# Ida Mia Canoy-Mondejar RN BSN

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### **PROFILE**

Demonstrated ability to build rapport with patients, families, staff and other healthcare members.

Able to relate well to people from various cultural and socio-economic backgrounds.

Proven record of reliability and productivity, resourceful and able to multitask well.

Strong aptitude to adapt to new skills.

Strong analytical skills, able to adapt well to situations and implement the appropriate intervention.

### **EXPERIENCE**

## Registered Nurse - Med/Surg Telemetry/Psychiatric June 2021 to Present

UC Davis Medical Center 2315 Stockton Blvd, Sacramento, CA 95817

- Responsible for providing care and unit support for medical-surgical, telemetry and progressive care units.
- Maintained continuity of care by documenting accurately on all assigned patients and updating relevant medical personnel and auxiliaries.
- Worked with and coordinated with assigned unit personnel in providing nursing care to
  patients in said units including reporting relevant changes in patient status to charge
  nurse and attending physicians.

### Virtual Hospital Nurse

May 2021 to Nov. 2021

One Adventist Health Way Roseville, Call you later 95661

- Assist in the admission and discharges of patients and monitor vital signs of high risk patients
- Clinically assess and intervene, when necessary, using the nursing process and established protocols.
- Coordinate service and serve as advocate for patient by communicating with physicians and long-term facility staff and case managers.
- Support, collaborate with other telehealth staff to ensure continuity of care and favorable outcomes for the patient.
- Dispatch interdisciplinary visits and coordinate services with external vendors

#### Travel Nurse - Float Pool

Aug. 2020 to May 2021

UC Davis Medical Center 2315 Stockton Blvd, Sacramento, CA 95817

- Responsible for providing care and unit support for medical-surgical, telemetry and progressive care units.
- Maintained continuity of care by documenting accurately on all assigned patients and updating relevant medical personnel and auxiliaries.
- Worked with and coordinated with assigned unit personnel in providing nursing care to
  patients in said units including reporting relevant changes in patient status to charge
  nurse and attending physicians.

### **Registered Nurse - ICU**

June 2018 to Aug. 2020

Vibra Hospital of Richardson 140 W. Campbell Rd, Richardson, TX 75080

- Provided patient care, performed assessment and interventions in a 10-bed ICU unit for long-term acute patients.
- Monitored critical care drips, including antiarrhythmics, pressors, sedatives, heparin insulin drips, narcotics and PCA machines.
- Monitored adequacy of ventilation and level of consciousness and pain and respond accordingly.

# Registered Nurse PRN - Orthopedic Unit

Sept. 2015 to Oct. 2017

Methodist Hospital for Surgery 17101 North Dallas Parkway Addison, TX 75001

- Received patients from PACU, monitor post op vital signs, PCA and fluids setup, review
  of post operative orders and plan of care.
- Monitored patients closely for changes in conditions and advocate as need arise.
- Managed post op pain effectively with timely administration of analgesics/narcotics
  and patient education on use of self-administered pain device, i.e. PCA and supportive
  use of patient position, cold therapy and exercise.
- Coordinated with PT and OT in plan of care of orthopedic patients to enable patients to quickly return to normal or near-normal condition.

# Registered Nurse - Progressive Care Unit

June 2012 to April 2015

Baylor Scott & White Medical Center at McKinney 5252 W. University Dr McKinney, TX 75071

- Monitored individuals per protocols for postoperative cardiac patients, using methods such as cardioversion, EGD, bronchoscopy and cardiac catheterization with PCI.
- Monitored closely conditions, such as CHF exacerbations, atrial fibrillation with RVR, sepsis, DKA and hypoglycemia, COPD, stroke, and hypertensive crises.
- Closely collaborate with members of the healthcare team to plan, implement and assess outcomes of patient care plan and advocate for patient as necessary.

### Registered Nurse - Float Pool

Aug. 2011 to June 2018

Texas Health Resources 612 E. Lamar Blvd Arlington, TX 76011

- Contributed to teamwork and consistently offering assistance to various assigned units
  while continuously using nursing judgement and implementing skills as needed in the
  care of patients and family.
- Followed patient-centered care standards with respect to nursing assessment, treatment
  and assisting physician in conducting exam and maintain medical records and privacy.
- Utilized therapeutic communication to establish relationship with patients and families as well as the healthcare team to come up with a plan of care.

### Registered Nurse - Medical/Surgical Unit

Shady Grove Adventist Medical Center 9901 Medical Center Dr Rockville, MD 20850

- Responsible for preparation of patients admitted for surgery and other minor procedures requiring overnight admission.
- Conducted patient and family education regarding post operative care prior to discharge home and provide appropriate resources about their condition as needed.
- Cared for patient with acute medical conditions, such as hypertension, diabetes, respiratory problems, wound care and management to mention a few.

**Unit Support Coordinator - Medical/Surgical Unit** Feb. 2008 to Dec. 2009 Shady Grove Adventist Medical Center 9901 Medical Center Dr Rockville, MD 20850

- Responsible for answering phones and patient call lights ensuring a quick response to to their needs.
- Organized charts for new patients admitted to the unit and coordinate with their assigned nurses and physicians ensuring orders are accurate and timely.
- Maintained inventory of the unit's non-medical supplies as well as coordinate with hospital auxiliary services to make sure patient-care equipment are functional.

### **EDUCATION**

Bachelor of Science in Nursing

Medina College of Nursing
Ozamiz City, Philippines

### **LICENSES & CERTIFICATIONS**

California Board of Nursing
Texas Board of Nursing
Maryland Board of Nursing

Basic Life Support (BLS) Advanced Cardiac Life Support (ACLS) Pediatric Advanced Life Support (PALS) License # 756319 License # 809969 License # R188895

Dec. 2009 to July 2011