

Janika Cowart

RN

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Authorized to work in the US for any employer

Work Experience

RN ICU / RN Psych Acute/ LVN Psych Acute

Los Angeles downtown Medical Center - Los Angeles, CA

September 2017 to Present

Evaluative skills necessary for patient assessment. Clinical reasoning and judgment skills necessary for evaluation of nursing interventions and for safety of patients and self. Oral and written communication skills to interact with patients, visitors and staff. Ability to recognize need for and alter communication with patients with communication impairments. Ability to manage time, organize daily schedule to meet productivity standards, and cope with professional stress.

LVN Charge Nurse

Legacy Nursing & Rehabilitation - Martinez, CA

April 2017 to August 2017

Consult with the resident's physician in providing the resident's care, treatment, rehabilitation, etc., as necessary. Make periodic checks to ensure that prescribed treatments are being properly administered by certified nursing assistants and to evaluate the resident's physical and emotional status. Notify the resident's attending physician and next-of-kin when there is a change in the resident's condition. Obtain sputum, urine and other specimens for lab tests as ordered. Take and record TPRs, blood pressures, etc., as necessary.

Provide direct nursing care as necessary.

Home Health Nurse/ hospice nurse

Blize - Hercules, CA

March 2017 to July 2017

Excellent communication skills, compassion for the patients and their families, good interpersonal skills, flexible working, quick decision-making, problem-solving skills. Examining and recording the changes in the clinical conditions of the patients. Taking specimens like blood, urine, sputum. Administering the oral and intravenous medications. Taking care of ostomy. Changing wound dressings. Feeding the patients through a gastrostomy tube.

LVN

ADVANCED HOME HEALTH AND HOSPICE - Sacramento, CA

January 2017 to July 2017

Care for a patient with tracheostomy, gastric tube care and foley catheter care. Evolving Communication skills while remaining compassionate and reliable to the job presented.

Education

Associate in Nursing

Antelope Valley College - Lancaster, CA

June 2019 to May 2020

LVN

Carrington college pleasant hill - Pleasant Hill, CA

2015 to 2016

Nursing Assistant

Northbay Nursing Institute - Fairfield, CA

2013 to 2013

AA in Science

Solano community college - Fairfield, CA

2009 to 2012

Nursing Licenses

PN

Expires: May 2022

State: CA

RN

Skills

- Tube Feeding
- Catheter Care
- EMR Systems
- Medication Administration
- Nursing
- Hospice Care
- Home Care
- Vital Signs
- Hospital Experience
- Cerner
- Critical Care Experience

Certifications and Licenses

BLS/CPR

September 2019 to May 2021

CPI

October 2020 to October 2021

LVN

Advanced Cardiovascular Life Support (ACLS)

November 2020 to November 2022

LPN