

Kristie Kvist

ED Registered Nurse

Seattle, WA 98199

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4064078768

Seasoned Charge RN with more than 11 years of experience in fast-paced Emergency Departments and Step Down Emergency Rooms. Excellence in providing exceptional care to diverse patient populations with varied acuity levels. Demonstrates leadership abilities through duties in Hospital Administration and Emergency Medicine with management of over 37 sites, 165 physicians and 400 nurses. Have the knowledge, competencies and education to be a resource to provide evaluation of quality of care rendered for patients and their families, analyze and promote change to enhance quality of care, and organizational effectiveness through evidence based practice.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Overlake Medical Center - Bellevue, WA

June 2020 to Present

Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.

Administer medications intravenously, by injection, orally, through gastric tubes, or by other methods.

Evaluate patients' vital signs and laboratory data to determine emergency intervention needs.

Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers, and pressure lines.

Prioritize nursing care for assigned critically ill patients based on assessment data and identified needs.

Document patients' medical histories and assessment findings.

Conduct pulmonary assessments to identify abnormal respiratory patterns or breathing sounds that indicate problems.

Advocate for patients' and families' needs, or provide emotional support for patients and their families.

Administer blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.

Monitor patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.

Compile and analyze data obtained from monitoring or diagnostic tests.

Collaborate with other health care professionals to develop and revise treatment plans based on identified needs and assessment data.

Document patients' treatment plans, interventions, outcomes, or plan revisions.

Assess patients' psychosocial status and needs including areas such as sleep patterns, anxiety, grief, anger, and support systems.

Perform approved therapeutic or diagnostic procedures based upon patients' clinical status.

Collect specimens for laboratory tests.

Assess family adaptation levels and coping skills to determine whether intervention is needed.

Supervise and monitor unit nursing staff.

Participate in professional organizations and continuing education to improve practice knowledge and skills.

ER Registered Nurse, Charge

Kaiser Permanente - Seattle, WA

July 2019 to June 2020

Charge RN, Team Lead for Mid and Night Shift

Organized/Participated in medical emergencies resulting from strokes, cardiac arrest, car accidents, head injuries, orthopedic traumas and burns within all categories of patients.

Specific emphasis on Pediatric emergencies as Lead RN; IV insertions, catheter placements, and stabilization.

First Assist in special procedures with conscious sedation. Supervised RN's and LPN's as a preceptor/mentor to first year nursing graduates.

Contributed to strategic planning initiatives to advance standards of care excellence and improve patient outcomes.

ER Registered Nurse, Charge

University of Washington Medical Center - Seattle, WA

December 2018 to December 2019

Team Charge and Lead for Mid Shift and Night staffing.

Under the general supervision of the unit's Manager, responsibility for direction and coordination of all functions in the collaboration with other members of the management team.

Ongoing assessment of the quality of patient care services provided in unit.

Functions as a resource person for staff members and assists in necessary education of individual members of the nursing staff. Assumes responsibility for the overall quality of nursing care provided.

Makes decisions regarding activities within these areas based on Administrative Operational Standards, Nursing Administrative Standards, Human Resource

Standards, and Standards of Care for the unit, in collaboration with other members of the management team.

ER Registered Nurse

Fusion Medical Staffing - Puyallup, WA
October 2018 to January 2019

Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.

Administer medications intravenously, by injection, orally, through gastric tubes, or by other methods.

Evaluate patients' vital signs and laboratory data to determine emergency intervention needs.

Set up and monitor medical equipment and devices such as cardiac monitors, mechanical ventilators and alarms, oxygen delivery devices, transducers, and pressure lines.

Prioritize nursing care for assigned critically ill patients based on assessment data and identified needs.

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Conduct pulmonary assessments to identify abnormal respiratory patterns or breathing sounds that indicate problems.

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Assess patients' psychosocial status and needs including areas such as sleep patterns, anxiety, grief, anger, and support systems.

Perform approved therapeutic or diagnostic procedures based upon patients' clinical status.

Collect specimens for laboratory tests.

Assess family adaptation levels and coping skills to determine whether intervention is needed.

Supervise and monitor unit nursing staff.

Participate in professional organizations and continuing education to improve practice knowledge and skills.

Pediatric Registered Nurse, Charge

Kalispell Regional Medical Center - Kalispell, MT
March 2018 to October 2018

Charge and Staff RN serving our pediatric patients in an ED setting as well as the NICU and Pediatric Departments.

Monitor, record, and report symptoms or changes in patients' conditions.

Maintain accurate, detailed reports and records.

Order, interpret, and evaluate diagnostic tests to identify and assess patient's condition.

Inform physician of patient's condition during anesthesia.

Modify patient treatment plans as indicated by patients' responses and conditions.

Administer local, inhalation, intravenous, or other anesthetics.

Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.

Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.

Conduct specified laboratory tests.

Instruct individuals, families, or other groups on topics such as health education, disease prevention, or childbirth and develop health improvement programs.

Assess the needs of individuals, families, or communities, including assessment of individuals' home or work environments, to identify potential health or safety problems.

Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.

Work with individuals, groups, or families to plan or implement programs designed to improve the overall health of communities.

Engage in research activities related to nursing.

RN

Maxim Healthcare Services/ NASA/ Dept of Defense - Columbia, MD

October 2017 to February 2018

Kwajalein Atoll, Marshall Islands

Team Charge and Lead RN for Mid Shift and Night Staffing.

Provided competent, high quality nursing care within an ED/Primary Care setting.

Responsible for medical emergencies, in patient care admissions, quality indicators and department inventories for Kwajalein hospital.

RN

Atlas MedStaff - Omaha, NE

November 2015 to October 2017

Utah, Nevada, Washington USA

Charge and Team Lead for Mid Shift and Night staffing.

Excellence in providing highest quality of care.

Assisted in the care of multiple traumas, STEMI/cardiac arrests, stroke codes, and conscious sedation procedures.

Handled intubations, defibrillations, transfusions, and splinting. Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care was provided to patients in timely and caring manner.

Facilitated admissions and transfers chart/care plan note preparation and other documentation alongside the interdisciplinary team's participation.

ER Registered Nurse, Charge

Southwest Medical Associates - Las Vegas, NV

January 2015 to November 2015

Step Down ED/ Urgent Care 24 Critical Beds, 60 Acute Beds

Charge RN, Team Lead

Organized/Participated in medical emergencies resulting from strokes, cardiac arrest, car accidents, head injuries, orthopedic traumas and burns within all categories of patients.

Specific emphasis on Pediatric emergencies as Lead RN; IV insertions, catheter placements, and stabilization.

First Assist in special procedures with conscious sedation. Supervised RN's and LPN's as a preceptor/ mentor to first year nursing graduates.

Contributed to strategic planning initiatives to advance standards of care excellence and improve patient outcomes.

Assistant Director

Care Center Administration - Las Vegas, NV
March 2013 to January 2015

Care Center Administration, 37 sites 165 Physicians 450 Nursing Staff

Administrative role responsible for problem solving and development of procedural changes to improve service delivery and patient outcome.

Evaluation of divisional performance against stated goals, objectives and performance outcomes through analysis and trending collated reports.

Continuous assessments of healthcare team competencies to identify appropriate responsibilities and needs for staff development. Analysis of clinical operations insuring integrity and adherence to current guidelines, policies and procedures.

Identification of social, organizational, behavioral, and interpersonal skills to augment teamwork, efficiency, enhance operational effectiveness and avenues for improvement.

Initiated monthly audits to ensure adherence to divisional quality indicators and standards of care.

Staff Nurse

Southwest Medical Associates - Las Vegas, NV
January 2010 to March 2013

Step Down ED/ Urgent Care 24 Critical Beds, 60 Acute Beds

Participated in medical emergencies resulting from strokes, cardiac incidents, motor vehicle accidents, orthopedic traumas and burns within all categories of patients.

Specific emphasis on Pediatric emergencies as Lead RN; IV insertions, catheter placements and stabilization.

First assist in special procedures with conscious sedation.

Contributed to strategic planning initiatives to advance standards of care excellence and improve patient outcomes.

Education

Associate of Science

Carrington College - Las Vegas, NV
May 2009

Skills

- Administrative Leadership
- Critical Judgment and Decision
- Experienced
- Making
- Complex Problem Solving
- Time Management
- Advanced IV Insertion and
- Quality Driven Patient Care and

- Management
- Satisfaction
- RN
- Emergency Room
- Emergency Department
- ER
- Trauma