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#### EDUCATION

B.S. in BIOLOGY Bethune Cookman University 2007

M.S. in BIOTECHNOLOGY University of Maryland 2012

RN in NURSING
Prince George's Community
College
2016

# LICENSES & CERTIFICATIONS

NURSE

RN
Registered Nurse
Maryland
Expires January 2023
License # R229389

#### CCRN

Acute/Critical Care Nurse American Association of Critical Care Nurses Expires November 2022

ACLS/BLS American Heart Association Expires January 2024 As a nurse with over 6 years of dependable compassionate care & an array of experience ranging from Vaccine Development to Geriatrics, Intensive Care, Correctional and Ambulatory Healthcare settings, I strive to practice excellency without excuses. My ability to demonstrate effective communication, team building & collaboration, and closely assist management in the development and implementation of strategic policies and procedures are just some of qualities I've developed over the years. I currently serve as a clinical expert and team leader for all clinical staff by providing direction, input and feedback. I'm a competent liaise with providers helping to ensure the effective and efficient quality of care is given to each patient we are privileged to serve.

#### EXPERIENCE

# OUTPATIENT RN SPECIALIST (promoted to) PRACTICE MANAGER | INOVA AMBULATORY CARE / INOVA HEALTH SYSTEMS Alexandria, VA | 2019 - Present

- Collaborates with Site Medical Leader to provide leadership to health center staff
- Assists in the recruitment and selection of staff members, including interviewing candidates and training new staff members
- Assesses, manages, and evaluates the performance and development of clinical staff members
- Assist Manages with clinical staff schedules
- Oversees the nursing care of all patients
- Provides direct patient care < 30% of the time. Identifies emergency situations, and provides care within legal scope of practice
- Directs preparation and maintenance of patients' clinical records
- Provides direction to ensure environment is clean and safe, that infection control procedures are followed, and patient privacy is upheld
- Oversees ordering and maintenance of supplies, medications, solutions, and equipment
- Participates in Quality Improvement, Risk Management activities, Investigates and resolves complaints.
- Acts as liaison between client, health center staff, and Director/Manager of site operations
- May develop, implement, and evaluate health center policies, goals, services, and program

## **CORRECTIONAL RN SUPERVISOR** | JRDC / WELLPATH Annapolis, MD | October 2017 to Present

- Identified problems, assessed needs of inmates, prioritized care, initiated critical problem solving.
- Performs random audits of medical records, logs, sharps, narcotic counts, outside referrals and sick call, etc. Counsel employees or provide in-service for noted errors.
   All findings shall be submitted to the management for review and recommendations.
- Monitors care of serious medical conditions with the potential for life threatening or liability issues for appropriate follow-through.
- Maintains shift assignments.
- Monitors the assignments, review of records, and care plans of the chronic disease clinics ensuring follow through per policies and procedures.
- Plans and organizes training for staff members and works in partnership with the Assistant Director of Nursing (ADON), Health Services Administrator (HSA), and Regional Leadership to fulfill contractual requirements and achieve operational and clinical performance targets.



#### EXPERTISE

Critical Care Nursing

Correctional Nursing

**Ambulatory Care** 

**Progressive Care** 

Research

**Problem Solving** 

**Immunizations** 

**Emotional Support** 

**Patient Safety** 

**Diabetes Education** 

Central Line Management

#### AFFILIATIONS

WRTC AMBASSADOR Washington Regional Transplant Center 2015 - Present

AMERICAN NURSES ASSOCIATION 2015 - Present

#### TECHNICAL SKILLS

Electronic Health Records

Excel

Microsoft Word

#### EXPERIENCE Continued

### CRITICAL/INTENSIVE CARE RN | IMVH/ INOVA HEALTH SYSTEMS Mount Vernon | 2017 - 2019

- Collaborates with the multidisciplinary team and incorporates their expertise to achieve desired patient outcomes.
- Respond decisively to life-threatening changes in patient condition, providing immediate and appropriate emergency measures according to protocol and critical care area assigned.
- Organized client's daily medications, monitored vital signs, coordinated daily care.
- Inspects skin for pressure points. Turns and repositions immobile patients.
   Wound Care
- Collaborates with the healthcare team and leads other disciplines to meet desired outcomes. Mentors staff in understanding and advocating for the importance of utilizing relationship-based care initiatives in nursing practice.
- Documents all patient care activities, as per documentation standards, and assists healthcare team members with documentation.

BIOTECHNOLOGIST | VACCINE DEVELOPMENT DEPARTMENT UNIVERSITY OF MARYLAND Baltimore, MD | 2011 - 2015

- Consistently demonstrates adherence to the standards for the responsible conduct of research.
- Plans, conducts and manages research projects within federal and institutional regulations and policies under the direction of the principal investigator.
- Uses research funds and resources appropriately.
- Maintains confidentiality of data as required.

R&D Chemist | Hawaiian Tropics Ormond Beach, FL | 2008 - 2009

- Responsible for the Research and development (R&D) of new and updated specialty organic treatments that are specifically meet the customers' needs using organic chemistry
- Work cross-functionally with others in the lab on projects
- Communicate with suppliers and upper management
- Maintain and troubleshoot instrumentation and lab equipment
- Raw material evaluation and selection for new skincare, sun care, and hair care formulations and reformulation of existing products

#### REFERENCES

Monica Ledet Sr. Practice Manager INOVA Health System 571,320,8439 Heidi Adbur-Rahman Director of Nursing WellPath 443.858.1531 Srgt. Curtis Sims Jennifer Road Detention Center Anne Arundel County 240.758.9990



## INTERESTS & HOBBIES

TRAVEL EVENT PLANNING

COOKING TABLESCAPING

READING SPA VENTURES