed with cancer and a variety of other stable health conditions in a 378 bed level 2 trauma hospital.

- Patient load 5 patients
- Administered Medications including Chemotherapy and heparin drips
- Assess patient, assist with ADL's, monitor health.
- Record past medical history, treatments and symptoms.
- Admit and discharge patients
- Collaborate with with Doctor and support services to plan for care
- Operate a range of medical equipment and perform diagnostic tests
- Preceptor to new hires and senior year students

### **Oncology, Hematology & Palliative Unit Staff Nurse**

University of Iowa Hospital and Clinics - Iowa City, IA

February 2012 to May 2013

- Care for patients diagnosed with cancer, hemophilia, sickle cell disease and assist with end of life in a 811 bed public teaching level 1 trauma hospital with magnet status.
- Care for patients with complications post bone marrow transplant
- Assess, monitor and provide urgent care to treat neutropenic fevers
- Administer Chemotherapy, monitor, manage and support side effects from chemotherapy and biotherapy
- Provide education to patient and family on diagnosis, new medications and on end of life.
- Work with central lines including Ports
- Maintain patient records
- Collaborate with physicians and supports services
- Help patients and family prepare for end of life, provided support for processing end of life

### **Bronchoscopy Recovery Unit Staff Nurse**

University of Iowa Hospital and Clinics - Iowa City, IA

2012 to 2013

- Recover Patient from Bronchoscopy procedure
- Monitor vital signs
- Assess for bleeding episode with sputum
- Assess respiratory status
- Reinforce NPO diet, assess swallowing before discharge
- Helping patient maintain Semi-Fowlers position
- give education at discharge

### **Medical and Pulmonary Unit Staff Nurse**

Mercy Medical Center Hospital - Cedar Rapids, IA

August 2008 to February 2012

- Inpatient care for a variety of health conditions and pulmonary issues in a 450 bed level 3 trauma hospital
- Patient load 5 patients
- Monitor vitals, assess patient, assist with ADL's
- Record medical history and findings
- Administer medications including heparin and glucose drips
- Operate medical equipment, Including IV insertion and placement
- Collaborate with the doctor, nutritionist, pharmacist, OT and PT
- Plan long term care needs, educate and discharge

## Education

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### **B.S.N.**

Mount Mercy University  
2006 to 2008

### **Bachelor's in Psychology**

University of Iowa - Iowa City, IA  
August 1998 to July 2003

### **B.A. in studio art of photography**

University of Iowa  
1998 to 2003

## Nursing Licenses

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### **RN**

Expires: September 2021  
State: CO

## Skills

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- Critical Care Experience (2 years)
- Nursing (10+ years)
- ICU Experience (2 years)
- Medication Administration (10+ years)
- Laboratory Experience (10+ years)
- EMR Systems (10+ years)
- Educator (6 years)
- Teaching (6 years)
- Vital Signs (10+ years)
- Cerner (7 years)
- Anatomy Knowledge (10+ years)
- Experience Administering Injections (10+ years)