### Skyler Hochstein

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# *-filling my cup so that I may flow into others’ by loving them where they are at-*

# Education

**South Dakota State University,** *Brookings, South Dakota*

College of Nursing, BS

* **Graduation Date:** May 2020
* **GPA:** 3.78/4.0 | Fishback Honors College Distinction | CPR/BLS/CDLS Certified

# work experience

**Bozeman Deaconess Hospital,** *RN- Medical Floor*  ***July 2020 – Present***

**Restore HyperWellness,** *Lead Nurse, Bozeman* ***March 2021-Present***

* Oversaw three other RNs including training, certification, charting, and scheduling.
* Facilitated voluntary IV therapy, IM injections, and hyperbaric oxygen treatments.
* Coordinated micronutrient testing and consultations.

**Miller Wellness Center, SDSU,** *Group Fitness Instructor* ***November 2018 – May 2020***

* Taught a variety of large and small group fitness classes featuring HIIT, free weights, plyometrics, and functional fitness.
* Insanity certified

**Benedictine Living Community of St. Peter,** *Certified Nursing Assistant*  ***May 2016 – June 2020***

* Assisted residents of the dementia care unit with activities of daily living

**Mayo Clinic Endoscopy, Mankato,** *Summer Nurse Intern* ***June 2019 - August 2019***

* Numerous IV starts daily
* Administering moderate sedation
* Close patient monitoring and extensive patient education

**Camp Sweet Life,** *Diabetes Camp Counselor* ***August 2015 – August 2018***

* Mentored 8 campers for a week-long camp focused on promoting healthy lifestyle choices
* Educated diabetic campers aged 4-15 years old on carbohydrate counting, diabetic equipment management, self-medication, and diabetes management.

**Saint Peter Community Childcare Center,** *Childcare Assistant* ***January 2014 - May 2016***

* Supervised approximately 20 preschoolers each day and facilitated appropriate educational and leisure activities
* Managed conflict and disciplinary situations with children

# Community Service

**State A Thon,** *Dancer* ***August 2017 – May 2020*** *Hours 40/ year*

* Raised $2,433 in 4 years of fundraising to benefit Children’s Miracle Network
* Participated in day of activities including hosting miracle children and their families

**Honors Peer Mentor Program,** *Coordinator* ***May 2018 – May 2020*** *Hours 50/year*

* Managed 30 mentors and 30 mentees for South Dakota State’s Honors College Peer Mentor Program
* Initiated social events that enhance first year students’ college experience and promote healthy relationships

**Honors Peer Advising and Honors Recruitment Team *August 2018 – May 2020*** *Hours 40/year*

* Assisted potential and first year Honors students with incorporating Honors curriculum into their academic plan