# Martha Nelson

Bay Point, CA 94565 martienelson@gmail.com 1-925-768-5002

Authorized to work in the US for any employer

# Work Experience

#### **Staff Nurse**

CALIFORNIA PACIFIC MEDICAL CENTER - San Francisco, CA 2003 to 2020

Maternity Unit

- Post-Partum
- Nursery
- NICU
- Lactation Consulting
- Labor and Delivery

#### **Staff Nurse**

SUTTER DELTA MEDICAL CENTER - Antioch, CA 1996 to 2003

17 years in high risk maternity specialty. Admission of newly delivered moms and their babies ,antepartum patients and Gyn care. Well versed in intravenous administration, Foley care . Epic computer charting and computerized medication administration . Assisted with special procedures post epidural and or general anesthesia . Discharge teaching and vaccinations given if needed.

# **Staff Nurse**

JOHN MUIR MEDICAL CENTER - Walnut Creek, CA 1990 to 1996

Postpartum and level 1 nursery ,

#### Staff Nurse

JOHN MUIR MEDICAL CENTER - Oakland, CA 1990 to 1995

#### Staff Nurse

ALACHUA GENERAL HOSPITAL 1988 to 1990

#### Staff Nurse

WEST JEFFERSON MEMORIAL HOSPITAL - Marrero, LA 1986 to 1988

Burn Unit

# **Staff Nurse**

JO ELLEN SMITH MEMORIAL HOSPITAL - New Orleans, LA 1985 to 1986

Adult icu care

#### **Nurse Corps**

UNITED STATES NAVY 1983 to 1986

#### Staff Nurse

ALEXANDRIA HOSPITAL - Alexandria, VA 1981 to 1983

Post surgical unit

Education

#### Nursing Degree

ALEXANDRIA HOSPITAL SCHOOL OF NURSING - Alexandria, VA 1977 to 1980

#### Associate in Nursing Program

NORTHERN VIRGINIA COMMUNITY COLLEGE - Springfield, VA 1976 to 1978

ST. MARY'S ACADEMY - Alexandria, VA 1972 to 1976

# **Nursing Licenses**

**RN** Expires: July 2021

State: CA

#### Skills

- Professional
- Organized
- multifaceted
- strong communication skills
- motivated
- a leader
- problem solver
- Hospital Experience
- Medication Administration

- Nursing
- Spanish speaking
- Vital Signs
- EMR Systems
- Epic
- Experience Administering Injections
- Patient Care
- English

# **Military Service**

Branch: US NAVY Rank: Lcdr April 1983 to April 1986

San Diego Naval hospital 3 years active duty continued as a navy nurse reservist for a total of 16 years.

Commendations: Reactivated in 1990 for a year of active duty due to war

# Certifications and Licenses

#### **Registered nurse**

July 2019 to July 2021

# **BLS Certification**

# **ACLS Certification**

#### Assessments

# **Clinical Judgment — Proficient**

July 2020

Assessing a patient's condition and implementing the appropriate medical intervention. Full results: <u>Proficient</u>

#### **Electronic Health Records: Best Practices – Highly Proficient**

July 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Highly Proficient</u>

#### Home Health Aide Skills - Expert

July 2020

Providing care to patients in a home setting

Full results: Expert

# **Medical Terminology – Proficient**

July 2020

Understanding and using medical terminology Full results: <u>Proficient</u>

#### First Aid — Highly Proficient

July 2020

Treating common medical emergencies Full results: <u>Highly Proficient</u>

#### **Verbal Communication – Proficient**

July 2020 Speaking clearly, correctly, and concisely Full results: <u>Proficient</u>

Active Listening — Familiar

July 2020

Actively listening and appropriately responding in conversations Full results: <u>Familiar</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.