

HALIMA NALUWOOZA

PROFESSIONAL SUMMARY

Efficient Adult/Geriatric Nurse Practitioner that develops and implements treatment plans for adults for direct and individualized nursing care based on application of scientific nursing principles. Maximizes health in individuals by addressing and offering support for physical, cultural, psychosocial and family issues. Discusses health concerns with patients and relatives, explains or recommends alterations in medication regimen and supplies personal safety instructions to promote disease prevention.

SKILLS

- Geriatric Primary Care and management of chronic or acute disease processes.
- Care Staff Supervision
- Treatment Planning for short and long-term health care goals.
- Infection Control Procedures
- Drug Regimen Counseling
- Diagnostic Interventions
- Disease Prevention Education
- Test Result Interpretation
- Diagnostic Tests Ordering
- Physical Examinations
- Telemedicine Appointments

WORK HISTORY

09/2021 to Current

ADULT GERIATRIC NURSE PRACTITIONER, Antibody Infusion Center of McKinney, Mckinney, Texas

- Review of the patient records received from referring facility for monoclonal antibody infusion
- Follow infusion protocol to assess if the patient meets the criteria for infusion
- Perform initial thorough assessment of patient with focused HPI (History of Presenting Illness) and consenting of the patient for the infusion
- Following all infectious disease protocols and maintaining the standards set by the current team onsite
- Nurse practitioner administering and monitoring patients receiving the monoclonal antibody infusion in support of COVID-19 recovery.

11/2020 to Current

Matrix Medical Services, Dallas, TX

- Performing up to eight daily Adult/Geriatric in home assessments including medical history, diagnosis and treatment, health education, physician referrals, case management referrals, follow-up and clear documentation according to company guidelines and protocols
- Established comprehensive care management services to insurance health plan members to improve health outcomes
- Working collaboratively with physicians, case managers, social workers, family members,

- key caregivers and any appropriate ancillary medical personnel as appropriate
- Collaborating with Primary Care Physician (PCP) on patient education
- Providing follow-up care
- Offering information on community resources and referrals to insurance plan members to use towards promoting better health outcomes.

ADULT NURSE PRACTITIONER 01/2020 to 08/2020

Vitals Family Medicine, Allen, TX

- Educated patients on treatment options, medical needs and non-medical options for treatments and therapy.
- Assessed patient conditions by performing thorough examinations and asking appropriate medical questions.
- Discussed care plans with patients and explained test results and proper use of medications.
- Explained side effects from medications and provided in-depth education to patients on diabetes, asthma, cancer and other diseases.
- Recorded patient medical history, applicable test results and vitals into medical records.
- Conducted screenings, diagnostic treatment and rehabilitative services on primary health care team.

ADULT/GERIATRIC NURSE PRACTITIONER STUDENT 01/2018 to 05/2019

Dallas, TX

- Preceptorship with an adult geriatric nurse practitioner caring for adults with chronic and acute medical issues
- Was responsible for 3-6 adult patients who needed primary care
- Duties included assessment, diagnosis, ordering labs, medication prescriptions and arranging follow up care
- Preceptorship with a Nurse practitioner making house calls for adult patients in their homes or long term care facilities
- Duties included assessment, diagnosis, ordering labs, medication prescriptions and arranging follow up care
- Was responsible for up to 8 patients a day.

REGISTERED NURSE 06/2015 to 11/2021

Baylor Scott & White Medical Center, Dallas, TX

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Cared for up to four high-need COVID-19 patients per shift in ICU COVID stepdown unit.
- Participated in development of Patient Care Plans for patients experiencing COVID-19.

ICU REGISTERED NURSE 01/2011 to 01/2017

The Medical Center of Plano, Plano, TX.

- Burn ICU nurse, Level 1 Trauma ICU Nurse, Medicine /Neuro ICU nurse

- Coordinated with nurse manager is opening up Burn ICU
- Caring for trauma, surgical, and burn ICU patients
- Caring for cardiothoracic post op patients
- Providing care for patients with strokes and brain injury
- Monitoring patients in continuous renal replacement therapy
- Collaborating with fellow members of the critical care team
- Providing education and support for patient and patient families
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

REGISTERED NURSE 01/2013 to 01/2017

Lifecare Hospitals of Plano. LTAC, Plano, TX

- Caring for patients in the Long term acute care setting
- Managing patients with medical-surgical conditions
- Performing dressing changes on patients with stage 1 to stage 4 pressure ulcers
- Assisting patients with daily physical, occupational and speech therapy requirements
- Creating and following up with patient care plans.

ICU REGISTERED NURSE 01/2009 to 01/2011

Shady Grove Adventist Health Hospital, Rockville, MD

- Preparing patient care plans
- Record and report lab values and ABG's
- Monitoring patients on continuous sedation
- Provide specialized care for 2-3 ICU patients
- Administering medications and titrating drips
- Caring for intubated, trached, and mechanically vented patients
- Inserting NG and OG tubes and administering tube feedings
- Perform wound care and dressing changes using sterile technique
- Carrying out doctor's orders and reporting back with patient changes
- Helping with set up of arterial lines and monitoring patients with them
- Inserting indwelling urinary catheters and performing in and out catheterization
- Administering blood products and monitoring patients for adverse reactions

EDUCATION

Texas Woman's University, Dallas, TX

Master of Science, Adult/Geriatric Nurse Practitioner, 05/2019

Adult/Geriatric Nurse Practitioner (AGNP) holds a Bachelor of Science in Nursing (BSN), and completes an NP-focused graduate master's nursing (MSN) program and successfully passes a national NP board certification exam. The AGNP focuses on primary care for the adult and geriatric patient population.

Winston-Salem State University, Winston-Salem, NC

Bachelor of Science, Nursing, 12/2007

ACCOMPLISHMENTS The National Deans List, 2004-2007.

School of Health Sciences Dean's List, 2004-2006

ADDITIONAL INFORMATION

- Basic Life Support (BLS) Advanced Cardiac Life Support (ACLS)

AFFILIATIONS

The American Association of Nurse Practitioners (AANP).

CERTIFICATIONS

- Adult Geriatric Nurse Practitioner Board Certified (AGNP-BC) License - (2.5 years)
- Registered Nurse- (11 years)