

Kiarra Washington

Green Bay, WI

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(312) 768-9046

Work Experience

Rehabilitative Service Assistant/Caretaker/CNA

Central Plaza Residential Care - Chicago, IL

April 2019 to November 2020

- Providing prompts and reminders for medication
- ADLs
- Complete all required documentation
- Work with patient in completing treatment plan

CNA/Caretaker/ Psych Tech

City View MultiCare Center LLC - Cicero, IL

September 2015 to March 2019

C.N.A/ Psych Tech

- Provided patients' personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.
- Provided for activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients; providing fresh water and nourishment between meals.
- Provided adjunct care by administering enemas, douches, nonsterile dressings, surgical preps, ice packs, heat treatments, sitz and therapeutic baths; applying restraints.

Social Worker-Internship

Garfield Park Behavioral Hospital - Chicago, IL

August 2015 to April 2017

- Conducted psychosocial assessments.
- Developed diagnostically based treatment.
- Discharge plans in consultation with multidisciplinary team.
- Provided therapeutic treatment to patients, including individual, group and family therapy.

Youth Case Manager- Internship

Mercy Home for Boys and Girls - Chicago, IL

December 2014 to December 2016

- Coordinated and provided care that is safe, timely, effective, efficient, equitable, and client-centered
- Managed case assignments, draft service plans, reviewed case progress and determined case closure
- Helped clients achieve wellness and autonomy
- Facilitated multiple care aspects (case coordination, information sharing, etc)

Education

Bachelor's in BSW

Northeastern Illinois University - Chicago, IL

August 2017 to December 2019

Skills

- Active Listening
- Emotional Intelligence
- Organization
- Critical Thinking
- Tolerance
- Setting Boundaries
- Empathy
- Communication
- Proficiency with Microsoft Office and web-based applications Software: Microsoft Office: Word, Excel, Publisher, Pointclickcare, Power Point, and Outlook Training and Certificates CPI Card August 2019
CPR Card September 2019 Department of Children and Family Services: December 2017
- Completed Mandated Child Abuse Reporter training

Certifications and Licenses

Temporary Nurse Aide

September 2020 to Present

AHCA/NCAL has created this course to assist providers to recruit and train temporary staff during the national emergency caused by the coronavirus pandemic. Federal and/or state requirements may need to be waived to permit individuals under this training program in your location. Employers should check with their state survey agencies and their state occupational licensing agencies, where applicable, to ensure individuals trained under this program are permitted to assist with care in your location.

Assessments

Caregiver fit — Familiar

August 2020

Measures the traits that are important for successful caregivers

Full results: [Familiar](#)

Work style: Reliability — Expert

April 2020

Tendency to be dependable and come to work

Full results: [Expert](#)

Nursing assistant skills — Expert

December 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.