

# CHRISTOPHER MITCHELL RN

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## Professional Summary

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### Operating Room

10 year career in the O.R., post-op and pre-op.

### Urgent Care

Triage and care coordination in fast-paced urgent care setting.

### Hospice/Home Health

Pain management /end of life care including CADD pump programming and administration.

### Psychiatric nursing

Staff nurse for 1 year in private adult "open" facility.

## Skills

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- Case Management
- Patient Care
- Hospice Care
- Treatment Planning
- Scheduling
- Venipuncture
- Pain Management
- Medication Administration
- Discharge Planning
- Health Education
- Disease Management
- Infection Control
- Medication and IV administration
- Intake and discharge
- Patient education
- Case management
- Infection control measures
- Wound Care
- EMR / EHR
- Direct Patient Care
- Emergency Procedures
- Patient counseling
- Hospice and palliative care

## Work History

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### RN Staff Nurse

01/2021 to Current

#### Holy Cross Hospital, Fort Lauderdale – Fort Lauderdale, FL

- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Worked within interdisciplinary health care team to develop, implement and make adjustments to patient care plans, individualizing strategies and meet recovery goals.

**Owner manager Vacation Rentals** 06/2004 to 12/2020

**Tranquil Sun Terrace** – Fort Lauderdale, FL

- Took over family business of 5 single family homes as vacation rentals x 16 years. Administered fully functioning 5 star vacation rentals until family sold off assets in 2020.
- Created spreadsheets using Microsoft Excel for daily, weekly and monthly reporting.

**OR RN** 03/1996 to 06/2004

**Cedars Sinai Medical Center** – Los Angeles, CA

- OR staff nurse, scrub and circulating, ortho and general surgery

**OR RN** 03/1991 to 02/1996

**CENTINELLA HOSPITAL SURGERY CENTER** – Los Angeles, CA

- O.R. staff nurse, circulating and scrub nurse duties, ortho and gen surgery.

**RN Staff Nurse** 03/1989 to 04/1991

**COLLEGE HOSPITAL, ADULT OPEN PSYCHIATRIC UNIT** – Cerritos, CA

- Psychiatric RN staff

## Education

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**Associate of Science: RN** 04/1990

**Long Beach City College** - Long Beach, CA

**Bachelor of Science: COMMUNITY HEALTH EDUCATION** 05/1983

**UNIVERSITY OF CALIFORNIA** - Long Beach, CA