



**David
Bestman
Wreah**

+1 415 240 2076

wdavida4343@gmail.c

om

VA 23235

SUMMARY

Authorized to work in the US for any employer

SKILLS

- Medical screening
- Patient monitoring
- In English
- Intake and discharge
- Staff Development and Precepting
- Nursing Plan Development and Modification
- ELNEC training (End-Of-Life-Care)
- Immunization skills
- Disease management programs
- Strong medical ethic
- BAC screen/drug screen collection ability
- Patient care planning
- Gastroenteral nutrition education
- Body mechanics knowledge
- Infectious disease control
- Documenting vitals
- Medical assessment
- Hearing screenings
- Gastrostomy tube care
- IV and venipuncture certified
- Psychiatric and Mental Health Care
- Nursing staff leadership
- Emotional awareness
- BAC screening/drug screen collection
- Geriatric treatment knowledge
- Long-Term Care
- IV drug therapy management
- Ventilator care
- Diagnostic tools experience
- Flow sheet charting
- Advanced Cardiac Life Support (ACLS) certification
- Seizure management
- Family and patient support
- Vascular care understanding
- Sterilization techniques mastery
- Direct and Indirect Patient Care
- Patient Satisfaction and Process
- Follow-up calls
- Patient Management
- Culturally-sensitive care
- Hematology testing aptitude
- Prenatal care
- Taking vitals
- Resource Allocation
- Health and wellness expertise
- Medication and IV administration
- Inpatient and outpatient care
- SBAR communication
- Palliative and Pain Management
- Acute and rehabilitative care
- Patient relations
- Electronic Health Records Management
- Life-sustaining machines
- Patient education and counseling
- Community advocate
- Patient Care
- Home visits
- Sick visit procedures
- Postpartum care
- Clinical Information System Management
- Nursing Plan Development
- Tracheostomy care
- Mobility Assistance
- Diabetes management
- Epic EHR, CPRs and BCMA, Medhost Management
- Colostomy care familiarity
- Patient discharging
- Coordinating referrals
- Unit administration
- Problem resolution
- Team building
- Customer service
- Active listening
- Troubleshooting

- Improvement
- Health care consultation
- Planning

EXPERIENCE

Registered Nurse

Richmond, VA

Vibra Hospital for Kindred Healthcare/ Dec 2020 to Current

- Applies the nursing process or processes at the unit/team/work group level to improve patient care.
- Demonstrates leadership by involving others in improving patient care.
- Provides a full range of nursing care to patients with complex care needs utilizing the nursing process.
- Completes initial assessments and re-assessments of patient condition and response to treatment and other clinical findings.
- Initiates follow-up as needed.
- Assesses patient's learning needs, develops and implements a plan to meet needs, and instructs patients and families in self-care and treatment measures.
- Modifies approach as indicated.
- Promotes discharge planning and continuity of care through developing an individualized interdisciplinary plan of care in collaboration with the patient, family and health care team.
- Involves community resources as appropriate.
- Administers prescribed therapies using appropriate judgment.
- Initiates referrals to other disciplines and/or services as appropriate.
- Accurately documents in the medical record patient findings, assessments, and care provided.
- Effectively functions as the Charge Nurse, Team Leader or other leadership role that guides and directs others who provide patient care.
- Applies problem-solving skills, on the unit level, leading to an improvement in patient care.
- Administers medication and treatments in accordance with established procedures/policy.
- Applies collaborative team approach in identifying, analyzing, and resolving problems.
- Demonstrates leadership by involving others (groups) in developing appropriate patient centered plans of care.
- Evaluates patient's response to care based on identified, measurable outcomes, revise, and advocates for holistic care as appropriate.
- Practices in a nonjudgmental, discriminatory manner and is sensitive to diversity.
- Demonstrates knowledge and compliance of Ethical Resolution Process.
- Provides accurate information to patients and other staff when ethical issues arise.
- Supports and enhances client self-determination.
- Serves as a resource for clients and staff in addressing ethical issues.
- Serves as an advocate by assisting patient and families in developing skills for self-advocacy.

- Assumes responsibility/accountability for all professional decisions/actions.
- Provides compassionate care, respecting patients' personal values and belief system.
- Safeguards privacy and maintains confidentiality of all patient information including electronic and print.
- Identifies and assesses resource utilization and safety issues, taking appropriate action.
- Evaluates practice of self and others against standards of practice and relevant regulations (i.e., nurse practice acts, the Joint Commission, OSHA, professional nursing organizations, etc.) and takes action to improve compliance.
- Utilizes established guidelines in accordance with functional statements, performance standards, position descriptions and competencies to evaluate practice.
- Identifies the process and outcome of a specific improvement that has resulted from performance improvement activities on the unit.
- Complies with VAMC Research Policy.
- Uses a body of research to validate and/or change work group practice.
- Identifies clinical problems or issues.
- Facilitates implementation of research based on literature as it relates to the clinical practice, problem, or issue.
- Patient are mostly trach and PEG tube.
- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Collaborated with doctors to plan post-treatment home care and prevent return

hospitalization.

- Developed and adapted individualized treatment plans according to patient recovery goals.
- Assessed patients in active drug and alcohol withdrawal and provided interventions to manage physical and psychological withdrawal symptoms.
- Delivered care to 6 patients per day, including coordinating and evaluating interdisciplinary care.
- Used feedback and clinical data to improve care quality and patient outcomes.
- Monitored and educated nursing students and externs on proper care procedures and prioritization strategies.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Oversaw patient immunizations against communicative diseases, supporting nurses through vaccine-specific training and supervising administration.
- Promoted healthy lifestyle choices to reduce re-emergence of painful or dangerous symptoms.
- Delivered high-quality nursing care to patients on 50 -bed LTAC unit.
- Set up trays, supplies and sterile fields for office procedures.
- Reached out to patients to convey lab results and provide care instructions.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
- Maintained comprehensive base of unit supplies to meet expected patient demands, public health emergencies and mass casualty incidences.
- Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction.
- Conducted post-op reviews, tracked patients' vitals and monitored fluids to reach optimal care targets.
- Maintained optimal ventilator settings and operations to meet patient care needs.
- Inserted and managed central, arterial and PICC lines.
- Developed and maintained quality care systems and standards and implemented medical protocols and guidelines.
- Coordinated and managed care for patients undergoing myocardial infarction screening and anticoagulation therapies.
- Prepared for HIPAA and Joint Commission reviews, making required brochures and pamphlets available to patients in clinics.
- Completed and maintained personal Performance-Based Development System (PBDS) standards to show consistent clinical competency and sound judgment.
- Delegating assignments and monitoring quality of care.
- Initiated review, revision and creation of operational policies within emergency department.
- Conducted restraint audits according to organizational guidelines and generated reports for nursing leadership review and analysis.
- Advanced nursing competencies through participation in simulation exercises and practice improvement projects.

- Counseled caregivers and families on end-of-life planning and educated on patient care options.
- Planned and spearheaded in-service educational programs focusing on fall safety, skin care and adherence to core measures.
-

RN Floor Nurse 4C/4D

Richmond, VA

McGuire VA/ Apr 2020 to Current

- Monitored and managed various treatment and care interventions.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Updated physicians on patient test results and assisted in developing care plans.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Assessed patients in active drug and alcohol withdrawal and provided interventions to manage physical and psychological withdrawal symptoms.
- Delivered care to 4-5 patients per day, including coordinating and evaluating

interdisciplinary care.

- Used feedback and clinical data to improve care quality and patient outcomes.
- Monitored and educated nursing students and externs on proper care procedures and prioritization strategies.
- Acted as patient advocate and implemented total patient care through team nursing process.
- Oversaw patient immunizations against communicative diseases, supporting nurses through vaccine-specific training and supervising administration.
- Promoted healthy lifestyle choices to reduce re-emergence of painful or dangerous symptoms.
- Delivered high-quality nursing care to patients on 21]-bed medical-surgical unit.
- Set up trays, supplies and sterile fields for office procedures.
- Reached out to patients to convey lab results and provide care instructions.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
- Maintained comprehensive base of unit supplies to meet expected patient demands, public health emergencies and mass casualty incidences.
- Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction.
- Conducted post-op reviews, tracked patients' vitals and monitored fluids to reach optimal care targets.
- Counseled caregivers and families on end-of-life planning and educated on patient care options.
- Advanced nursing competencies through participation in simulation exercises and practice improvement projects.
- Maintained optimal ventilator settings and operations to meet patient care needs.
- Coordinated and managed care for patients undergoing myocardial infarction screening and anticoagulation therapies.
- Developed and maintained quality care systems and standards and implemented medical protocols and guidelines.
- Inserted and managed central, arterial and PICC lines.
- Completed and maintained personal Performance-Based Development System (PBDS) standards to show consistent clinical competency and sound judgment.
- Prepared for HIPAA and Joint Commission reviews, making required brochures and pamphlets available to patients in clinics.
- Planned and spearheaded in-service educational programs focusing on fall safety, skin care and adherence to.

Hospice Registered Nurse Case Manager

Milpitas, CA

VITAS Healthcare/ Nov 2019 to Apr 2020

- On call nurse/after hours.
- Collaborates with MD to manage patient symptoms to make them comfortable.
- Listened to patients and loved ones, offering emotional support and kindness to help with end-of-life transition.

- Guided patients' loved ones and caregivers in pain management, wound care and medication dosing.
- Created and applied tailored care plans that would meet each patient's individualized needs.
- Utilized effective interpersonal, writing and active listening skills to build and cultivate positive relationships with patients, caregivers and physicians.
- Delivered respectful, compassionate care to each patient and family through dedicated listening, kind words and [Skill].
- Planned hospice care for elderly and disabled patients.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Delivered information regarding care and medications to patients and caregivers in comprehensible terminology.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Executed appropriate steps for patient treatment following careful review of physician medical regimen.
- Provided skilled direct nursing care to [Type] patients in [Type] department.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Provided training and supervision to [Number]-member staff in [Type] unit.
- Cared for patients recovering from [Type] and [Type] procedures and provided personalized daily assistance.

RN Supervisor

San Francisco, CA

San Francisco Campus for Jewish Living/ Apr 2018 to Apr 2020

- 1.

- Work in Acute Psych Hospital with in Jewish Home community.
- The unit consists of 12 patients.
- 2.
- Supervised 9 units, Attends meetings on matters pertaining to the function of the unit; maintains good communications and working relationships with personnel in other units.
- 1.
- Coordinates the recording and accumulation of statistical information to prepare reports, as required.
- 1.
- Coordinates work of the unit with the requirements of other hospital agency departments.
- 1.
- Evaluates performance of employees and assists them in developing their full potential; this may require working on any of the shifts with the employee being trained and evaluated.
- 1.
- Evaluates procedures for effectiveness; devises and implements changes in procedures and forms where appropriate which includes staff training.
- 1.
- Handles complaints or problems which are more complex and require an overall knowledge of hospital policies and procedures.
- 1.
- Schedules available staff on a rotating basis.
- 1.
- Work in Acute Psych Hospital with in Jewish Home community.
- The unit consists of 12 patients.

RN Case Manager

Daly City, CA

ANX Home Health/ Aug 2018 to Nov 2019

- Collaborated with physicians on patient medications, medical needs and performance.
- Developed patient care plans, overall patient health assessments and evaluations.
- Actively participated in family and patient planning processes.
- Assessed and reviewed patients for discharge and planning and integrated services for patients requiring home care, home infusion and durable medical equipment (DME).
- Updated and maintained discharge plan of care with physician, members of healthcare team, patients, and families.
- Collaborated in consults, patient care plans development, patient monitoring and evaluations.
- Incorporated appropriate nursing methods to create individualized care plans.
- Determined and coordinated appropriate level of care to meet individual patient needs.
- Advocated for patients by identifying insurance coverage, communicating care preferences to practitioners and verifying interventions met patients' treatment goals.

- Administered medications and treatment plans in accordance with physician orders.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Trained, guided and mentored home healthcare providers to ensure all objectives were met.
- Helped patients navigate healthcare system and care options by educating on relevant subject areas and answering questions throughout treatment process.
- Coordinated home care, home infusion, and durable medical equipment,

Registered Nurse

San Leandro, CA

All Saints Sub Acute and Rehab Center / Aug 2017 to Jul 2018

- Cared expertly for individuals with wide array of medical issues such as pulmonary, cardiology and infectious disease patients.
- Delivered physician-ordered treatments and monitored responses to quickly spot complications and side effects.
- Assessed patients using comprehensive evaluation techniques and sound clinical judgment.
- Developed and implemented individualized care plans to meet each patients' unique needs.
- Improved care outcomes with proactive education, communication and guidance for patients and family members.
- Recorded actions or behaviors of clinical significance in [System] chart and kept physicians informed.
- Championed new nursing care pathways and trends and improved health service to community.
- Contributed toward meeting department financial targets on unit-based scorecard through decreasing length of stay and operating according to department specifications.
- Demonstrated high degree of confidentiality, positive interpersonal skills and adaptability in fast-paced and unpredictable medical environment.
- Deployed therapeutic communication and active listening and teaching to establish relationships with patients, families and health care team for optimum patient care.
- Performed nursing tasks to deliver high level of care and comply with procedures and regulations.
- Participated in bedside reporting and handoff at change of shift and for patient transfers.
- Administered medications and treatments as directed and as appropriate for patient's medical care in collaboration with multi-disciplinary team.
- Assessed and prepared patients for procedures, performing initial and ongoing patient assessments.
- Performed comprehensive assessments to identify patient needs, devise care plans, modify care solutions and support patient rights.
- Discussed surgical patients with healthcare team to address and resolve concerns.
- Documented nursing intervention and patient and family responses accurately and in

compliance with hospital policies.

- Observed patient's heart rate, blood pressure and respiration for signs of distress.
- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Collaborated with multidisciplinary healthcare professionals to administer therapies and maintain continuum of care.
- Exhibited professionalism and leadership to peers by participating in professional activities and continuing education.
- Educated patients and families on medical and surgical procedures, medication regimens and pain management.
- Performed cardiopulmonary resuscitation accurately and effectively.
- Assisted with nursing duties in short-staffed areas.
- Delivered tailored nursing care to adult patients suffering from multiple diagnoses.

- Promoted safe and calm environment for complex patients by keeping services, supplies and necessary equipment on hand.
- Implemented pre, intra- and post-care, evaluating response to clinical interventions with progression toward discharge.
- Administered treatments, therapies and medication according to prescribed methods and protocols.
- Oversaw safety and compliance with patient confidentiality requirements.
- Specialized in nursing care for patients requiring continuous and comprehensive observation and acute trauma patients with multitudes of injuries.
- Confirmed proper functioning of life support equipment such as ventilators and feeding tubes.
- Oversaw operations of talented team of nurses and patient care technicians, verifying proper staffing and allocation of resources within [Number]-bed medical-surgical floor.
- Coordinated and interpreted radiological scans, EKGs and other diagnostic screenings to diagnose patient conditions.

Direct Support Professional

Burlingame, CA

Novellas Developmental services/ Mar 2016 to Dec 2017

- Care for residents with developmental disability.
- Accomplishments Helping residents meet their goals.

EDUCATION AND TRAINING

Bachelor's: Nursing

Mother Patern College of Health Sciences Aug 2012

Monrovia

Associate: Nursing

Mother Pattern College of Health Science Aug 2007

Monrovia

Diploma: Computer Literacy

Royal Institute of Secretariat Science Jan 1996

Monrovia

Diploma

R Lawson High School Jan 1994

Monrovia

ACTIVITIES AND HONORS

March 2016 to Present BLS provider American Heart Association Heartsaver First Aid March

2016 to Present American Heart Association

ACCOMPLISHMENTS

- Minimizing the spread of contagious diseases.
- Skills Used Temperature taking, asking questions and observations Nurse MSF Belgium - Monrovia August 2014 to December 2014 Responsibilities Take care of Ebola patients.

- Accomplishments Having patients to survive the crisis Skills Used Caring, administering medications, psychosocial support LIAP Health Supervisor Samaritan's Purse International Relief April 2009 to June 2010 Conduct community assessment to identify the prevalence rate of malnutrition;
- Assist in selecting community volunteers for Positive Deviant Hearth and Integrated Management Childhood Illness(IMCI) program;
- Train Volunteer Health Educators to facilitate caregivers' learning and conduct Positive Deviant Inquiry, Hearth Session, IMCI Activities and Reproductive Health;
- Identify positive deviant families and assist in conducting Positive Deviant Inquiry;
- Procure ingredients for hearth menus and teach Volunteers Health Educators and mothers to assume this responsibility;
- Analyze nutrition data and provide feedback to the community;
- Planned menus to meet the calories and proteins requirements;
- Rehabilitate malnutrition children identify in the community through PD Hearth Session;
- Trained and supervised Health/Hygiene Promoters to intern train the Volunteer Health Educators for program activities;
- Assure implementation of hearth protocol;
- Supervise multiple hearth sessions during the same period;
- Interact with Community leaders and health facility personnel to introduce and evaluate the program;
- Compile and submit monthly report to the LIAP Health Field Program Coordinator;
- Attend to other duties as require by the Program Coordinator; Staff Nurse St. Joseph Catholic Hospital - Monrovia February 2008 to April 2009 Responsible for bedside nursing Officer in Charge (OIC) Kunlangor Clinic September 2007 to February 2008 Assist with Medical Procedure.
- Take medical histories and vitas signs.
- Screen and proper diagnosis with treatments.
- Obtained initial patient data;
- Treat all patients with compassion and empathy;
- Prepare medication for treatment;
- Maintain confidentiality and document accurately.
- Provide skillful execution as an integral and supportive part of the physicians practice.
- Trained TBAs on save motherhood and health education on SGBV, Mental health, HIV/AIDS and Integrated Management of Childhood Illness (IMCI).
- Submit monthly clinical activities to the County Health Team and Partners, Skills.
- Case Management (2 years).
- Home Health (2 years).
- RN (10+ years).
- Care Management.
- Home Care.
- Acute Care (10+ years).
- Nursing Experience (10+ years).
- Senior Care (3 years).

- Microsoft Office (10+ years).
- Med Surg.
- Hospital (10+ years).
- Staff Nurse (10+ years).
- Emergency Room.
- Medical Surgical (7 years).
- Medication Administration.
- Vital Signs.
- Caregiving.
- Hospice care.
- Patient Care.
- Supervising Experience.
- Critical Care Experience.
- Triage.
- Medical Imaging Certifications and Licenses Nurse's License: Class: RN.

PERSONAL INFORMATION

Additional Information , Volunteering at UCSF

ADDITIONAL INFORMATION

- Nursing Licenses RN Expires: , November 2020 State: CA RN Expires: October 2021
State: VA