Compassionate, resilient, and dedicated Registered Nurse with fourteen years of collective experience in various clinical healthcare settings is now committed to sharpening skills by progressing into a higher acuity setting. The

burning desire to obtain a position in a critical care unit is a priority. Allowing an opportunity to resume knowledge-building steps so that I can continue to serve and be of service to this premier profession.

EDUCATION

Bachelor of Science in Nursing *Exp. May 2021* *University of Texas at Arlington Arlington, Texas*

Associate Degree of Applied Science in Registered Nursing *May 2014 Angelina College* *Lufkin, Texas*

Certificate of Completion in Licensed Vocational Nursing *August 2007 Panola College Carthage, TX*

CAREER SKILLS HIGHLIGHTS

|  |  |  |
| --- | --- | --- |
| * Advance Cardiac Life Support (ACLS) *exp. 04/2022*
 | * Basic Life Support (BLS)

 *exp. 04/2022* | * Arterial blood gas interpretation
 |
| * Hospice & Palliative care trained
 | * CRRT training (04/2021)
 | * Endotracheal care and management
 |
| * Telemetry monitoring and interpretation
 | * Covid 19 screening, care, and treatment
 | * Thoracic chest tube care and management
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| * Paragon, McKesson, & Med-Host electronic charting systems experience
 | * Intermediate level ventilator training and experience
 | * Titration and management of vasopressors, anticoagulants, and insulin drips.
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Career Progression

Registered Nurse Lufkin, TX *October 2020 – Present* CHI ST. LUKE MEMORIAL- Progressive Care/Covid Unit

* Provided care for patients ranging from medium to high acuity, with diagnoses including Covid 19, heart failure, post-cardiac catheterization, respiratory distress, gastrointestinal bleeds, and others.
* Monitored patients with invasive lines and devices, including arterial lines, central venous lines, endotracheal and tracheostomy tubes, orogastric and nasogastric tubes.
* Collaborated with Respiratory Therapist to provide care for patients requiring ventilatory support including CPAP, BIPAP, Airvo, Vaporderm, high-flow nasal cannula, and mechanical ventilation.
* Monitored and administered sedation and anti-anxiety medications for patients requiring invasive and non-invasive ventilatory support.
* Utilized virtual telemedicine intensivists during daily rounds to develop and implement an effective care plan for patients.
* Utilized teleconferencing with the patient and families, allowing inclusion with the patient plan of care and interaction in the abscence of in-person visitation.

Registered Nurse Lufkin, TX *October 2015 – June 2018* CHI ST. LUKE MEMORIAL- SPECIALTY HOSPITAL

* Assumed care of transitional patients with long-term critical care needs post inpatient hospitalization.
* Managed care for 3 to 5 patients ratio assignments depending on patient acuity.
* Consulted with various physicians and specialists to revised patient treatment plans to deliver effective therapeutic care based on assessment and identified needs.
* Utilized Evidence-Based Practice (EBP) to continuously caring and educate patients and families.
* Assessed and provided patient comfort and pain control via pharmacological and non-pharmacological methods.
* Responsible for monitoring and interpreting patient cardiac rhythms, identifying, reporting, and treating cardiac arrhythmias.

Home Health Registered Nurse, Tyler, TX *May 2014 – Current* EPIC HEALTH SERVICES

* Extensive experience working in homes with disabled neonatal and pediatric patients with chronic health conditions requiring primary care, assessments, evaluation, and monitoring.
* Educated patients and families on activities of daily living, personal hygienic care and grooming, active and passive range of motion exercises, medication administration, and appropriate dietary calorie consumption.
* Manage daily and monthly itinerary, including scheduling, attending physician and specialist appointments, arranging transportation, and ordering and picking up prescriptions.
* Provided in-home care services ranging from tracheostomy care, in-line and sleeved suctioning, ventilatory management, oxygen management, enteral feeding, in and out catheterization, wound care treatment, post-operative care, blood glucose monitoring, obtained blood draws, and IV antibiotic administrations.

Licensed Vocational Nurse II, Pollok, Texas *November 2009 - October 2013* LUFKIN STATE SUPPORTED LIVING CENTER

Responsible for observing patients, including examinations, assessments, charting, and monitoring for changes in condition.

Provide routine maintenance care and treatment for intellectually disabled individuals with acute and chronic health care needs, including taking temperatures, blood pressures, dressing wounds, treating bedsores, and performing catheterizations.

Attend weekly interdisciplinary team meetings to discuss the current plan of care and treatment goals.

Licensed Vocational Nurse, Lufkin, Texas  *March 2008 - November 2009*  MEMORIAL HEALTH SYSTEM OF EAST TEXAS

Administer prescribed medications or start intravenous fluids, noting times and amounts on patient charts.

Measure and record vital signs, such as height, weight, temperature, blood pressure, pulse, and respirations.

Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.

Prepare patients for examinations, tests, or treatments and explain procedures.

Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.

Pharmacy Technician, Nacogdoches, Texas *January 2004 - March 2008*

WAL-MART PHARMACY

* Received, verified, and refilled medication prescriptions under the supervision of a Registered Pharmacist
* Managed the inventory of medication and supplies, noting the surplus, shortages, and monitoring the expiration date for all merchandise.
* Established and monitored patient profiles to ensure accuracy and up-to-date information.
* Assisted customers with transactions and limited questions, also referred them to a Pharmacist for medication education.

References available upon request.