

Vera Ghaika Tangie (Registered Nurse)

Experienced RN Nurse, with MED/Surge in Hospitals, Local and Travel Experience

Bowie, MD 20716

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+1 240 444 9343

- Time management and Prioritization skills
- Advanced Cardiovascular Life Support (ACLS Certified)
- Strong ability to adapt to new environment
- CPR and First Aid (BLS Certified)
- Good verbal and written communication skills
- Documentation and Performing Activities of Daily Living (ADL)

Authorized to work in the US for any employer

Work Experience

Registered Nurse Med/Surg

Favorite Healthcare Staffing - Rochester, MN

January 2022 to March 2022

Medsurg float nurse

RN, Med/Surge

Houston Methodist - Baytown, TX

February 2021 to December 2021

- # Demonstrate appropriate delegation and prioritization skills related to patient interventions and therapies
- # Assist physicians during examination procedures, operating and monitoring medical equipment as necessary
- # Acting as a resource in educating new employees and other members of the team to ensure the delivery of quality patient care
- # Participating and promoting quality clinical improvement by supporting departmental and hospital safety standards
- # Conducts a reevaluation and follow-up of care delivered based on the patient's needs, the patient's condition, or the patient's request
- # Deliver a complete and comprehensive verbal report to the oncoming shift and manager by reporting all information relevant to the patient's plan of care and anticipated problems

Registered Nurse

RN, CapitalCare, Inc - Washington, DC

February 2020 to November 2020

- # Observe and interpret patient's symptoms and communicate them to physicians
- # Monitor patient's condition and assess their needs to provide the best possible care and advice
- # Collaborate with physicians and nurses to devise individualized care plans for patients
- # Perform routine procedures (blood pressure measurements, administering injections etc.) and fill in charts

- # Ordering medical diagnostic and clinical tests
- # Monitoring, reporting, and recording symptoms or changes in patient conditions
- # Administering non-intravenous medications
- # Assessing, implementing and planning patient nursing care plans by working with healthcare team members
- # Modifying patient health treatment plans as indicated by patient conditions and responses
- # Adjust and administer patient's medication and provide treatments according to physician's orders
- # Inspect the facilities and act to maintain excellent hygiene and safety (decontaminating equipment, sanitizing surfaces, preparing beds etc.)
- # Provide instant medical care in emergencies
- # Assist surgeons during operations
- # Supervise and train LPNs and nursing assistants
- # Foster a supportive and compassionate environment to care for patients and their families
- # Expand knowledge and capabilities by attending educational workshops, conferences etc

Professional Healthcare, CapitalCare, Inc - Group Home
September 2019 to February 2020

- # Providing patient care and tending to patients care and routines
- # Monitor patient self-administration of medications, recreational activities and make sure client is comfortable.
- # Practiced and implemented safety precautions.
- # Records patient information by making entries in the patient journal; notifying nursing supervisor of changing or unusual conditions
- # Taking caution for high fall risk patients and other activities of daily living
- # Tested and charted vital signs
- # Reported to nurse abnormal findings in vitals, patient's condition, behavior changes
- # Assisted with client's ROM exercise and ambulation to the bathroom or bedside commode

Dominium Residence of Maryland - Group Home
January 2019 to August 2019

- # Take person for doctor's appointment and grocery shopping
- # Assist patients with bath
- # Assisted with client's ROM exercise
- # Ability to provide sound therapeutic communication.
- # Interact with patients in purposeful and goal directed manner
- # Observe changes in patient's behavior and health condition

Nursing Intern

District Hospital / St. Mary's Hospital Mankon
March 2013 to May 2014

- # Interned in all the medical departments (pediatrics, surgical, adult ward, maternal, etc)
- # Assisted nurses and doctors in fulfilling their duties
- # Learnt to place IV's, give injections, administer a variety of medications and other nursing functions
- # Participated in the cleaning of the patient areas as to minimize the risk of infection

Education

Bachelors Degree in Nursing Science

BAMENDA UNIVERSITY of SCIENCE AND TECHNOLOGY

2012 to 2013

Advanced Diploma in Nursing Science

BIAKA UNIVERSITY INSTITUTE BUEA

2009 to 2012

Advanced Level Certificate with focus in Science (High School Certificate)

St. SYLVESTER CATHOLIC HIGH SCHOOL - Kumbo-Cameroon

September 2001 to June 2009

Skills

- Nursing
- Caregiving
- Basic IV
- Travel nursing
- Epic
- CPR
- Pediatrics
- Time management
- Experience administering injections
- Cleaning
- Medication administration
- Medical records
- Acute care
- Patient monitoring
- Care plans
- Vital signs
- Hospital experience
- ADLs
- Communication skills
- EMR systems

Languages

- English - Fluent

Certifications and Licenses

CPR Certification

First Aid Certification

ACLS Certification

RN

BLS Certification