

Tanaesa Costa, BSN, RN

(904)451-9100

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Education

M.S. Family Nurse Practitioner (currently enrolled)
B.S., Registered Nursing
A.S., Registered Nursing
Licensed Practical Nurse

South University
University of North Florida
Saint Johns River State College
Florida State College at Jacksonville

Licenses

- Multistate/FL #RN9495421
- Minnesota #2476108
- Washington #6101295
- California #95204735
- Hawaii #90563
- New York #801067
- Illinois #041511046

Certifications

- Basic Life Support (BLS)/CPR
- Advanced Cardiac Life Support (ACLS)
- Covid Compliance Officer

Professional Experience

Access Now Primary Care/COVID clinic

Nov 2021-Current

Registered Nurse/Covid Compliance Officer

- Responsible for safe and proper handling and administration of COVID-19 vaccine
- Adhered to manufacturer guidelines, followed proper aseptic technique in administering vaccinations
- Maintained sterile set-up of vaccine stations, ensured accurate and timely documentation of all vaccination activities
- Educated patients regarding vaccination process and possible adverse reactions

BFCS/Clinic Shelter/LTAC

Aug 2021-Oct 2021

Registered Nurse/Team Lead-Med Surg

- Assessed vital signs, collected medical history, started and monitored IVs, infused monoclonal antibodies
- Provided medical care for residents affected by hurricanes, administered medications, monitored for status changes

Rapidstaff/ICE Detention Facility

Jun 2021-Aug 2021

Registered Nurse-Clinic

- Performed intake of unaccompanied minor immigrants ton emergency intake shelters
- Performed triage, administered medications, and general assigned nursing duties

SnapNurse/ Santa Rosa Junior College

Apr 2021-Jun 2021

Registered Nurse-Clinic

- Administered COVID 19 vaccinations to adult and pediatric patients
- Maintained accurate and timely documentation of all vaccination activities
- Educated patients regarding vaccination process and possible adverse reactions

Krucial Staffing/Christus Spohn & Memorial Hospital

Sep 2020-Apr 2021

Registered Nurse (Med Surg/Tele)

- Performed daily and ongoing assessments of medical and surgical patients on a medical surgical floor
- Obtained vital signs, monitoring closely for changes in status and adverse reactions
- Interacted with patients and families while providing education and collaboration with doctors
- Administered medications, obtain cultures, insertion of foley catheters and oxygen administration
- Provided post-op care, pain control and wound care and ensure safety measures were in place

Favorite Healthcare Staffing/Marianna Health and Rehab (SNF)**Aug 2020-Sep 2020****Registered Nurse-Team Lead**

- Responsible for safe and proper handling and administration of COVID-19 vaccine
- Adhered to manufacturer guidelines, followed proper aseptic technique in administering vaccinations
- Maintained accurate and timely documentation of all vaccination activities
- Educated patients regarding vaccination process and possible adverse reactions

Krucial Staffing/Carter Hospital-LTAC**Mar 2020-Jul 2020****Registered Nurse/Team Lead**

- Provided leadership and assistance to over 50 temporary crisis relief staff members assigned to the facility
- Provided emergency response, crisis care, disaster relief and recovery efforts
- Performed daily and ongoing assessments of medical and surgical patients
- Provided daily wound care, and other treatments per doctors' order and cared for r/o and positive COVID-19 patients, and COVID testing
- Provided trach care for patients with ventilators, peg and gastrostomy tubes, and incontinence care
- Cared for patients with chronic respiratory failure, MS, ALS, s/p CVA, brain injury, etc
- Obtained vital signs, monitoring closely for changes in status and adverse reaction

Southeast Georgia Health Systems/Pre-op Services/Med Surg**Dec 2019-Apr 2020****Registered Nurse**

- Assessed patients pre-operatively and ensured that operative and informed consents are signed
- Initiated IVs and ensure that patients are informed about the procedure and to ensure readiness for surgical procedures
- Initiated IVs and ensure that patients are informed about the patients' post-operative condition by monitoring vital signs
- Monitored patients for condition changes and report any changes to the physician
- Performed nursing intervention duties in cases of postoperative emergencies

Florida Regional General Hospital/Med/Surg Tele**May 2018-Dec 2019****Registered Nurse**

- Consistently communicated effectively and respectfully with the patient, the patient's family, and other members of the healthcare team.
- Administered medications and treatments as ordered while delivering safe, dependable and effective care to a patient population independently utilizing the nursing process.
- Reduced barriers to communication by facilitating communication skills which included effective listening.
- Individualized patient care and needs based upon the knowledge of the patient and the family and advocated for patients based on knowledge of condition and cultural needs.

Haven Care Hospice**Mar 2017- Mar 2020****Registered Nurse**

- Administered home health to nursing care and hospice patients
- Performed independent decision-making in the execution of routine duties
- Provided around-the-clock continuous care to the terminally ill patient in the final stages of the dying process while monitoring and performing patient/caregiver teaching and symptom management
- Evaluated patient /family needs in the preparation and executions of the interdisciplinary plan of care for each patient and the effectiveness of treatments and monitors patients' reactions to interventions
- Performed selected acts in care of the terminally ill under supervision of an NP or MD

FPS-Corrections**Jun 2014-Aug 2017****Registered Nurse**

- Coordinated and/or administered medication, therapeutic agents, treatments, to inmate med surg and psych patient population
- Assisted physicians with medical treatments and administered prescribed medication and provided first aid care also reported reactions to treatments and medications, changes in the patients' emotional and/or physical condition
- Provided inmate patient education and/or discharge planning and monitored and provided treatment to patients going through drug and alcohol withdrawal
- Performed daily nursing assessments and provided therapeutic interaction with patients to assist with sources of anxiety and provided psychosocial interventions and behavioral therapy.