

Tessa Cryer

If you are seeking a proven professional who can bring immediate value to your organization, I'm your pick!

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Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

LPN

ShiftKey - Texas

January 2022 to Present

LTC, LTAC, PAM, SNF, MEDICAL SURGICAL,
PACU, NEURORESTORATIVE CARE, COVID UNIT, PSYCHE ,
SECURE UNIT, Group Home,
Care of children and adults with Development Delays.

LPN Cardiology

Cardiology/ TAVR/ Vascular - Rapid City, SD

October 2019 to Present

- Communicated with Cardiologist and surgeons to relay patient needs.
- Assisted patients to navigate healthcare system and care options by education on relevant subjects' areas and answering questions throughout treatment process.
- Reached out to patients to convey lab results and provide care instructions.
- Triage and monitored vital signs. Prior - authorizations for medication /procedures.
- Provided patient with accurate preparation / instructions for upcoming procedures.

LPN

Norton Sound Regional Hospital - Nome, AK

April 2021 to October 2021

Primary Care

Mother Child Health

OB/GYN

COVID cough and cold

Urgent Care Setting

COVID Response Team to outlying rural villages

- Triage patients, Obtain Medical History
- Immunization admins. with accurate documentation all ages
- Post Delivery Care
- Infant weights/ Bilirubin checks
- Set up / Assist MD with all procedures related to Primary Care including cast removal / placement

- COVID Swab Testing / Abbott Control and Testing COVID, Influenza, Strep
- COBAS and State COVID Swabbing and prep for specimen transfer
- Chart Review/ Prep for next day visits
- Effectively communicating with physicians

LPN Charge

Poplar Health Care - Casper, WY
October 2018 to November 2019

- Executed appropriate steps for patient treatment following careful review of physician medical regimen.
- Monitored patient's condition, progress and medication side effects to accurately report changes with psychotropic drug therapy.
- Treated patients following physician's order orders and treatment plan, administering various types of medications and therapies.
- Administered oral, intramuscular and IV medications to patients and monitored response for emergent concerns.
- Responded to emergency situations with speed, expertise and level - headed approaches to provide optimal care, support and life saving interventions.

LPN (Licensed Practical Nurse)

Frisbie Health Care - Somersworth, NH
December 2018 to September 2019

- Triage, roomed, vital signs in coming patients for the day.
- Administered oral, IV and intra-muscular medications and monitored / documented patient reactions.
- Responsible for onsite CLIA lab and testing as well as Veni-puncture.
- Served as patient advocate by identifying insurance coverage, communicating care preferences to practitioners and ensuring interventions met patient's treatment goals.
- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illness.
- Immunized pediatric patients as well as school physicals and early childhood, adolescent immunizations.

LPN

Powell Valley Health Care - Powell, WY
July 2018 to October 2018

- Documented patient interactions, accidents and treatment interventions in the main EHR system.
- Directed day to day patient care and nursing activities within 32 bed unit.
- Assisted patients to complete activities of living, (ADLs), including bathing, feeding, lifting and transferring.
- Identified cognitive functioning, mental status, physiological conditions and patient needs.

LPN Triage Nurse

LPN Urgent Care - Mescalero, NM
September 2017 to June 2018

- Maintained adequate unit supplies to meet expected patient demands.
- Administered medications, tracked dosages and documented responses to stay on top of changes in patient's condition. Use of PIXIS.
- Educated patients and families on treatment strategies and at home care to enhance long term care.

- Used facility EMR system to update patient records, transmit prescriptions / files and chart review with prep for clinic.
- Immunized patients of all ages.
- Participated in hospital performance improvement activities to improve safety and patient outcomes.
- Managed, cared for DETOX patients.

LPN Charge

Sutton Health - Sutton, NE

June 2017 to September 2017

- Cared for patients with multiple diagnosis including: Diabetes, CHF, COPD, and Asthma.
- Instructed patients and family members on proper discharge care. Monitored patients with acute conditions. Utilized strong assessment skills to determine necessary patient care. Obtained vital signs on a floor of 25 patients per shift. LTC/SNF, Rehab, Memory Unit.

LPN Charge

Cedar Ridge Inn - Farmington, NM

March 2017 to June 2017

- Diabetes monitoring/ Accu checks / Insulin Administration
- Memory Care Secure Unit
- Interventions with patient and family
- Documentation of psychotropic medications administered and effects.
- Fall prevention and accurate assessment / documentation of falls.

LPN SNF

Belen Meadows - Belen, NM

January 2017 to March 2017

- Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized work load management.
- Medication Administration, IV Certification, Piggy Back administration, Wound Care / VAC. Management, surveillance of Diabetic patient's.

LPN Charge

Centra/The Summit - Lynchburg, VA

October 2016 to December 2016

- Frequently commended for maintain the safety, respect, and dignity of residents.
- Assisted patients with multiple chronic diagnosis, including COPD and asthma.
- Assisted physician with exams and treatments of patients by assisting with sterile set up, instruments, injections and suture / staple removal.
- High Acuity SNF / Rehab Unit
- IV Therapy, PICC Line, (Peak and Trough, SASH)
- Wound Vac, Applying Cpap - Bipap devices.
- Monitored diabetic patients. Administered injections
- Rehab, Sub Acute Med Sur, Geri Psyche.

LPN Charge

Sutton community Home - Sutton, NE

June 2016 to September 2016

- Provided palliative Care ranging from assessment to development and implementation of care plans.

- Sound, ethical and independent decision - making ability consistent with medical protocol.
- Rehab / LTC/ Memory Unit
- Hospice Care.

LVN Clinic Nurse / DME/ CPAP/BIPAP

Magnolia Cardiology - Palestine, TX

January 2016 to June 2016

- Triage, Room patients with vital signs, medication reconciliation and complete History.
- DME for Overnight Oximetry, Pulse Ox, Prior - authorization / Scheduling for Sleep Studies. CPAP / BIPAP, Oxygen DME forms.
- Administered IV therapy and treadmill stress test in cardiac unit.
- Evaluated patient care needs, prioritized treatment and maintained patient flow.
- Disciplined, energetic employee who quickly establishes rapport with patients and colleagues.
- PT/INR Titration Management for Coumadin based on facility protocol.

LPN/Scheduling/ Referral Coordinator / Lab

Walmart Care Clinic - Palestine, TX

October 2015 to January 2016

- Implementation crew for set - up and training of clinic personal
- Full CLIA Lab Testing, Venipuncture, Certified Drug Screening.
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow - up care.
- Delivered high - quality and compassionate treatment to indigent and low income patient community.
- Family Practice, Wellness, STD Testing, Care and Counseling. Reporting communicable Disease to appropriate state.
- Pre - authorizations for medications, procedures.
- Referral Coordinator.

LVN Charge

Advanced Solutions HealthCare - Crockett, TX

January 2014 to October 2015

- Sound, ethical and independent decision - making ability consistent with medical protocols.
- Implemented new floor assignments based on evaluation of staffing requirements.
- Assisted patients with healing and recovery after surgery.
- Managed team of medical support personnel.
- Trachea Care, G - tube, Post-Surgical patients, Wound Care / Vac, IV Therapy.

Education

Associate in LVN Nursing

Lamar University - Port Arthur, TX

1994 to 1996

Skills

- Acute and Rehabilitative Care (8 years)

- Experienced Clinical/Urgent Care (10+ years)
- Experienced Clinical / Urgent Care Specialty (10+ years)
- Triage patient concerns (10+ years)
- Qualified in specimen collection/processing and Drug Screens (10+ years)
- Medication and IV Certified (10+ years)
- Qualified CLIA Lab: Venipuncture, specimen collection / processing. (10+ years)
- LVN (10+ years)
- EMR Systems (10+ years)
- Experience Administering Injections (10+ years)
- Hospice Care (10+ years)
- Medical Imaging (10+ years)
- Medication Administration (10+ years)
- Memory Care (10+ years)
- Nursing (10+ years)
- Tube Feeding (10+ years)
- Caregiving (10+ years)
- Home Care (5 years)
- Infection Control Training (10+ years)
- Medical Office Experience (10+ years)
- Patient Care (10+ years)
- Vital Signs (10+ years)
- Laundry
- Medical Records
- Hospital Experience
- Critical Care Experience
- Epic
- Phlebotomy
- Microsoft Word
- Computer Skills
- Management
- Cerner
- Primary Care Experience
- Managed Care
- Customer service
- English
- Medical terminology
- Communication skills

Certifications and Licenses

LPN

BLS Certification

CPR Certification

LVN

AED Certification