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| **CAREER OBJECTIVE**Aspiring and compassionate critical care nurse motivated to practice, perform, improve and acquire skills to provide quality patient care. Looking to relocate to California and be with family.Skills

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| * Time management
* Critical thinking
* Hindi/Urdu proficiency
 | * Managing conflict
* Problem-solving
* Cross-cultural competency
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| Educationindiana wesleyan University, INJan 2018 – April 2019*Bachelor of Nursing (B.S.N.)*GPA 3.65/4.0, Dean’s list Spring 2018, Fall 2018 |
| Rajiv gandhi university of health sciences Sept 2001 – April 2007 *Bachelor of Medicine & Bachelor of Surgery (M.B.B.S., M.D.)*GPA 3.65/4.0, Professional Honors in Anatomy, Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Ophthalmology, Community Medicine, Pediatrics & ENT. |

# work Experience

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|   *STAFF RN II - ICU AUGUST* 2021- CURRENT *PROVIDENCE SANTA ROSA MEMORIAL HOSPITAL*, SANTA ROSA, CA *RN- Dialysis Nurse* June 2021- AUGUST 2021Davita Dialysis center, Fort wayne, IN*RN- CVICU* July 2019– JULY 2020Lutheran Hospital of Indiana, fort wayne, IN *adjunct Faculty-health sciences* sept 2017– Dec 2018 ivy tech community college, fort wayne, IN-Consolidation of comprehensive and laboratory examinations for multiple class sessions for relieving work load off the primary faculty members -Generated handouts for other class instructors for effective teaching transitions. |
| *Junior resident* April 2009 - July 2010Bhagwan Mahaveer Cancer hospital & Research center, jaipur, india-Organization of monthly board meetings for case discussions that affected patient outcomes.-Provided patient-family teaching for specific cancer chemotherapies and their adverse effects -Active participation in cancer presentations, morning conferences and teaching boards to maintain competency*Critical care resident*  May 2008– June 2009Rungta Hospital, jaipur, india-Managing patient encounters for safe transition from ER to critical care-Team collaboration with critical care staff to provide safe and effective quality care |

# Research/Publication

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## *MD research assistant* May 2011 – JAn 2013 Thyroid Division, Dept. of Endocrinology  brigham & women’s hospital, harvard univ. , Boston, MA

 -Collaboration with multiple teams for validation of research findings and review of relevant articles

 -Teaching experiments and dissections to medical students for their research practicums

**Research Publication:**

Zhu, B., Shrivastava, A., Luongo, C., Chen, T., Harney, J. W., Marsili, A., Tran, T. V., Bhadouria, A., Mopala, R., Steen, A. I., Larsen, P. R., … Zavacki, A. M. (2012). Catalysis leads to posttranslational inactivation of the type 1 deiodinase and alters its conformation. *The Journal of endocrinology*, *214*(1), 87-94. doi:10.1530/joe-11-0459

# Clinical experience

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| *Critical Care clinical* JAN 2019 – FEB 2019 (*66 hours)* CIC, Lutheran Hospital, Fort wayne, IN-Execution of nursing skills with proficiency and confidence to maintain trusting relationships with patients and staff members-Delegation of nursing tasks to provide timely and individualized patient care  |

# Community experience

## *School nurse Assist* SEPT 2018 – OCT 2018 Heritage Elementary School, Monroeville, IN

-Developed teaching programs in dental hygiene and hand washing and implemented them in various classes for effective and continued learning among kids

-Development of craft ideas for activities for kids with ADHD and developmental delay.

# Observership/Externships

\* Hemet Valley Medical Center, Hemet, CA March 2010—April 2010
 – Under Dr. Ajeet Singhvi, M.D. Gastroenterologist

\* Maimonides Medical Center, Brooklyn, NY November 2010-- December 2010
 – Under Dr. Gregory Todd, M.D. Internal Medicine

\* Morristown Family Practice July 2015-- September 2015
 - Under Carissa Allen, Physician assistant

\* Ohio Valley Medical Center -- General Surgery & Gastroenterology Sept 2015—Oct 2015

 -Under the auspices of Dr. Howard Shackelford & Dr. Sanjay Choudhary

# CERTIFICATIONS

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| Registered Nurse- California BRN RN95234972Registered Nurse- Indiana BRN 28252652AAHA-BLS Certification: renewal: July 2023AHA-ACLS Certification: renewal: July 2023AHA- PALS certification renewal: July 2023NDNQI Pressure Injury Training Certificate: 11/02/2018ISDH Basic Tuberculosis and TB Skin Testing Certificate: 10/23/2018Educational Commission for Foreign Medical Graduates (ID: 07650989) Nov. 2009 |

# Professional Activities

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|  Workshop on Airway & Ventilation:- 4th Annual Indo-US Emergency Medicine Summit, Mangalore, India  **OCTOBER 8-12, 2008** Workshop on Maternal & Pediatric Resuscitation:- 4th Annual Indo-US Emergency Medicine Summit,  Mangalore,India  **OCTOBER 8-12, 2008** |