GRISELDA ALTAMIRANO

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PROFESSIONAL SUMMARY

Driven bilingual BSN Registered Nurse quickly treating and assessing multiple conditions and stabilizing patients in life-threatening emergencies such as strokes, heart attacks, severe injuries. Strong organization skills and ability to communicate with patients, their families, and medical staff to optimize care/outcomes.

PROFESSIONAL EXPERIENCE

Emergency Room Registered Nurse Hi Desert Medical Center - Joshua Tree, CA

01/2021-Present

- Assisted MD with bedside procedures such as intubations, arterial lines, central lines, lumbar punctures, conscious sedations.
- Responsible for monitoring and titration of critical drips such as vasoactive drugs to maintain hemodynamic stability.
- Care of ventilated patients and management of vents
- Quickly assess and triage patient needs and manage multiple cases simultaneously to prioritize patient care/needs.
- Closely monitored patients to identify signs of arrhythmias and other life threatening complications.
- IV starts, pushes, draws, drips, blood monitoring, transfusions.
- Worked with a wide range of patient populations including trauma, orthopedic injuries, pain management, stroke/brain aneurysm, trauma/traumatic brain injuries, sepsis/septic shock, GI Bleeds, renal/liver failure, myocardial infarction, COPD, respiratory failure, patients requiring ICU level care.

Med-Surg Registered Nurse Hi Desert Medical Center- Joshua Tree, CA

- Monitored patients' vital signs.
- Administered medication via IV/PO/SQ/IM.
- Monitored and recorded input and output in patients with renal failure, gastroenteric, and cardiac conditions.
- Conducted regular re-evaluations to address changes in needs and conditions, introducing revisions to care plans as needed

Registered Nurse Case Manager

Hi Desert Medical Center – Joshua Tree, CA

- Managed patients recovering from medical or surgical procedures, including facilitating wound care, central line care, ostomy care, pressure ulcer prevention and pain management
- Oversaw delivery of care for my patients and delegated nursing assignments and supervising team comprised of nurses, LPNs, and CNAs
- Reduced care costs without sacrificing quality through effective service coordination

04/2019 - 10/2019

10/2019-01/2021

Registered Nurse Integrity Pediatric Home Health – Miami, Florida

• Assess all body systems, ensures safe, effective, and efficient care delivery with emphasis on the absence of medication errors, avoidance of falls, ouch-free procedural pain & reduction of pain.

• Observe, record, and report needs, concerns and coordinate the needs of home care patients and maintain constructive relationships with them, and with all care providers.

• Provide care to a diversity of patients to include but not limited to: CPT vests, ventilators, tracheostomies, stomas, G-tubes, and drainage systems.

- Provides supervision of LPNs and home health aides.
- Teach the patient and family/ caregiver self-care techniques as appropriate.
- Provide medication, diet and treatments as ordered by the physician.
- Recognize and utilize opportunities for health counseling with patients and families/ caregivers.
- Provide and maintain a safe environment for the patient.

EDUCATION

Florida National University, Miami, FL BSN 3.8 GPA

February 2016- August 2018

KEY SKILLS

- AHA Basic Life Support for Healthcare
- Providers (BLS)
- AHA Advanced Cardiac Life Support(ACLS)
- TNCC
- Nephrostomy tubes
- Chest tubes/drainage
- PICC line/ ART lines/ IV care
- Central line blood draws
- Oxygen saturation standards
- ICU
- Specimen collection
- Treatment plans
- Critical vital sign monitoring/management
- Wound VAC/ Wound Care
- Tracheostomy Care
- Infection control and aseptic procedures
- OSHA safety expert