

LAUREN E. DELGADO, CNM, ARNP, MSN
LaurenDelgado612@gmail.com
1134 90th Street West Des Moines, IA 50266
515-971-6554

SUMMARY OF QUALIFICATIONS

- Dependable, hardworking, & motivated
- Caring, compassionate individual; interacts well with all types of people
- Works well as a respectful, cooperative team member
- Comprehensive experience as a CNM

EDUCATION

- Bethel University, St. Paul, Minnesota, 2018
Master of Science in Nurse-Midwifery
- Grand View University, Des Moines, Iowa, 2015
Bachelor of Science in Nursing

WORKSHOPS/EDUCATION CONT.

- How to Start A Birth Center Workshop by AABC
- Herbal Medicine for Women by Dr. Aviva Romm (in progress)

LICENSURE & CERTIFICATION

- CNM/ARNP License (Iowa & Illinois)
- RN License (Iowa & Illinois)
- Advanced Life Support in Obstetrics (ALSO) certified
- NRP Certified
- CPR/AED by American Red Cross for Professional Rescuers & Health Care Providers
- Iowa Dept. of Public Health: Child & Dependent Adult Abuse certification

PROFESSIONAL ORGANIZATION

- American Association of Birth Centers 2020-Current
- American College of Nurse-Midwives 2017-Current
- Honor Society of Nursing: Sigma Theta Tau International 2016-2018
- National Student Nurses Association 2012-2015

WORK EXPERIENCE

MercyOne Des Moines Midwives 2018-Dec. 2020

Certified Nurse-Midwife

- Cares for women across all ages of the lifespan, including antepartum, intrapartum, and postpartum time
- Carries out duties to achieve vaginal deliveries, as well as VBACs
- Acts as a first assist in cesarean births when needed
- Manages patients in the clinic setting 3 days/week, while doing physical assessments, interpreting lab results, ordering diagnostic testing and referring to other providers & specialties as needed
- Performs newborn circumcisions

MercyOne Des Moines 2016-2018

Labor & Delivery Registered Nurse

- Coordinates care for women in the antepartum, intrapartum & postpartum periods as needed
- Interprets electronic fetal monitoring strips
- Utilizes the neonatal resuscitation program (NRP) when necessary
- Administers medication, provides education about a variety of topics

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- Member of the Perinatal Hospice & Bereavement Committee
- Member of the RN Shared Government Unit Council

Nebraska Methodist Health System, Council Bluffs, Iowa 2015-2016
Jennie Edmundson Memorial Hospital

Labor Delivery Recovery Post-Partum/LDRP Registered Nurse

- Cares for women in the antepartum, intrapartum, and postpartum periods
- Coordinates and organizes the plan of care for women and infants
- Administers medication, provides education about a variety of topics
- Sat on the Unit Based Council (UBC) board of RN's

Life Serve Blood Center, Des Moines, Iowa 2014-2015

Donor Specialist

- Works as a phlebotomist
- Assist donors during phlebotomy process to draw whole blood for donations to local hospitals
- Monitors donors for reactions or needed treatment

Student Leadership-REC, Grand View University, Des Moines, Iowa 2012-2015

Marketing/Events Coordinator

- Organizes and creates advertisements to post around campus
- Coordinates and meets with various companies in Des Moines to plan events for school
- Helps facilitate events put on by REC

VOLUNTEER/COMMUNITY INVOLVEMENT

Adventures in Missions

- Medical Mission Trip to Peru 2018

Midwives for Haiti

- Medical Mission Trip to Haiti 2017

Helping Hands Medical Missions Trip

- Medical Mission Trip to El Salvador 2016

InnerVisions HealthCare, West Des Moines, IA 2012-2015

- Crisis pregnancy & STD medical clinic
- Receptionist/Team Leader volunteer

Back2Back Ministries

- International internship in Monterrey, Mexico
- International mission trip participant to Mexico and India 2008-2013

REFERENCES (available upon request)

Diane Clevenger, CNM, WHNP, MSN

Jamie Pinter, CNM, MSN

Karen Kemp-Glock, DO (former medical director)